



Pacific Cascade Middle School

Highlights from the Healthy Youth Survey

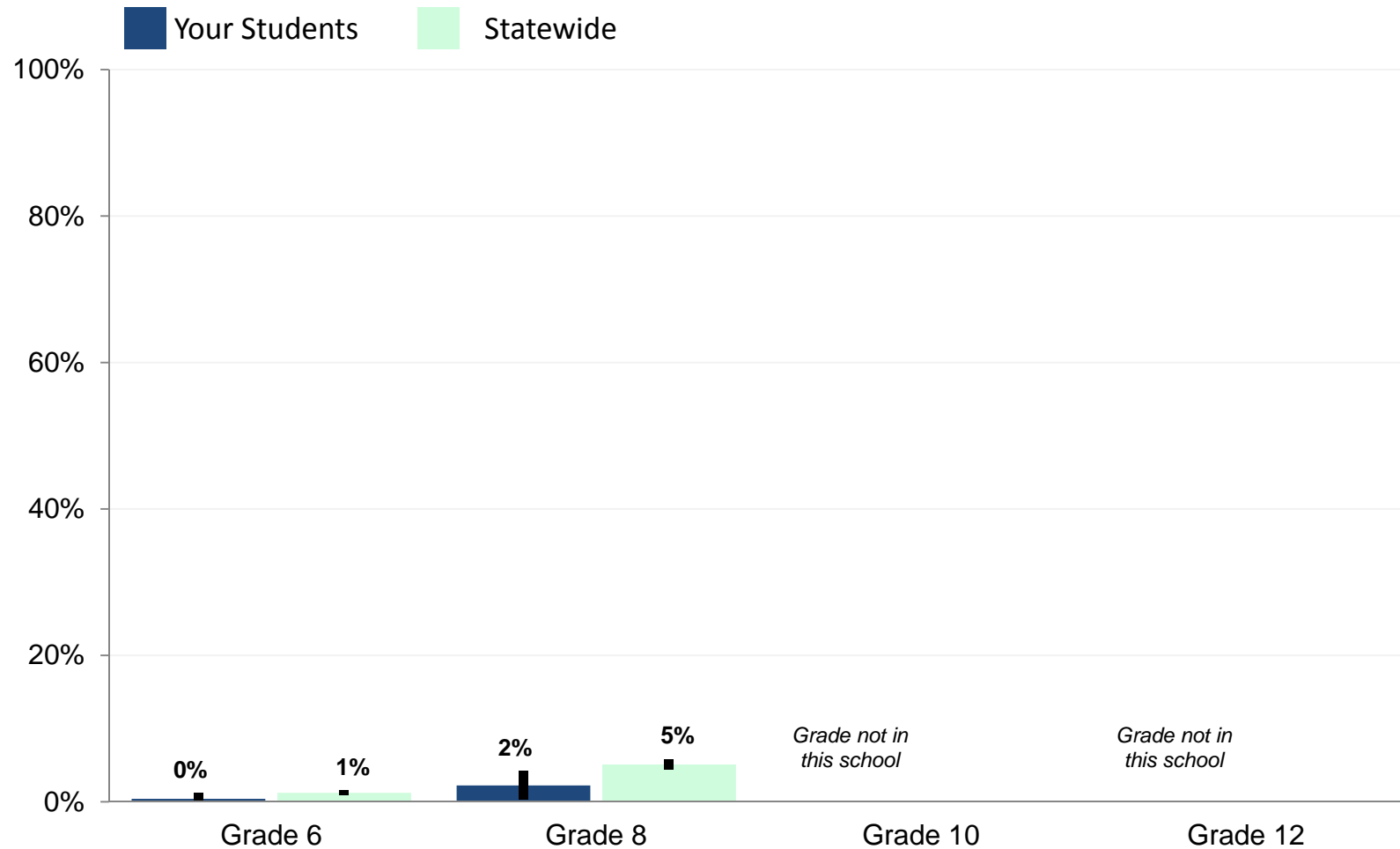
(March 1, 2013)

Student Participation

- 253 (93 %) of Grade 6 students
- 229 (89 %) of Grade 8 students
- Not reported: Grade 10 students
- Not reported: Grade 12 students

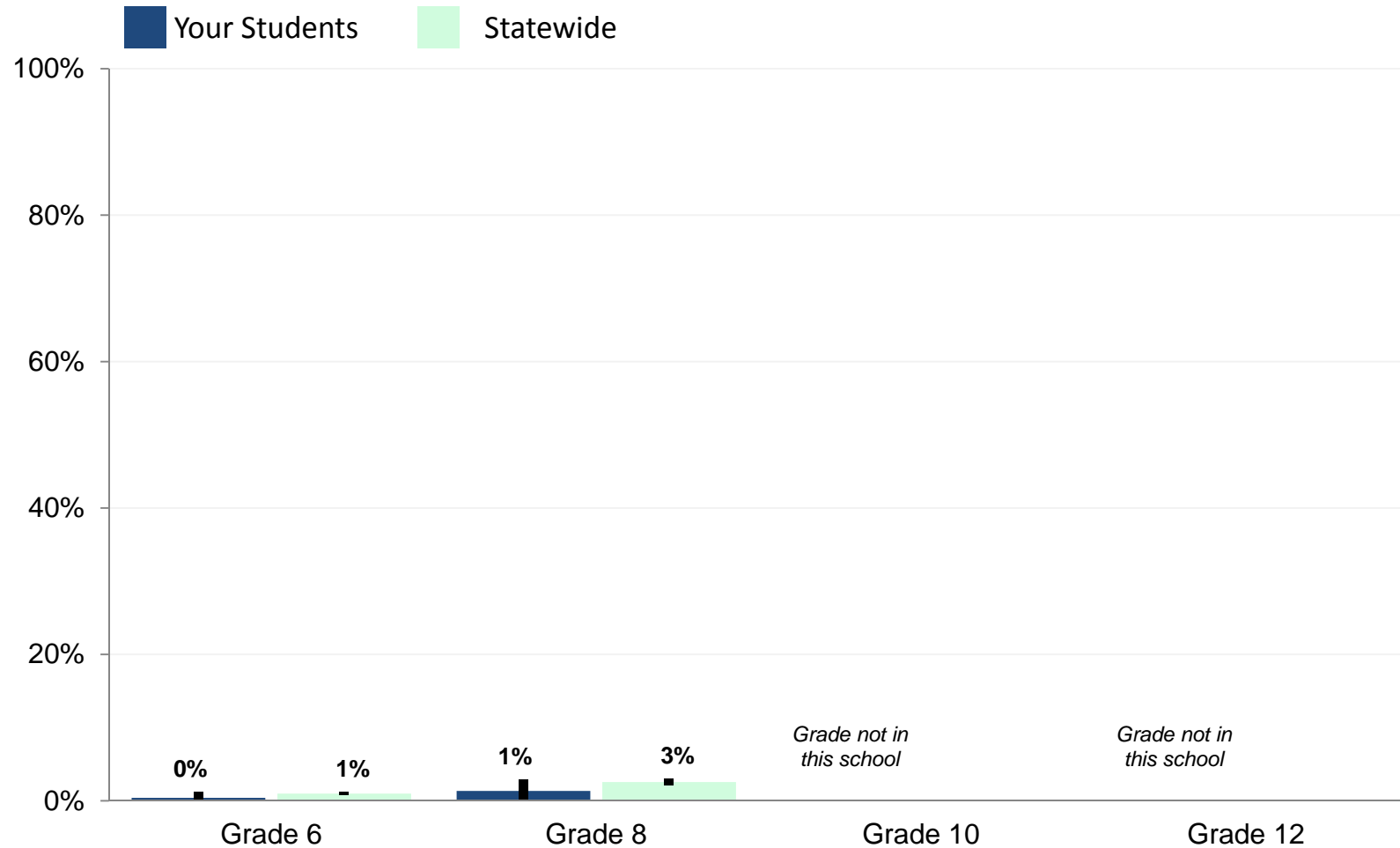
Current Cigarette Smoking

Percent of students who report smoking cigarettes
in the past 30 days



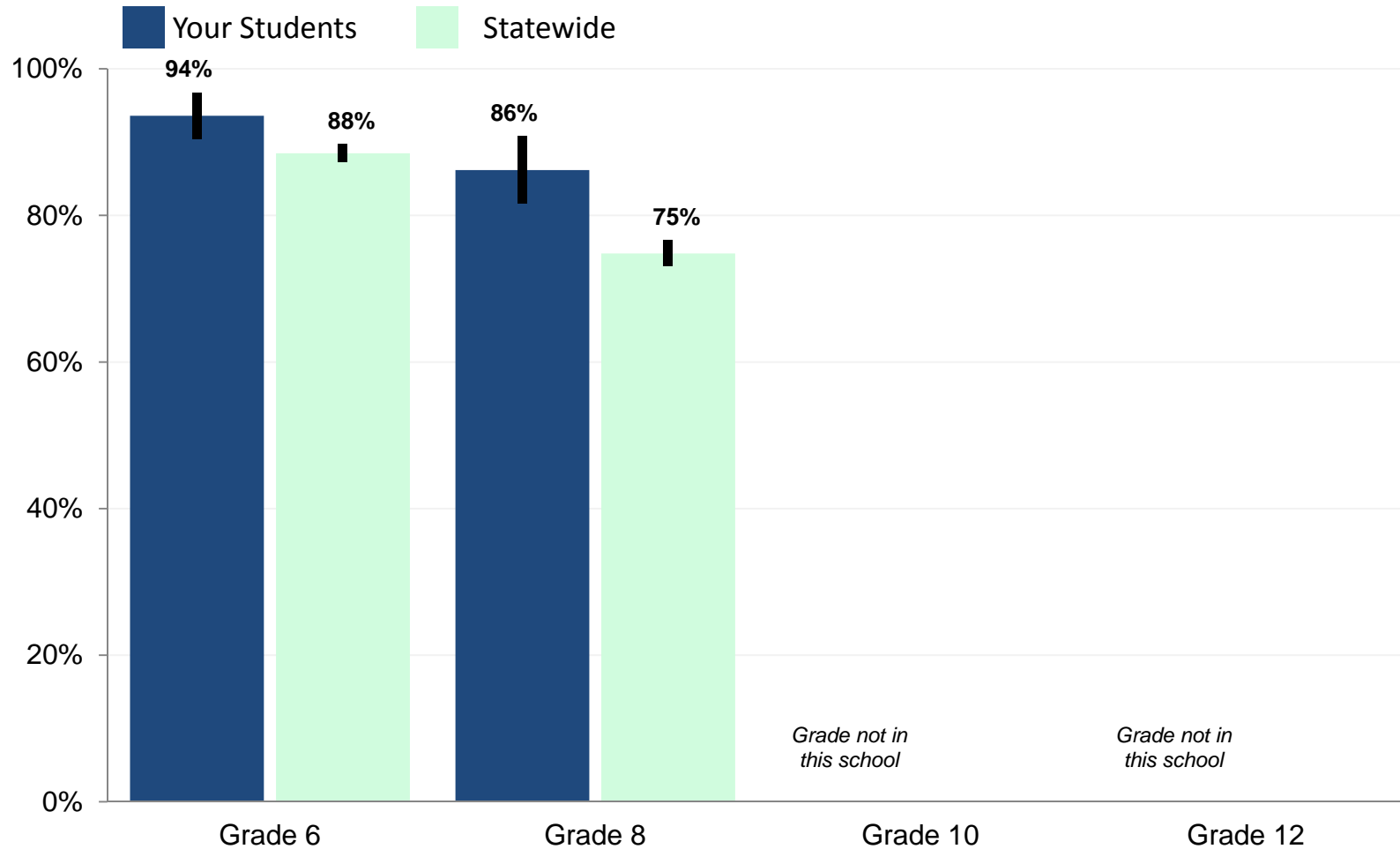
Current Chewing Tobacco Use

Percent of students who report using chewing tobacco, snuff or dip in the past 30 days



