



# Menus for December 2011

Issaquah S.D.  
Elementary  
School Menu

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**Thursday, Dec. 1**

**No School!**

**Friday, Dec. 2**

- #1 Chicken Nuggets w/  
Homemade Whole  
Wheat Roll
- #2 Chef Salad
- #3 Yogurt Lunch (M)
- #4 Baked Potato Bar (M)

Salad Bar  
Milk

## Lunch Prices

Full Pay = \$3.25

K-3 Reduced = Free

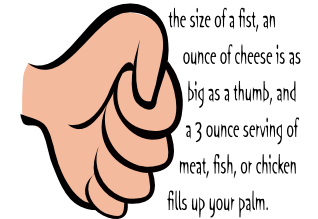
4-5 Reduced = \$0.40

Adult = \$4.00

(M) =  
Meatless Entrée

## EAT WITH YOUR HANDS.

Just how big is a "serving"? It's hard to tell. And that means we sometimes eat WAY more than we think we do. So look at it this way: a cup is about



**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.**  
**WELLNESS IS A WAY OF LIFE!**

**Monday, Dec. 5**

- #1 Teriyaki Beef Dippers  
w/ Rice
- #2 Eggroll w/ String  
Cheese
- #3 Yogurt Lunch (M)
- #4 Baked Potato Bar (M)

Fortune Cookie  
Salad Bar  
Milk

**Tuesday, Dec. 6**

- #1 Hot Dog in a bun w/  
Sunchips
- #2 Turkey Deli Sandwich  
w/ Sunchips
- #3 Yogurt Lunch (M)
- #4 Baked Potato Bar (M)

Cowboy Cookie  
Salad Bar  
Milk

**Wednesday, Dec. 7**

- #1 Cheese (M) or  
Pepperoni Pizza
- #2 Chicken Burger
- #3 Yogurt Lunch (M)
- #4 Baked Potato Bar (M)

Salad Bar  
Milk

**Thursday, Dec. 8**

- #1 Turkey Gravy w/  
Mashed Potatoes &  
Homemade Whole  
Wheat Roll
- #2 No Choice
- #3 Yogurt Lunch (M)
- #4 Baked Potato Bar (M)

Gingersnap  
Salad Bar  
Milk

**Friday, Dec. 9**

- #1 Chicken Rings w/  
Homemade Whole  
Wheat Roll
- #2 Southwest Chicken  
Salad
- #3 Yogurt Lunch (M)
- #4 Baked Potato Bar (M)

Salad Bar  
Milk



Issaquah Nutrition Services Staff

**Monday, Dec. 12**

- #1 Mac & Cheese w/  
Homemade Whole  
Wheat Roll (M)
- #2 Beef Soft Taco w/  
Salsa
- #3 Yogurt Lunch (M)
- #4 Baked Potato Bar (M)

Rice Krispie Treat  
Salad Bar  
Milk

**Tuesday, Dec. 13**

- #1 Toasted Cheese  
Sandwich w/ Tomato  
Soup (M)
- #2 Whole Grain Corndog  
w/ Tomato Soup
- #3 Yogurt Lunch (M)
- #4 Baked Potato Bar (M)

Chocolate Chip Cookie  
Salad Bar  
Milk

**Wednesday, Dec. 14**

- #1 Cheese (M) or  
Pepperoni Pizza
- #2 Cheeseburger
- #3 Yogurt Lunch (M)
- #4 Baked Potato Bar (M)

Salad Bar  
Milk

**Thursday, Dec. 15**

- #1 Nacho Supreme!
- #2 No Choice
- #3 Yogurt Lunch (M)
- #4 Baked Potato Bar (M)

Churro  
Salad Bar  
Milk

**Friday, Dec. 16**

- #1 Chicken Nuggets w/  
Homemade Whole  
Wheat Roll
- #2 Beef Taco Salad
- #3 Yogurt Lunch (M)
- #4 Baked Potato Bar (M)

Holiday Cookie  
Salad Bar  
Milk

## Time to turn the page!



Winter Break begins  
after class on:  
**Fri., Dec. 16**

Classes resume:  
**Tue., Jan. 3**

**We look forward to serving you in 2012!**