

Self-Administration of Asthma and Anaphylaxis Medications

- I. Students with asthma are authorized, in consultation with the school's professional registered nurse, to possess and self-administer medication for asthma or anaphylaxis during the school day, during school sponsored events or while traveling to and from school or school sponsored activities. The student shall be authorized to possess and self-administer medication if the following conditions are met.
 - A. The parent or guardian must submit a written request for the student to carry and self-administer medication(s) for asthma or anaphylaxis;
 - B. A health care practitioner has prescribed the medication for use by the student during school hours and the student has received instructions in the correct and responsible way to use the medication(s);
 - C. The student demonstrates to the health care practitioner and a professional registered nurse at the school the skill necessary to use the medication and to use the device necessary to administer the medication;
 - D. The health care practitioner provides a written treatment plan for managing the asthma or anaphylaxis episodes of the student and for use of medication during school hours. The written treatment plan should include name and dosage of the medication, frequency with which it may be administered, possible side effects and the circumstances that warrant its use;
 - A. E. The parent or guardian must sign a statement acknowledging that the district shall incur no liability as a result of any injury arising from the self-administration of medication by the student and that the parents or guardians shall indemnify and hold harmless the district and its employees or agents against any claims arising out of the self administration of medication by the student.
- II. The authorization to self medicate will be valid for the current school year only. The parent or guardian must renew the authorization each school year.
- III. In the event of an asthma or anaphylaxis emergency, the district shall have the following easily accessible:
 - B. A. The health care providers written treatment plan for the student
 - C. B. The parent or guardian's written request that the student self medicate; and
 - D. C. The parent or guardian's signed release of liability form.
- IV. Backup medication, if provided by the parent or guardian, shall be kept at an appropriate location (s) in the school to which the student has immediate access in the event of an asthma or anaphylaxis emergency during the school day.
- V. A student's authorization to possess and self-administer medication for asthma or anaphylaxis may be limited or revoked by the building principal after consultation with the school's professional registered nurse and the student's parents or guardian if the student demonstrates an inability to responsibly possess and self-administer such medication.
- VI. School district nurses will provide in-service training on asthma and anaphylaxis for school staff.

Asthma/Anaphylaxis Rescue Procedures

The district shall follow reasonable and prudent procedure as outlined below in the event of an asthma or anaphylactic episode.

- A. Calling 911, if appropriate
- E. B. Notify building school nurse or building designated office staff to assist in the event of an asthma or anaphylactic episode
- C. Provide direct supervision of students exhibiting asthma/anaphylaxis symptoms
- D. Provide care as designed in the student's emergency care plan
- E. Notify the students parent or guardian
- F. Document interventions
- F. G. The school nurse will review the student's emergency care plan following a rescue procedure and make changes, if necessary

Date: 05.01.08; 01.03.12

Formerly: 3419P Children with Diabetes, re-numbered to 3415P