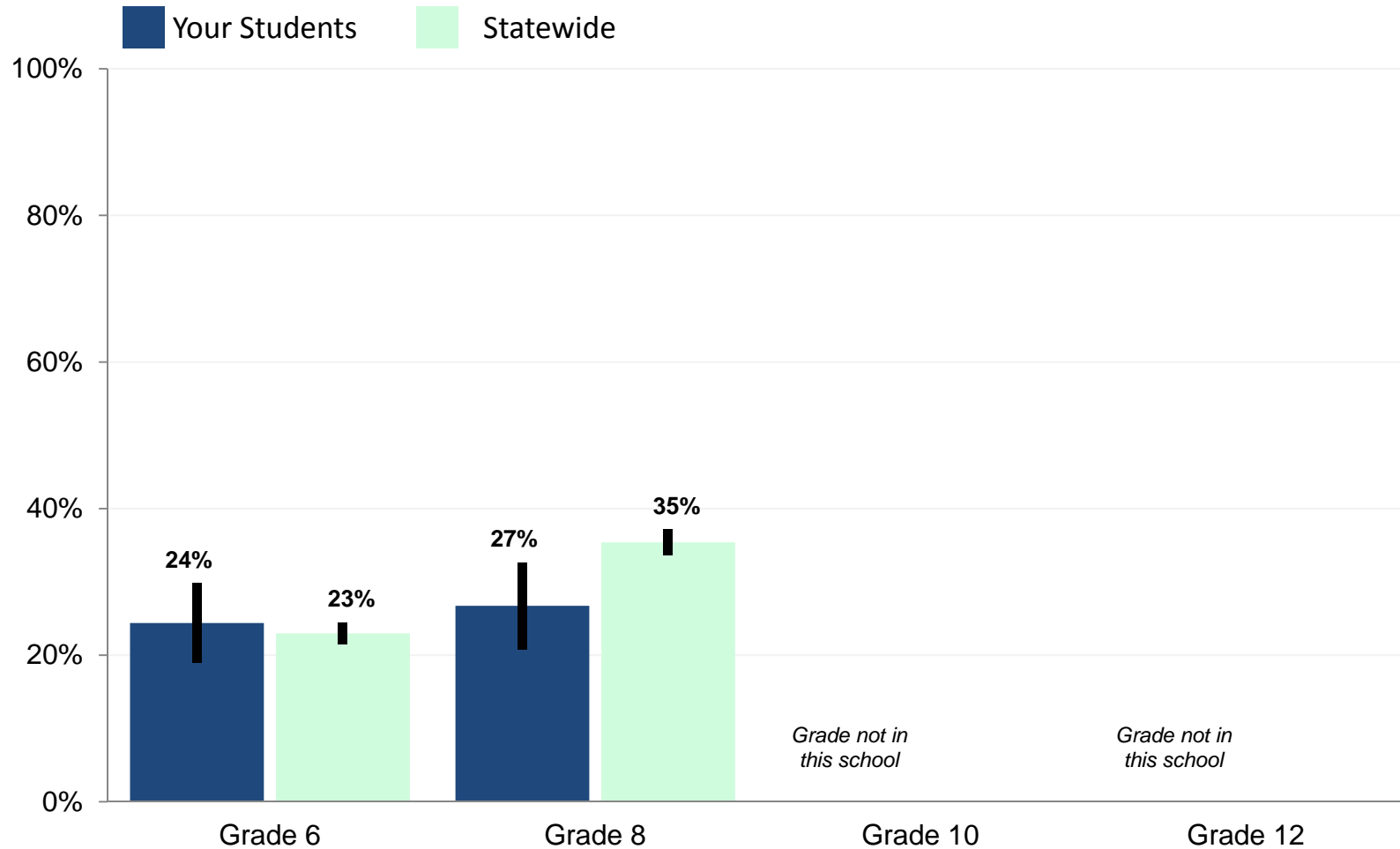
A Firm Commitment to Not Smoke Cigarettes

Percent of students who are not susceptible to future smoking



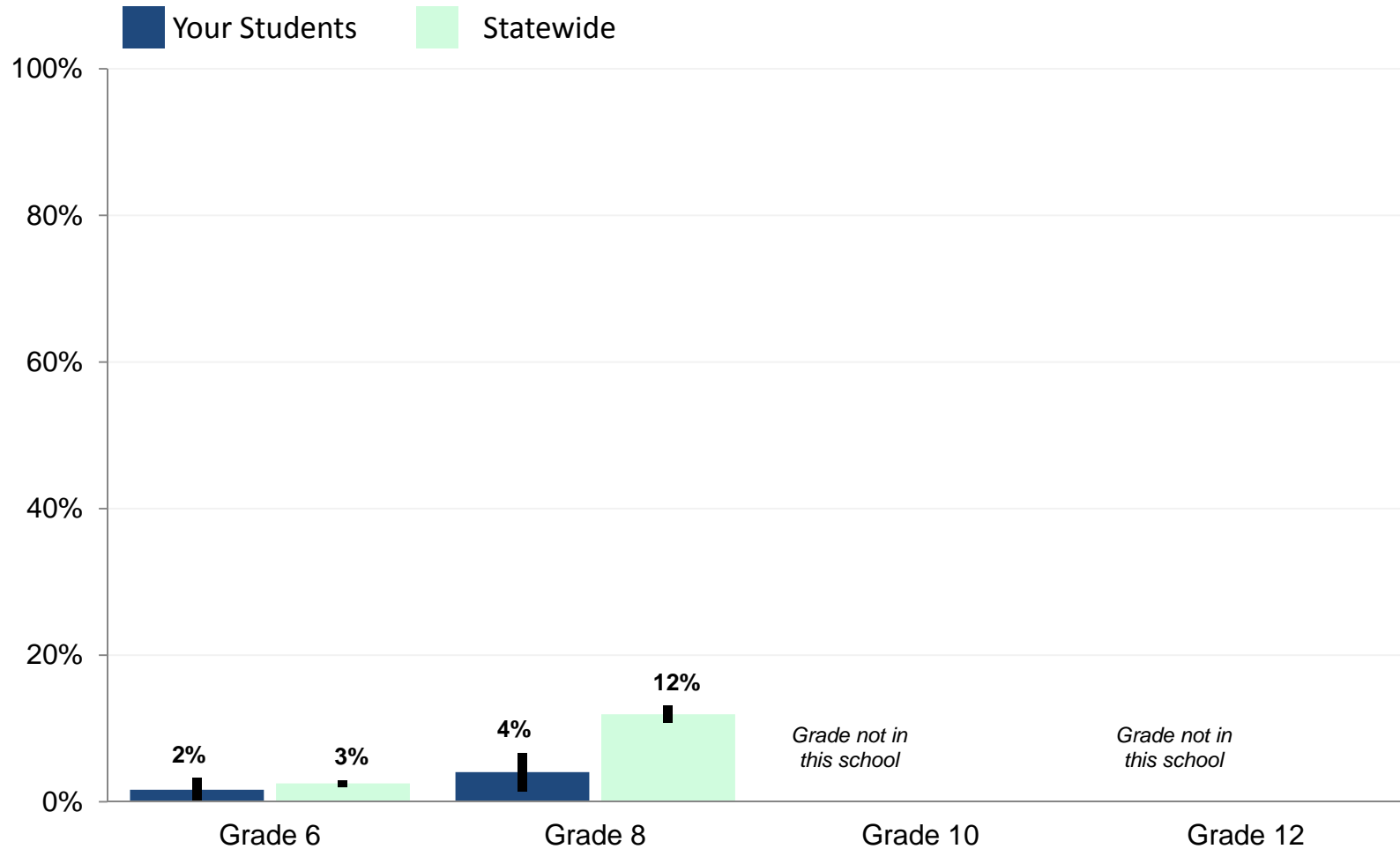
Lifetime Alcohol Use

Percent of students who report having ever drunk more than a sip of alcohol



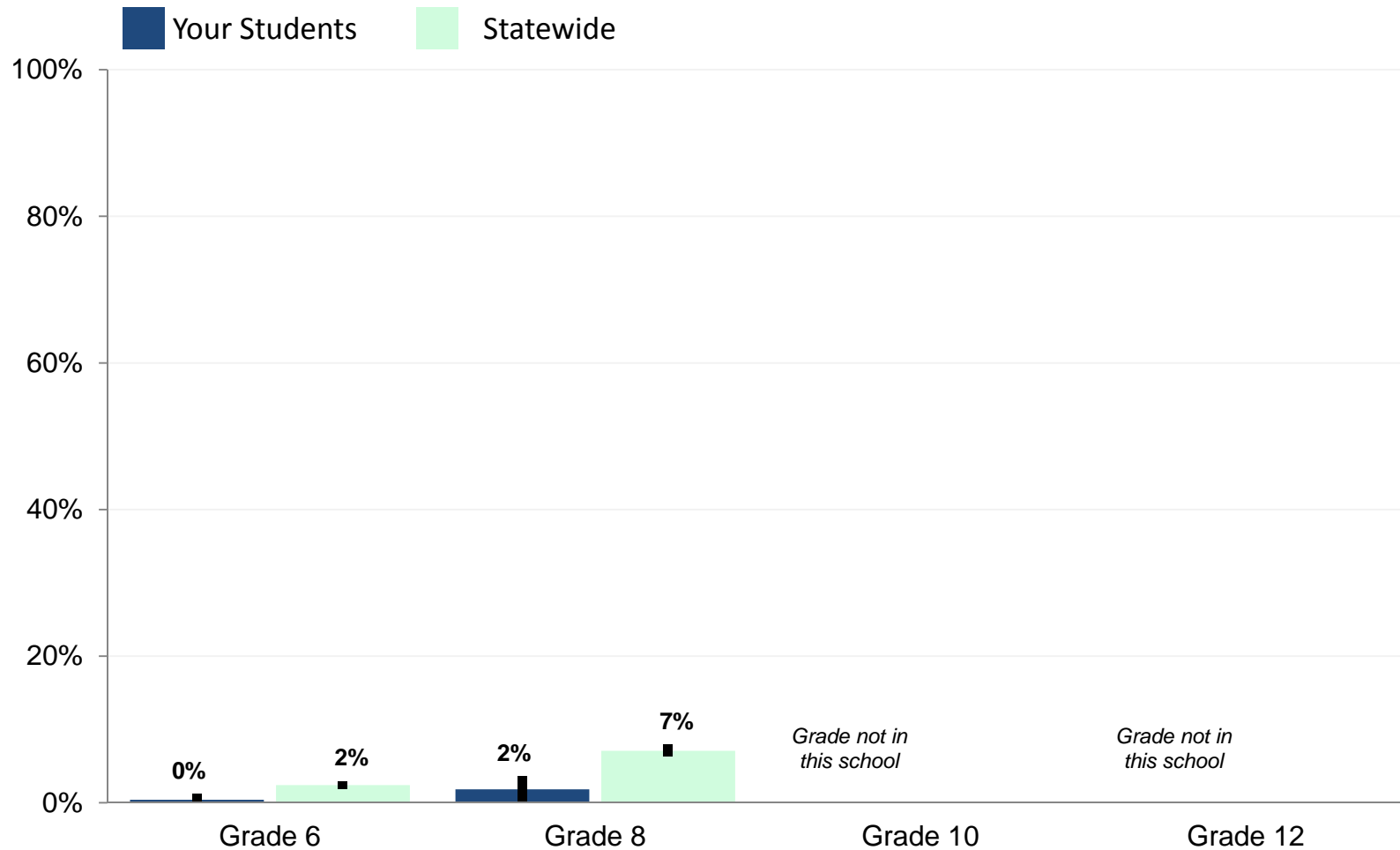
Current Alcohol Use

Percent of students who report having drunk a glass, can or bottle of alcohol in the past 30 days

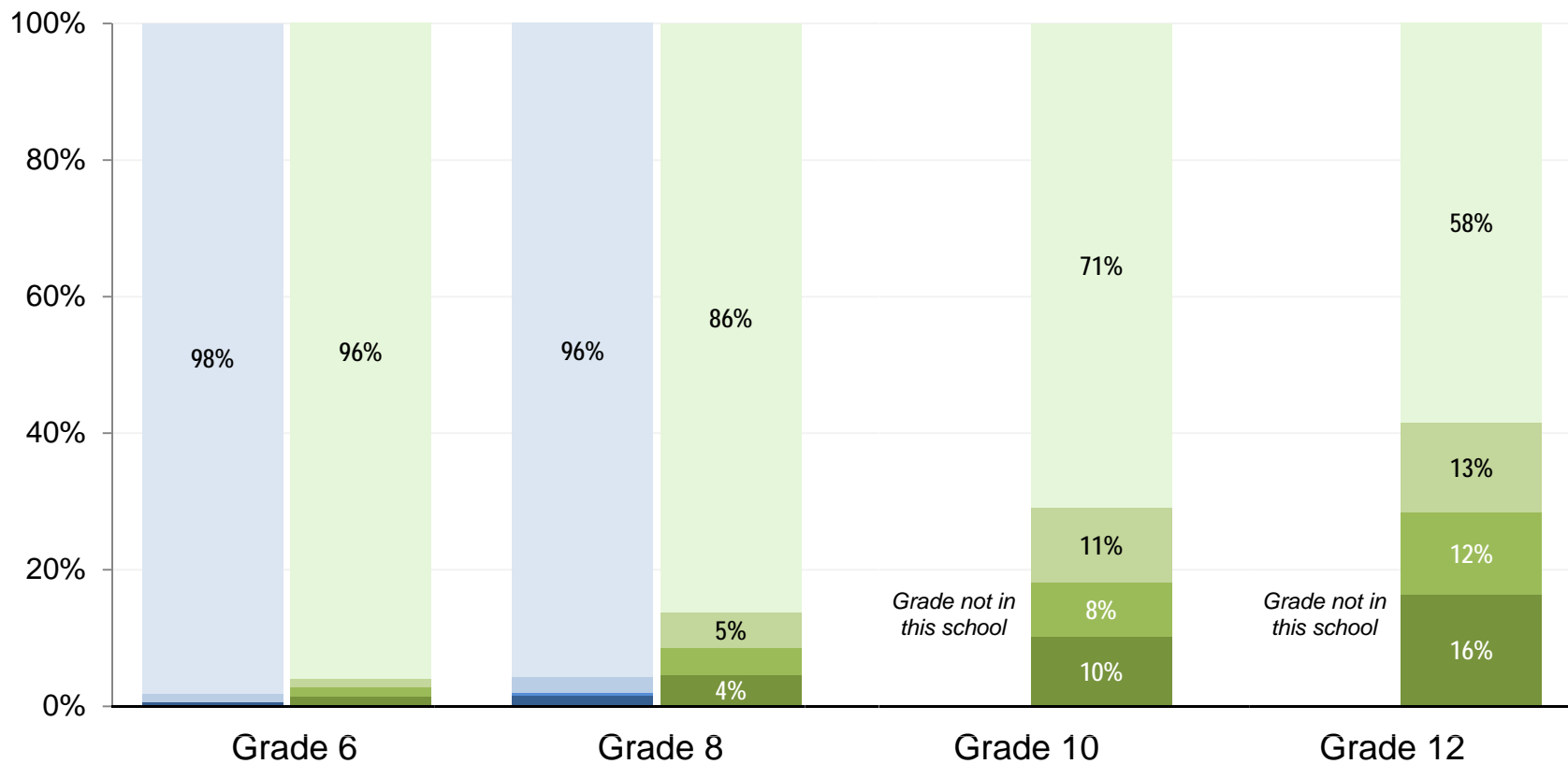
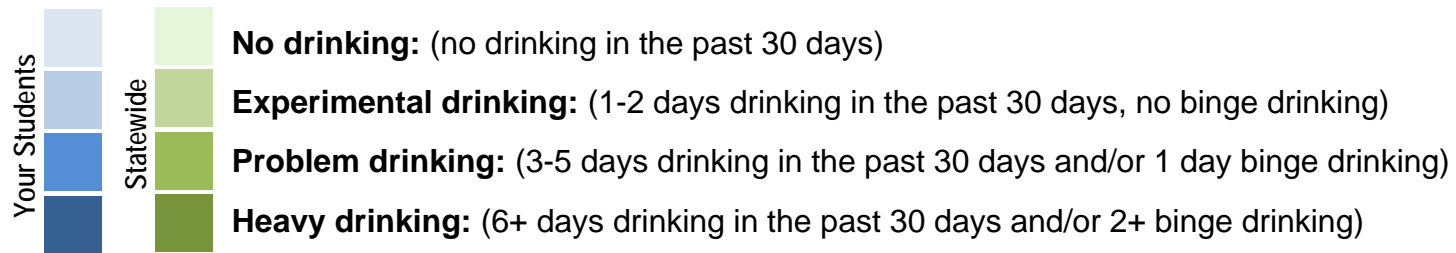


Current Binge Drinking

Percent of students who report having drunk 5 or more drinks
in a row in the past 2 weeks

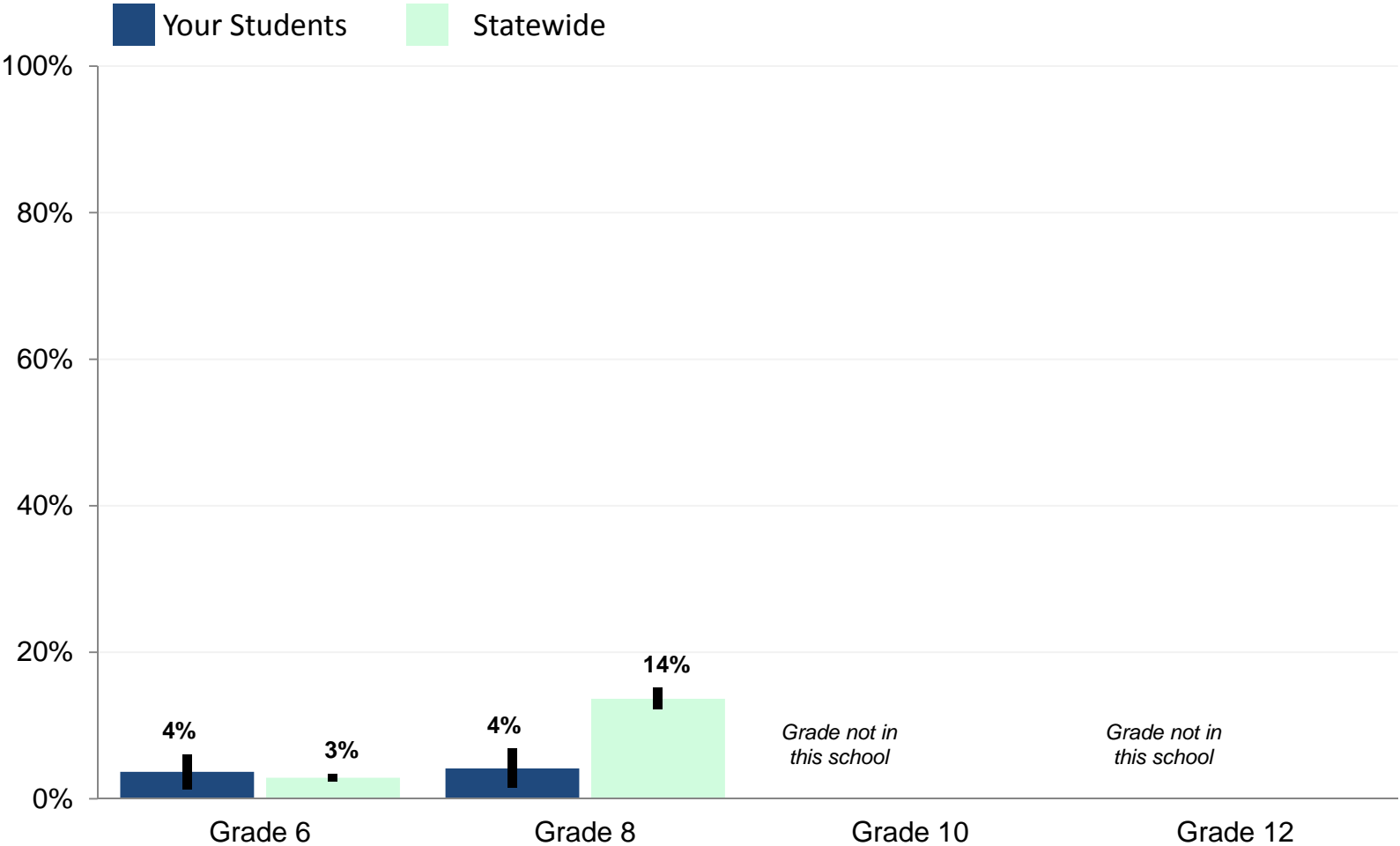


Levels of Alcohol Use



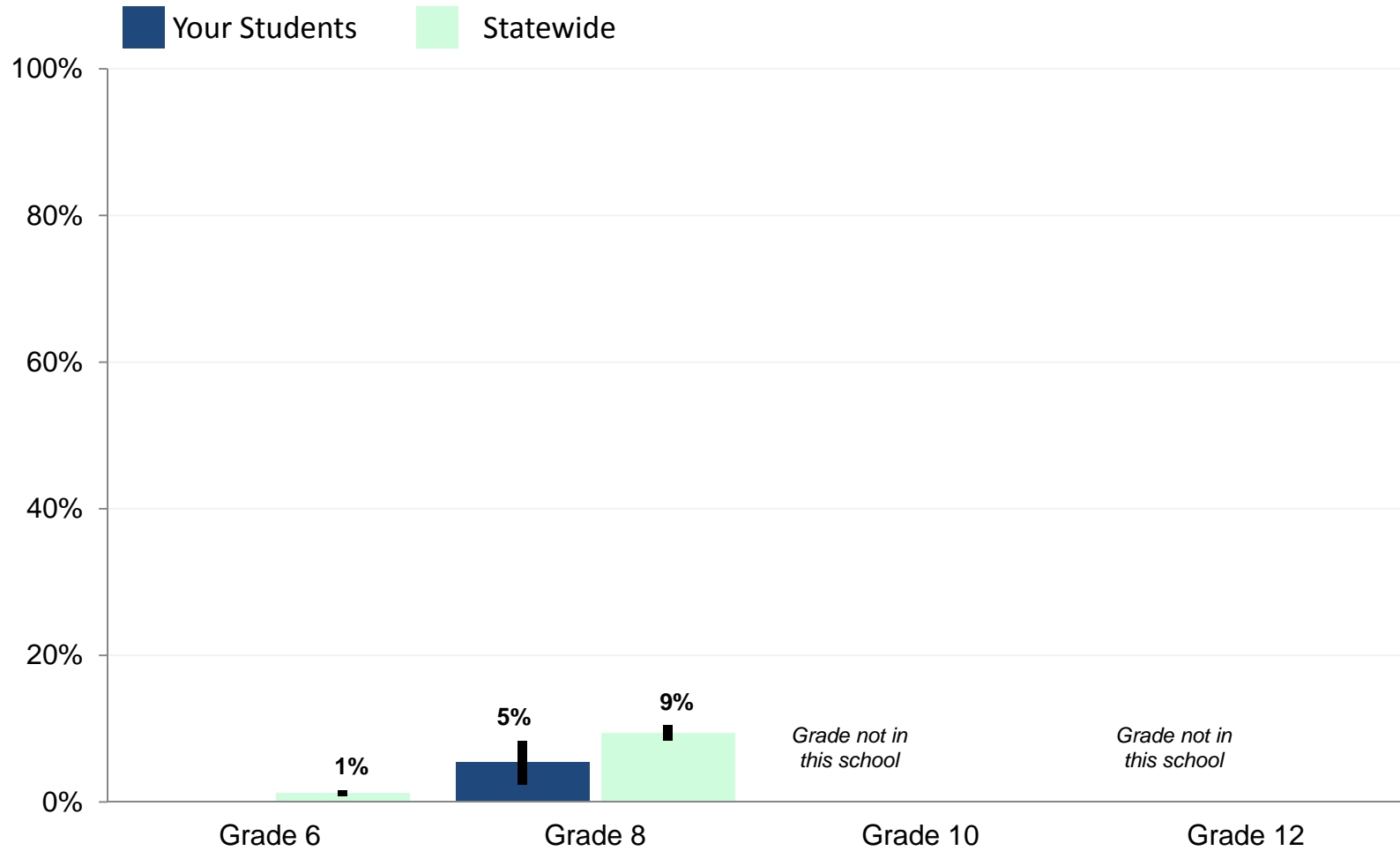
Lifetime Marijuana Use

Percent of students who report having ever smoked marijuana



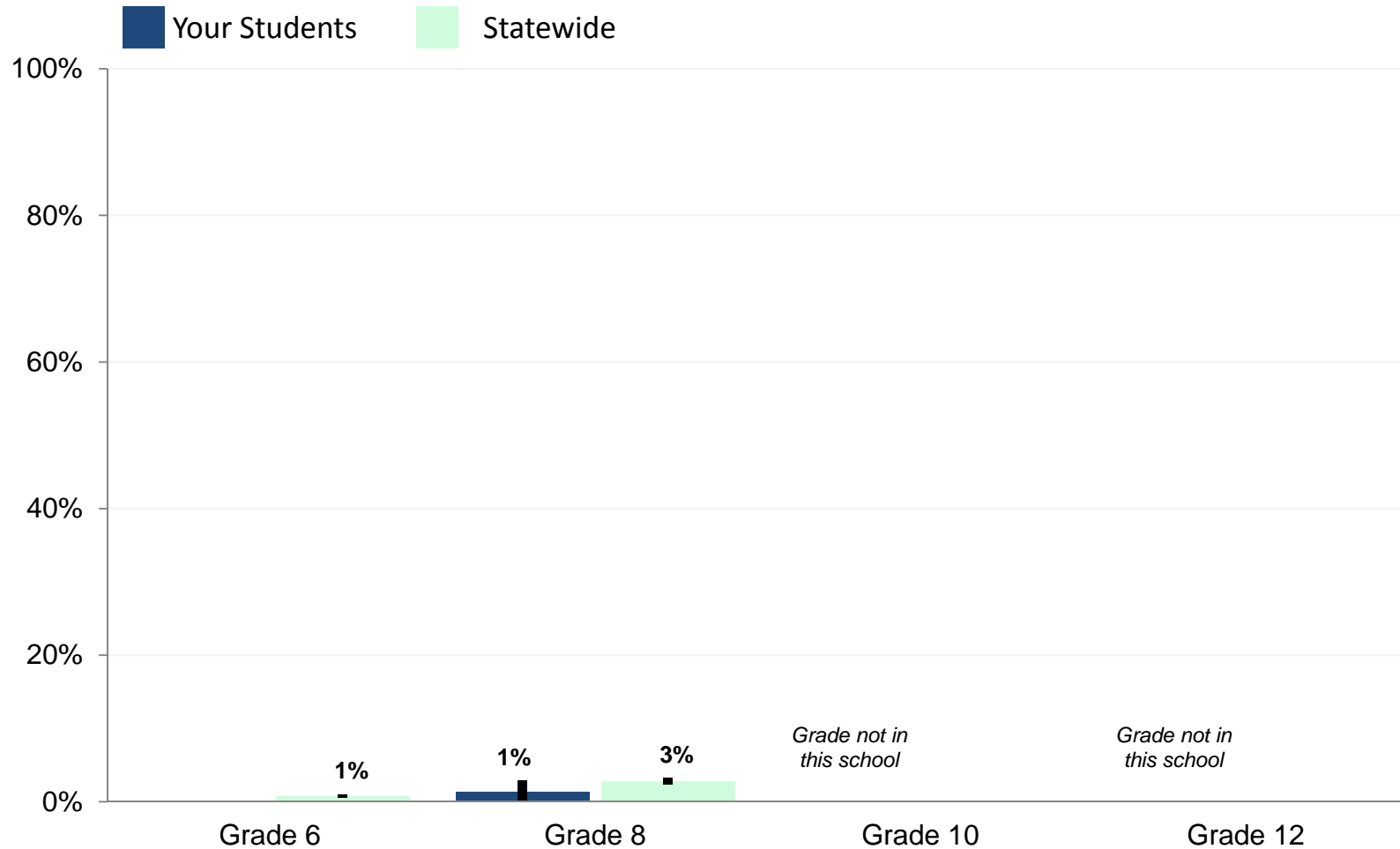
Current Marijuana Use

Percent of students who report smoking marijuana
in the past 30 days



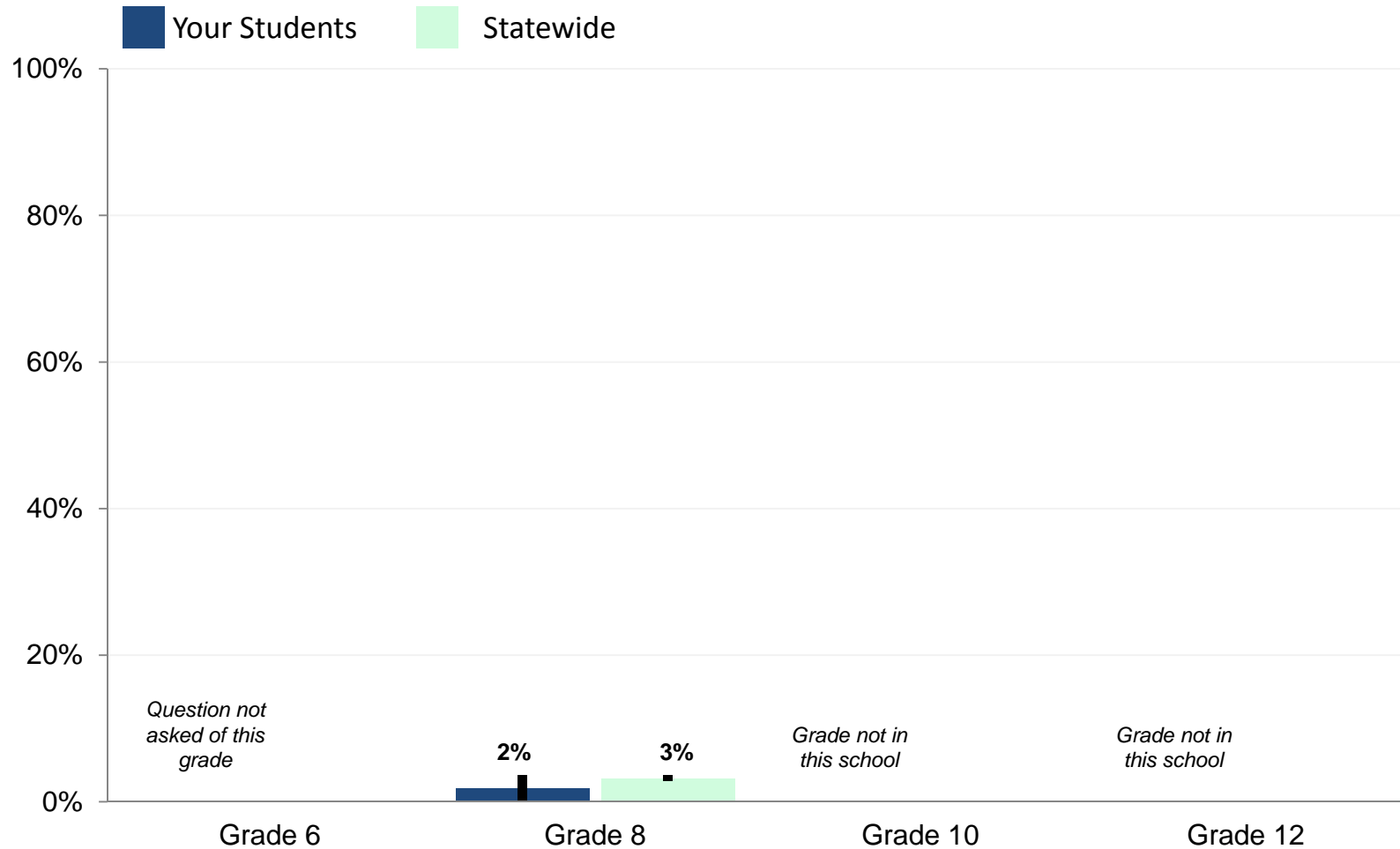
Current Illegal Drug Use

Percent of students who report using illegal drugs in the past 30 days (not including alcohol, tobacco or marijuana)



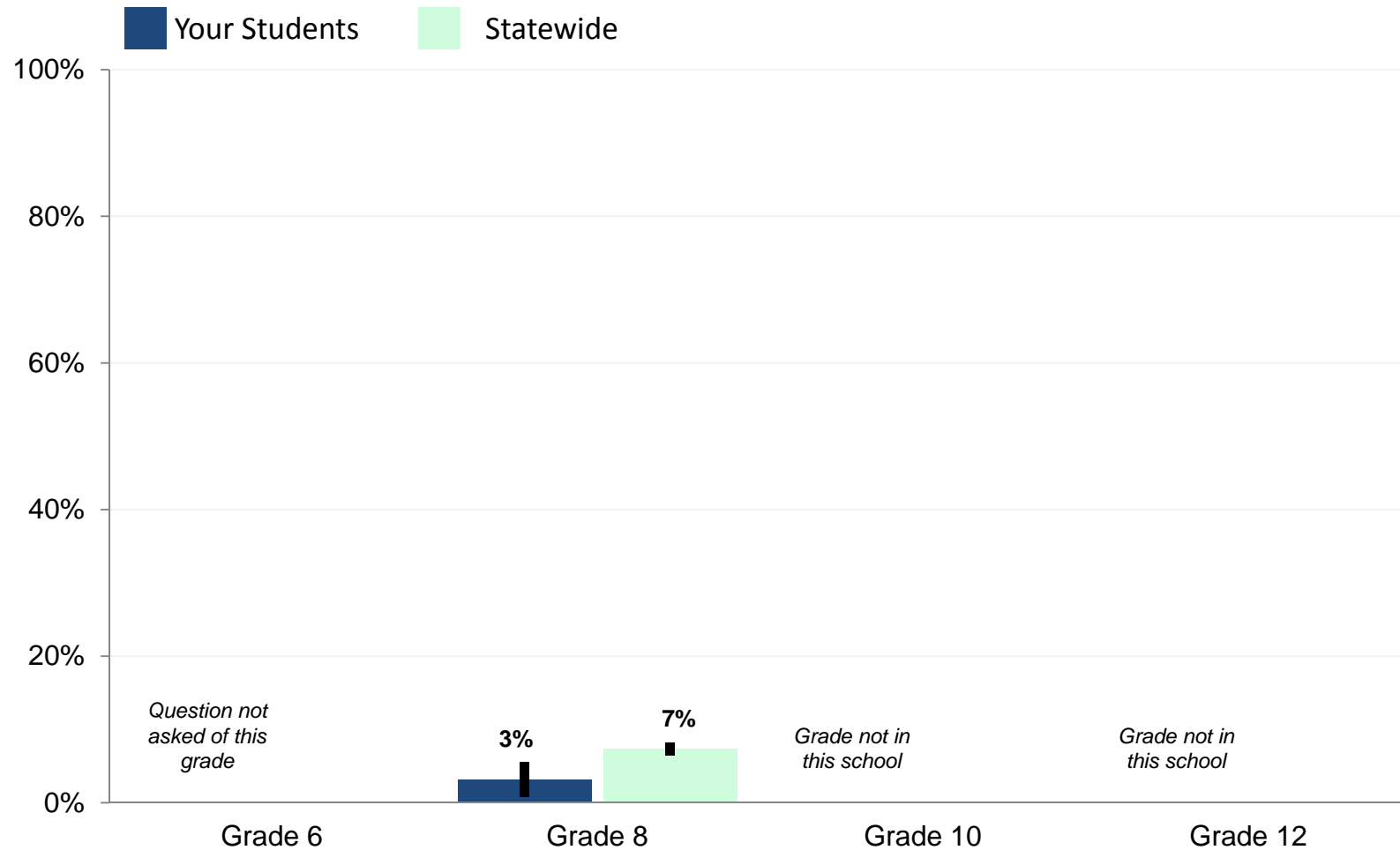
Current Prescription Drug Abuse

Percent of students who report using a pain killer to get high in the past 30 days



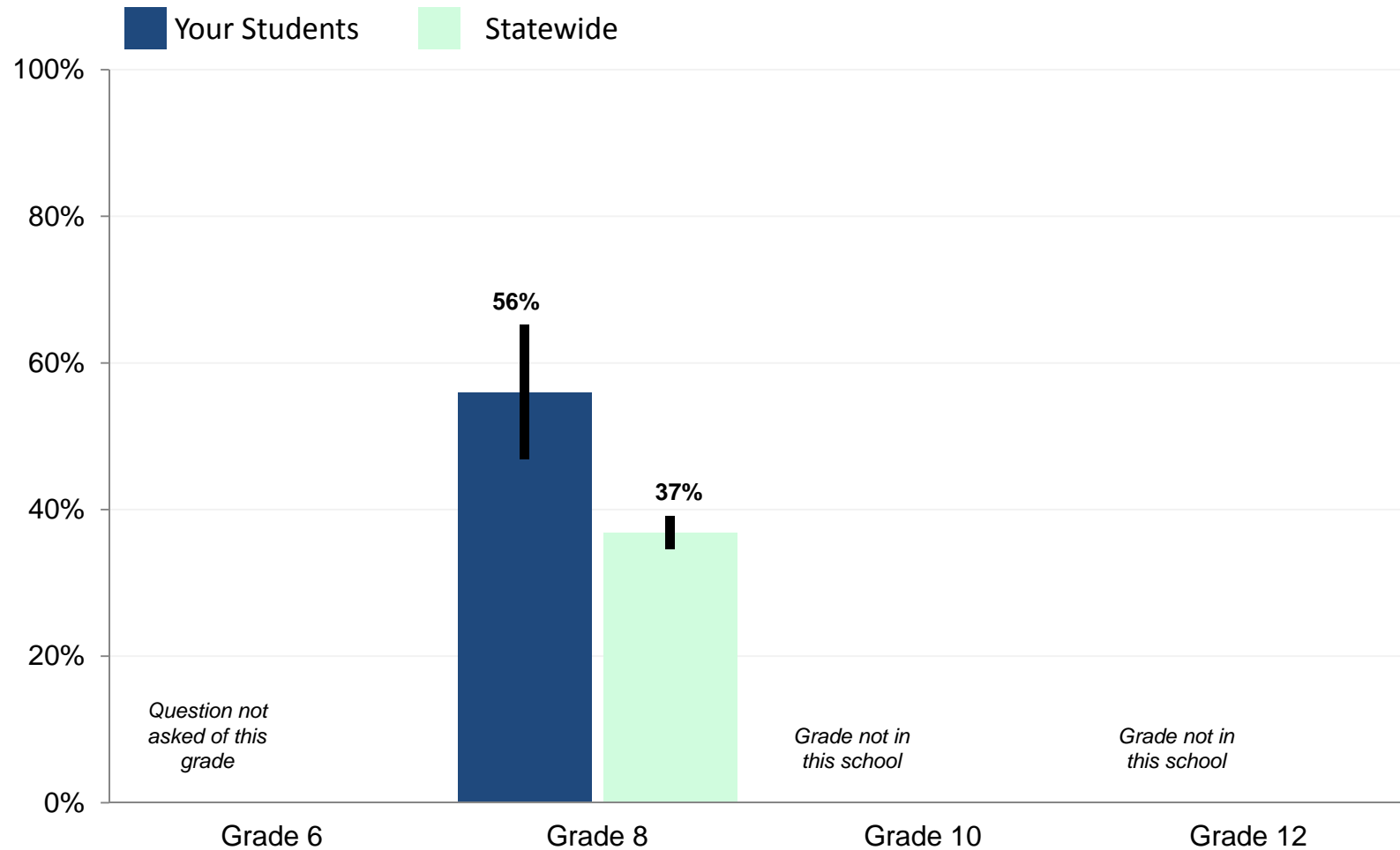
Substance Use at School

Percent of students who report being drunk or high at school
in the past year



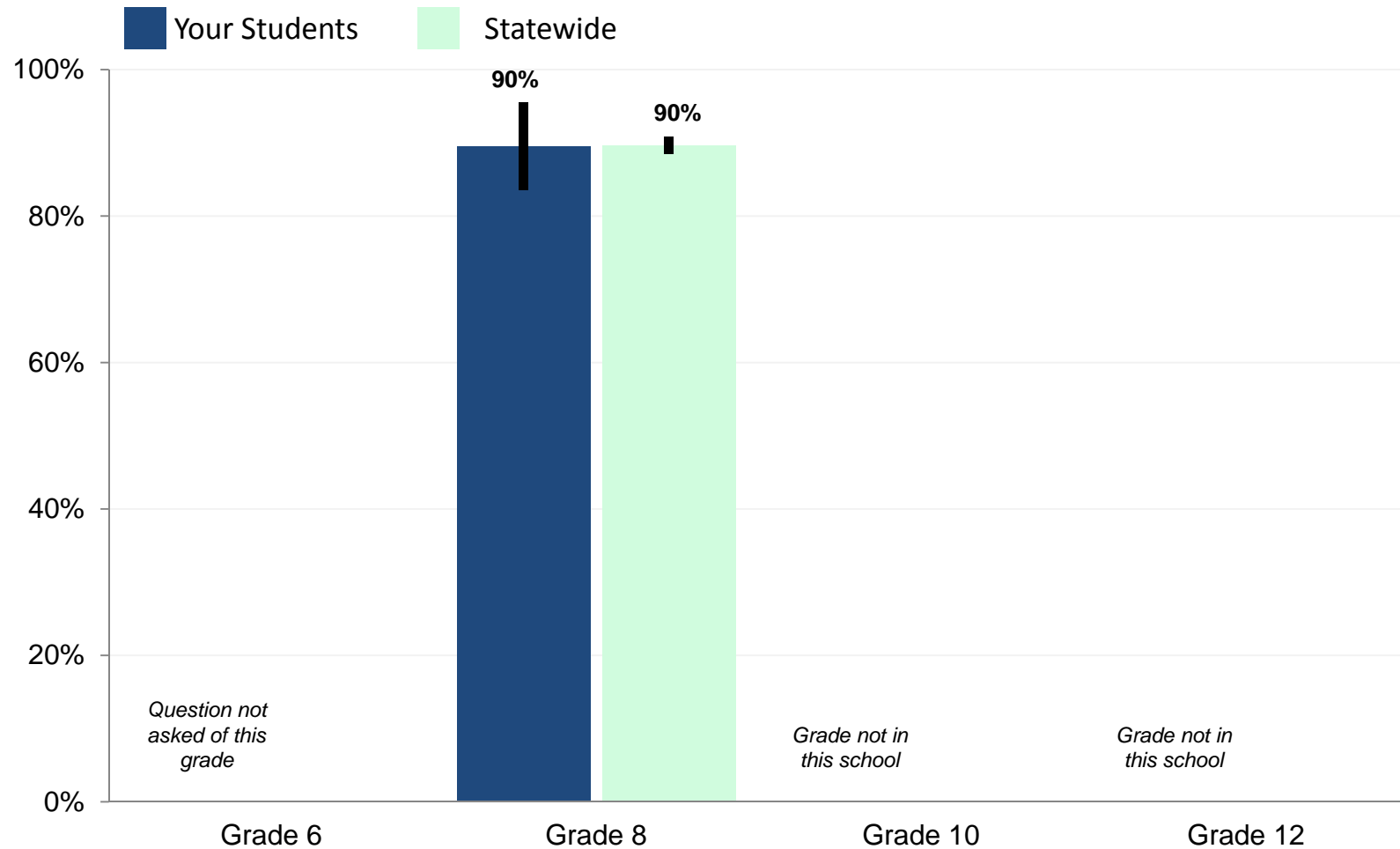
Enforcement of Tobacco-Free Policies

Percent of students who report "definitely" thinking that rules about not using tobacco at school are enforced



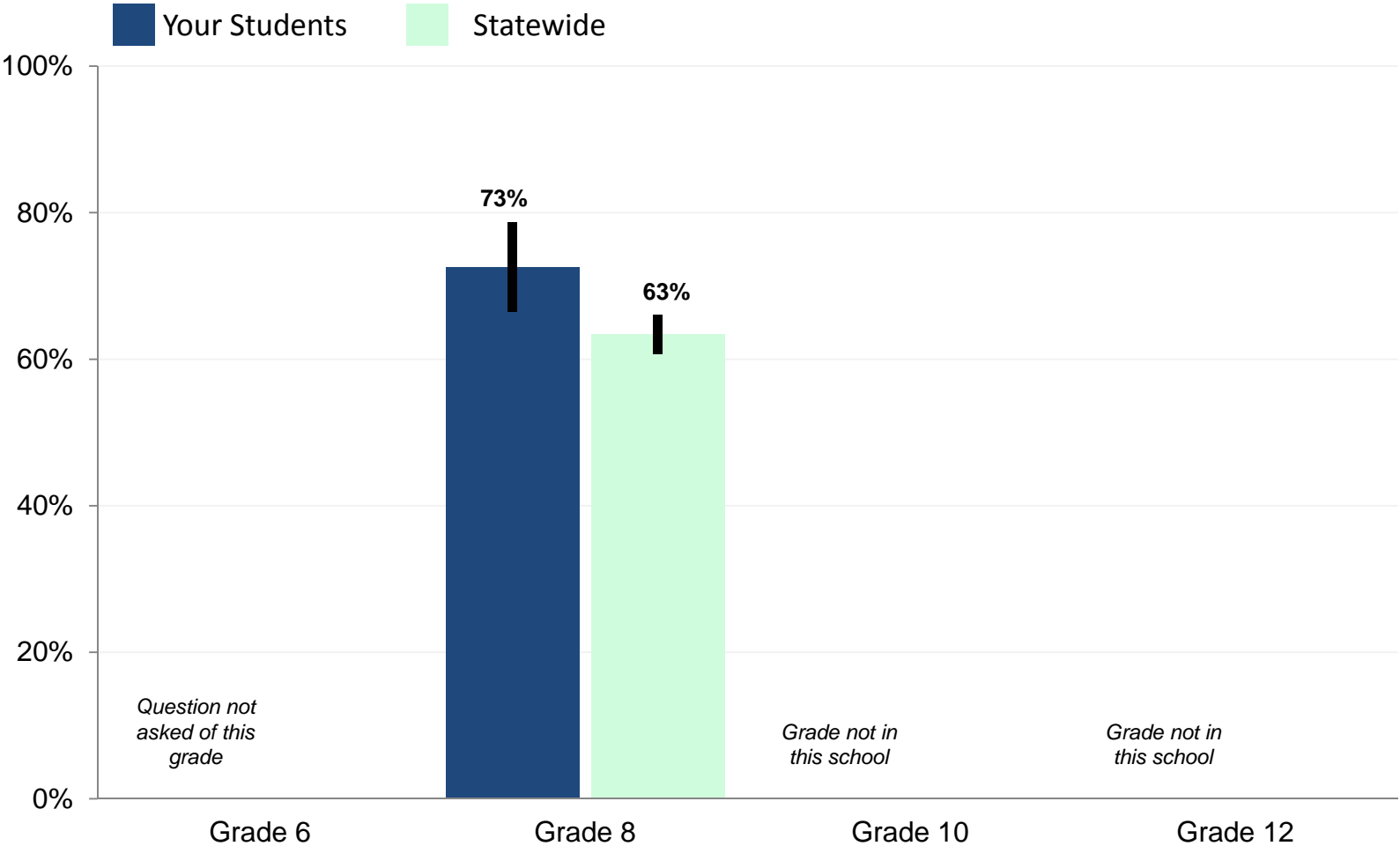
Enforcement of Alcohol and Drug Policies

Percent of students who report their school punishes students caught using alcohol or drugs



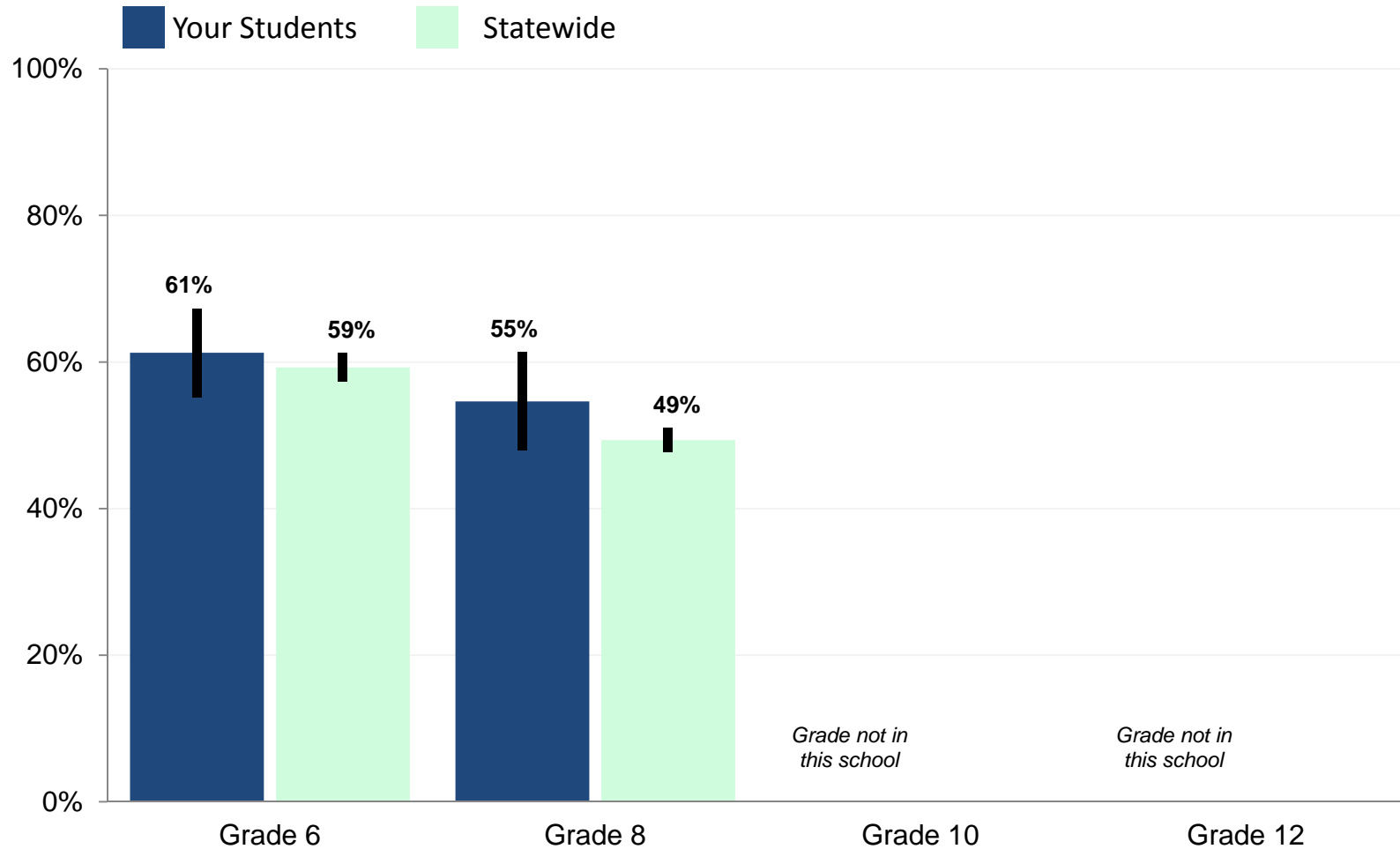
Help at School for Problems with ATOD

Percent of students who report school having staff for students to discuss problems with alcohol, tobacco or other drugs



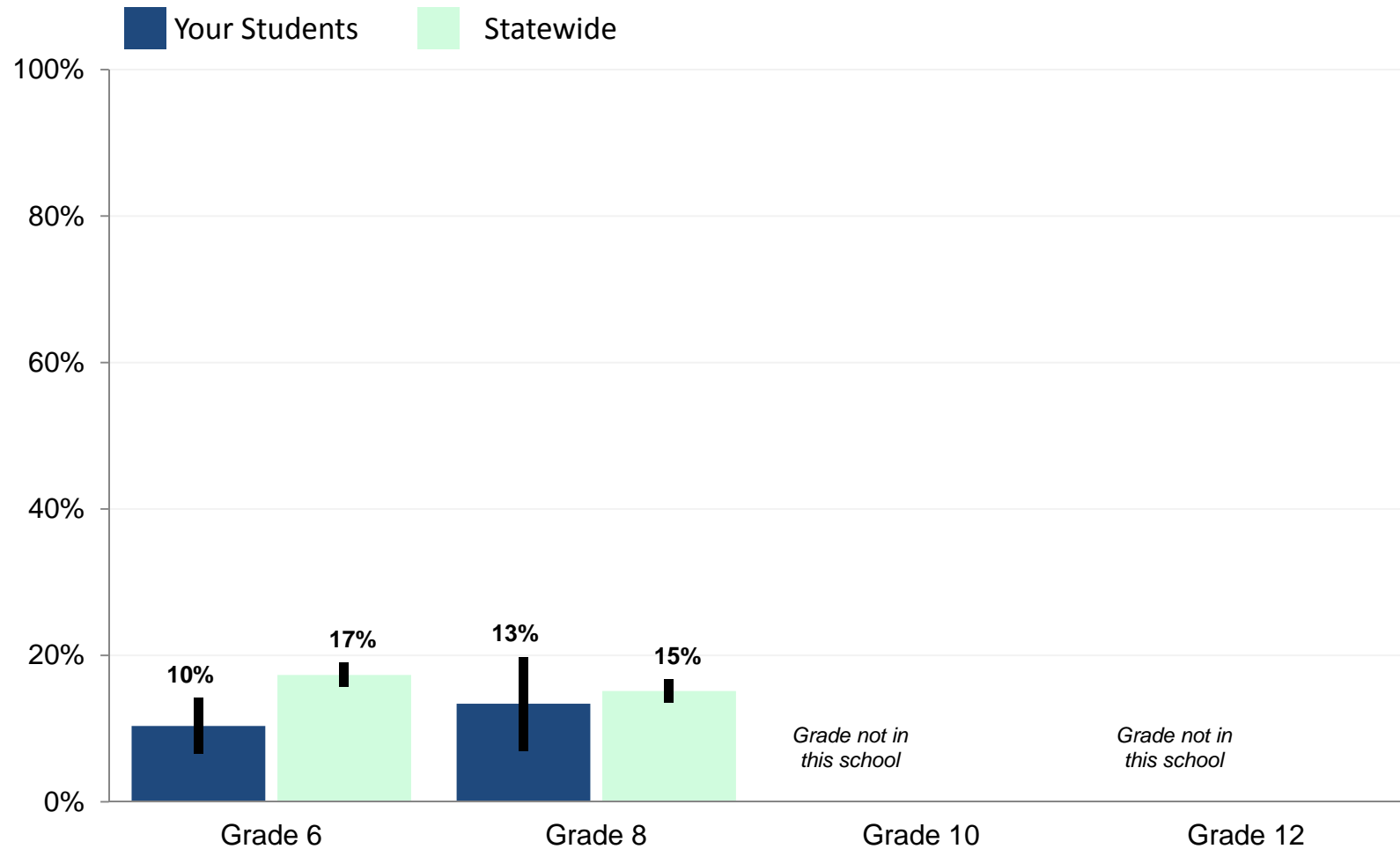
Enjoyment of School

Percent of students who report "often" or "almost always" enjoying being at school in the past year



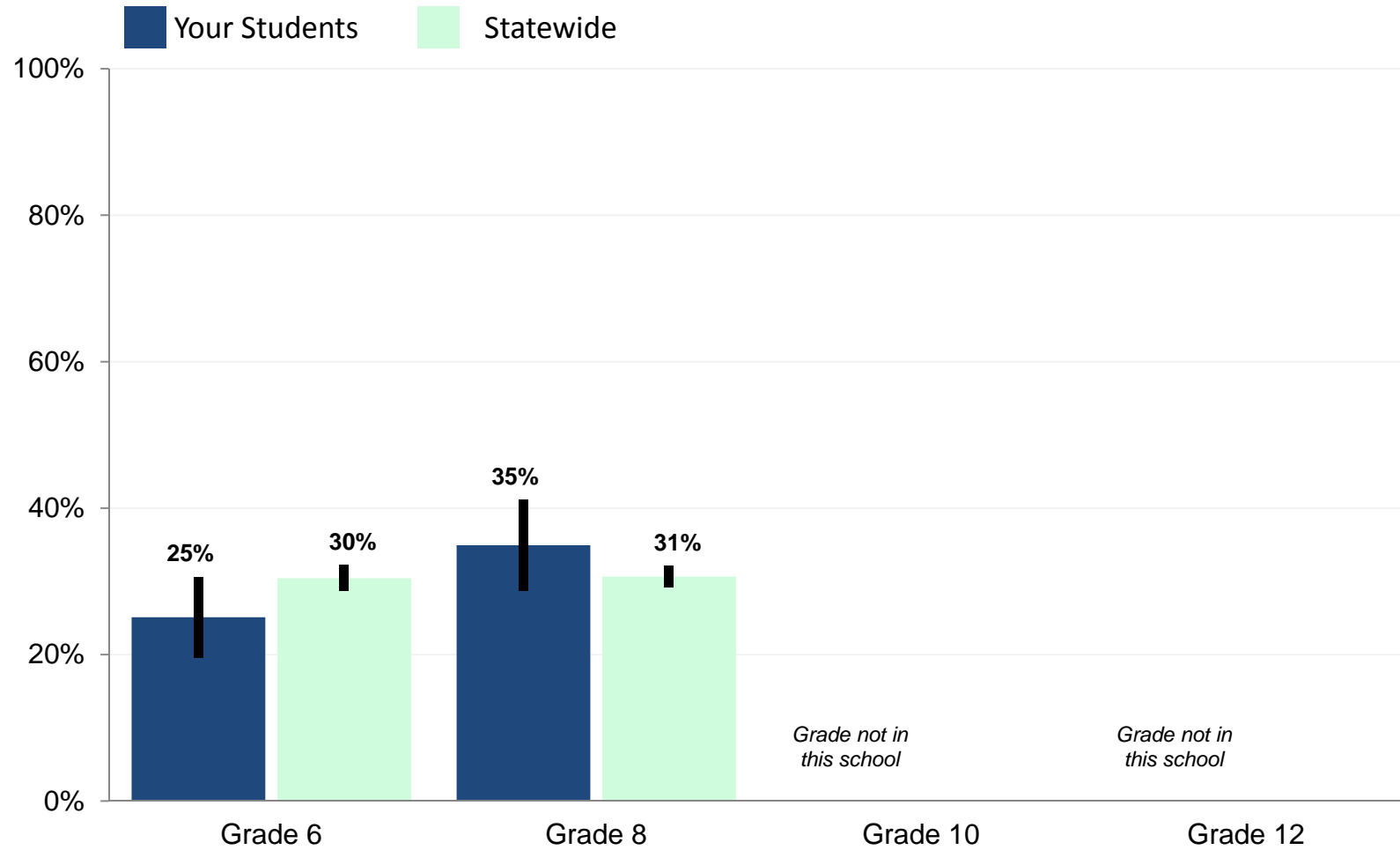
Skipping School

Percent of students who report skipping
1 or more whole days of school in the past 4 weeks



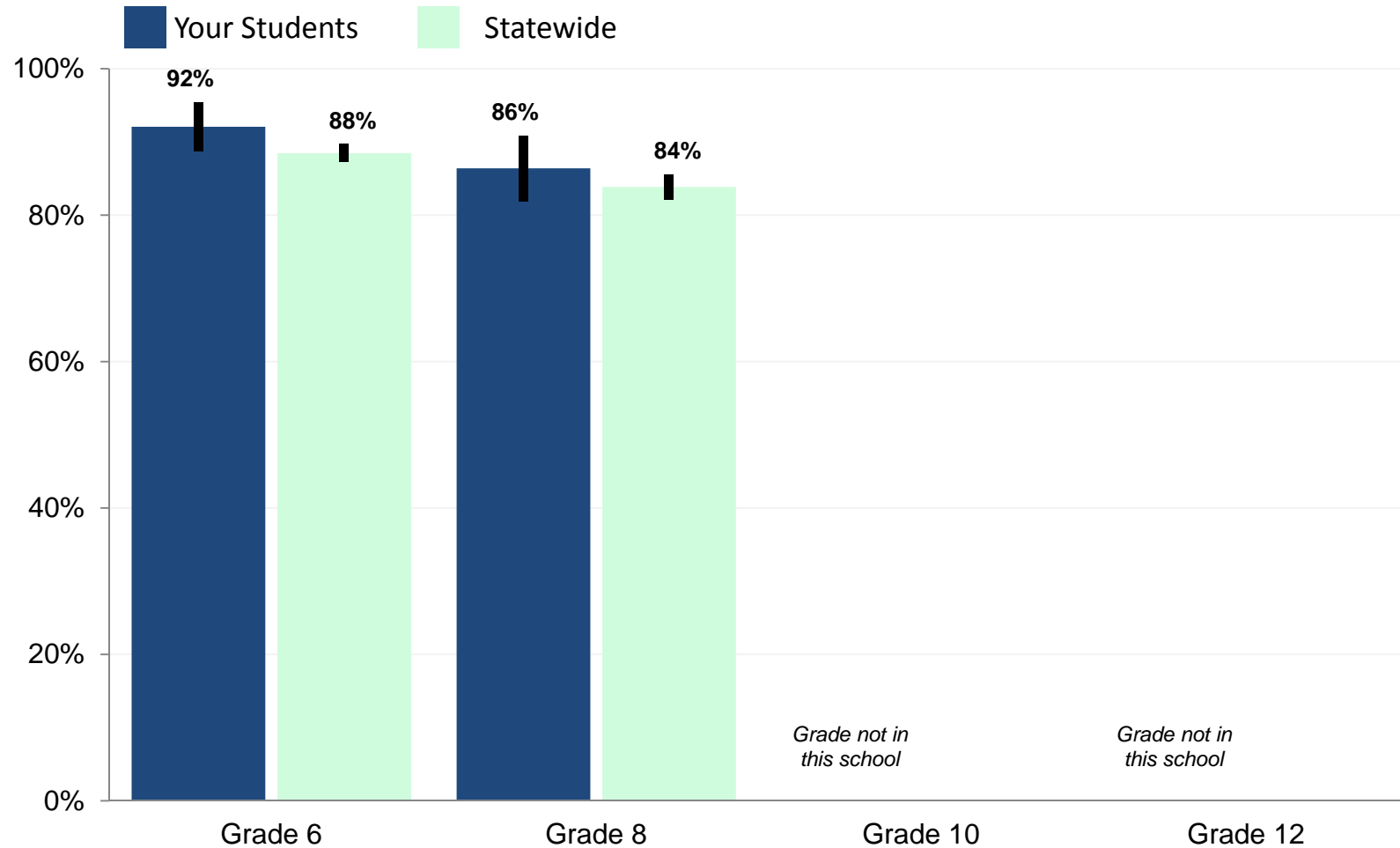
Bullying

Percent of students who report being bullied
in the past 30 days



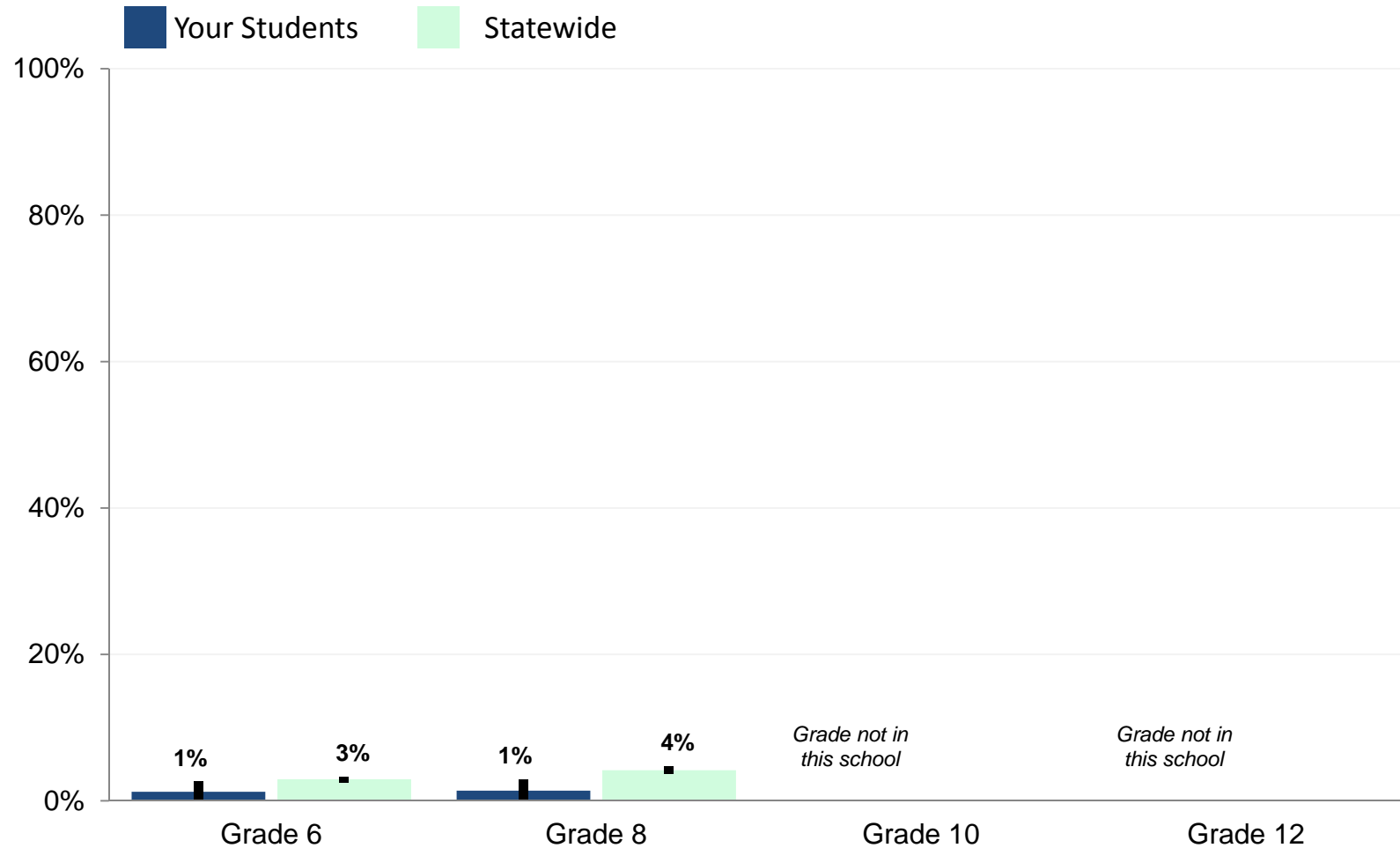
Feeling Safe at School

Percent of students who report that they feel safe at school



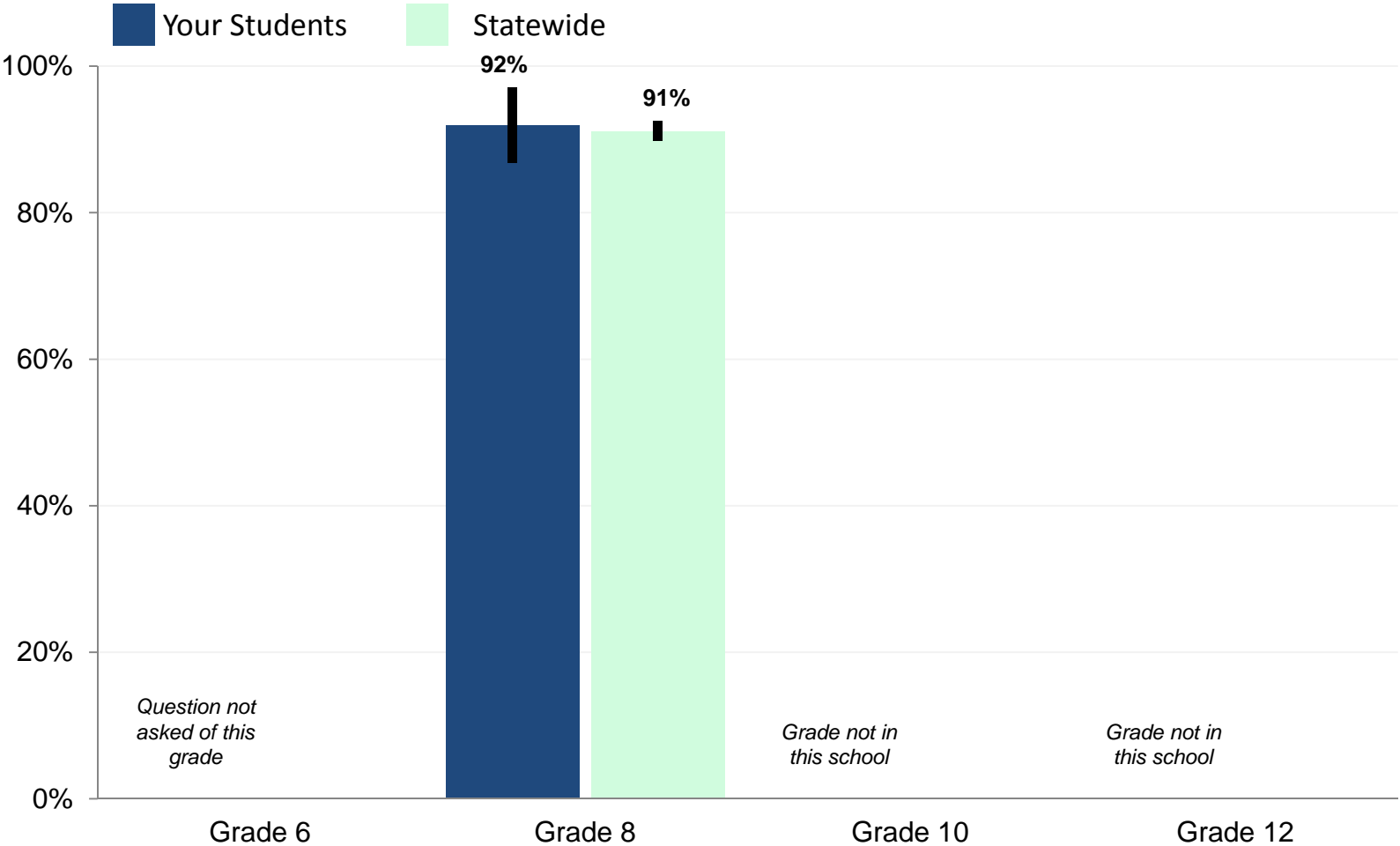
Weapon Carrying at School

Percent of students who report carrying a weapon on school property
in the past 30 days



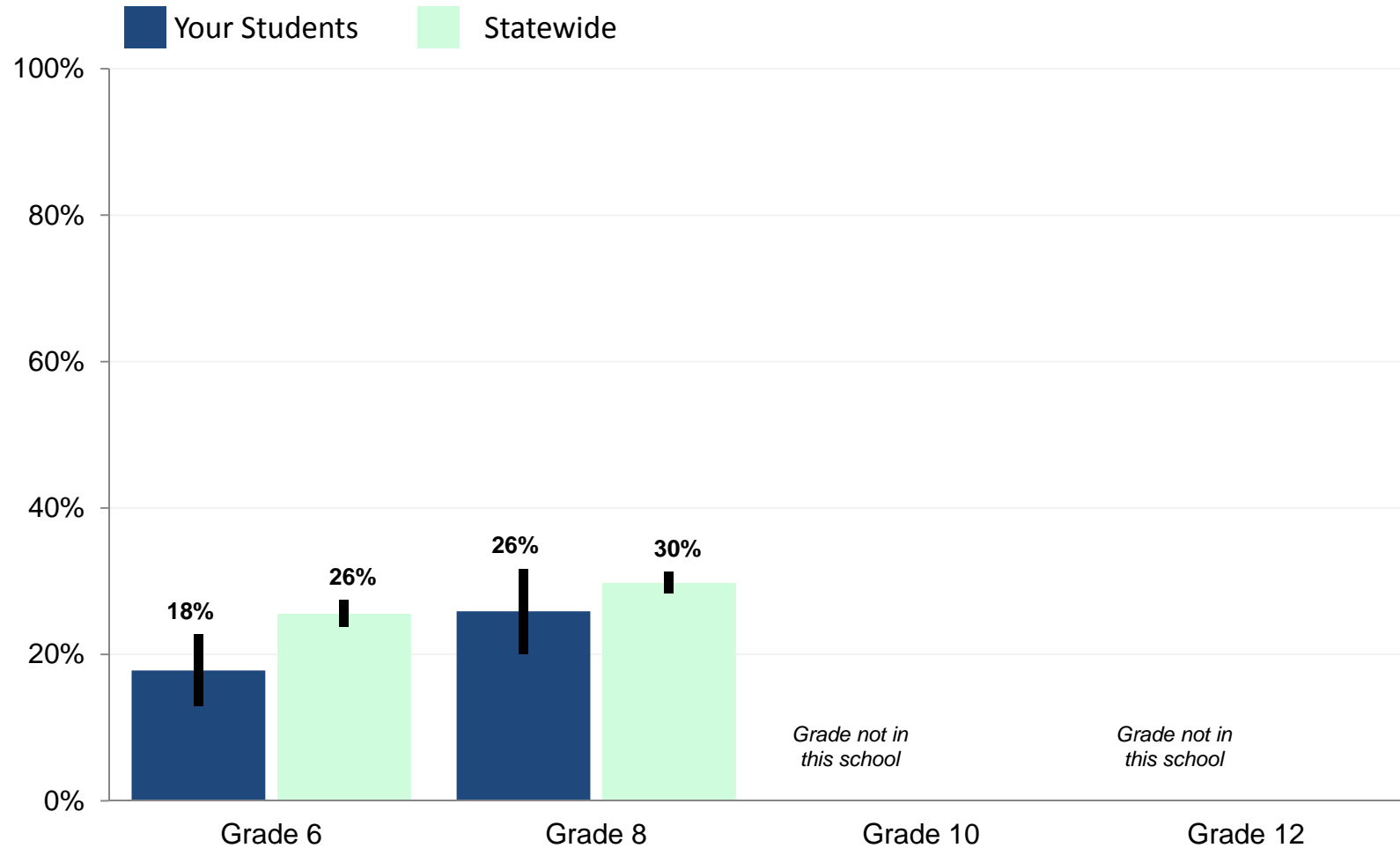
Opportunities for School Involvement

Percent of students who report that they have lots of chances for involvement in school activities



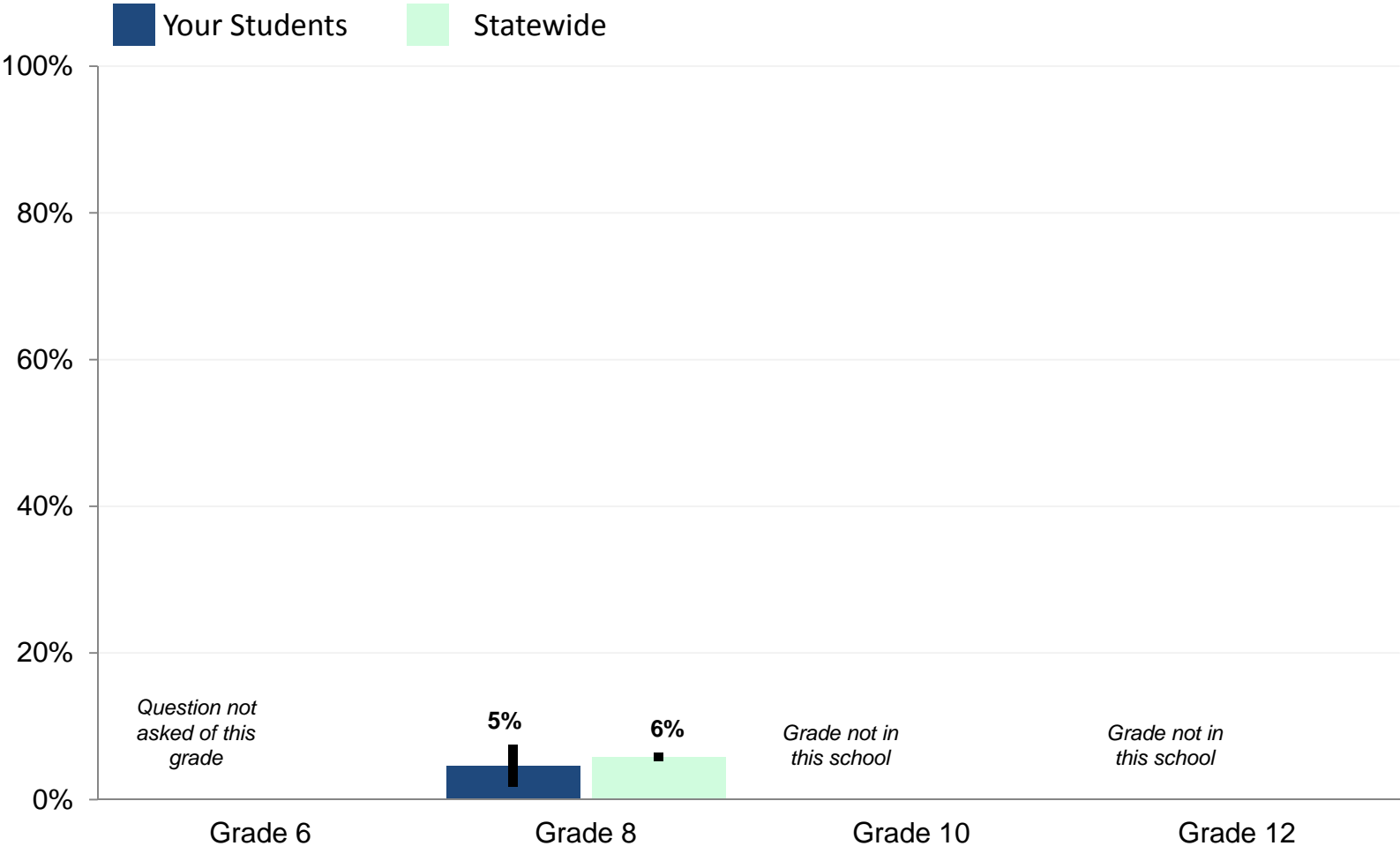
Physical Fighting

Percent of students who report being in a physical fight
in the past year



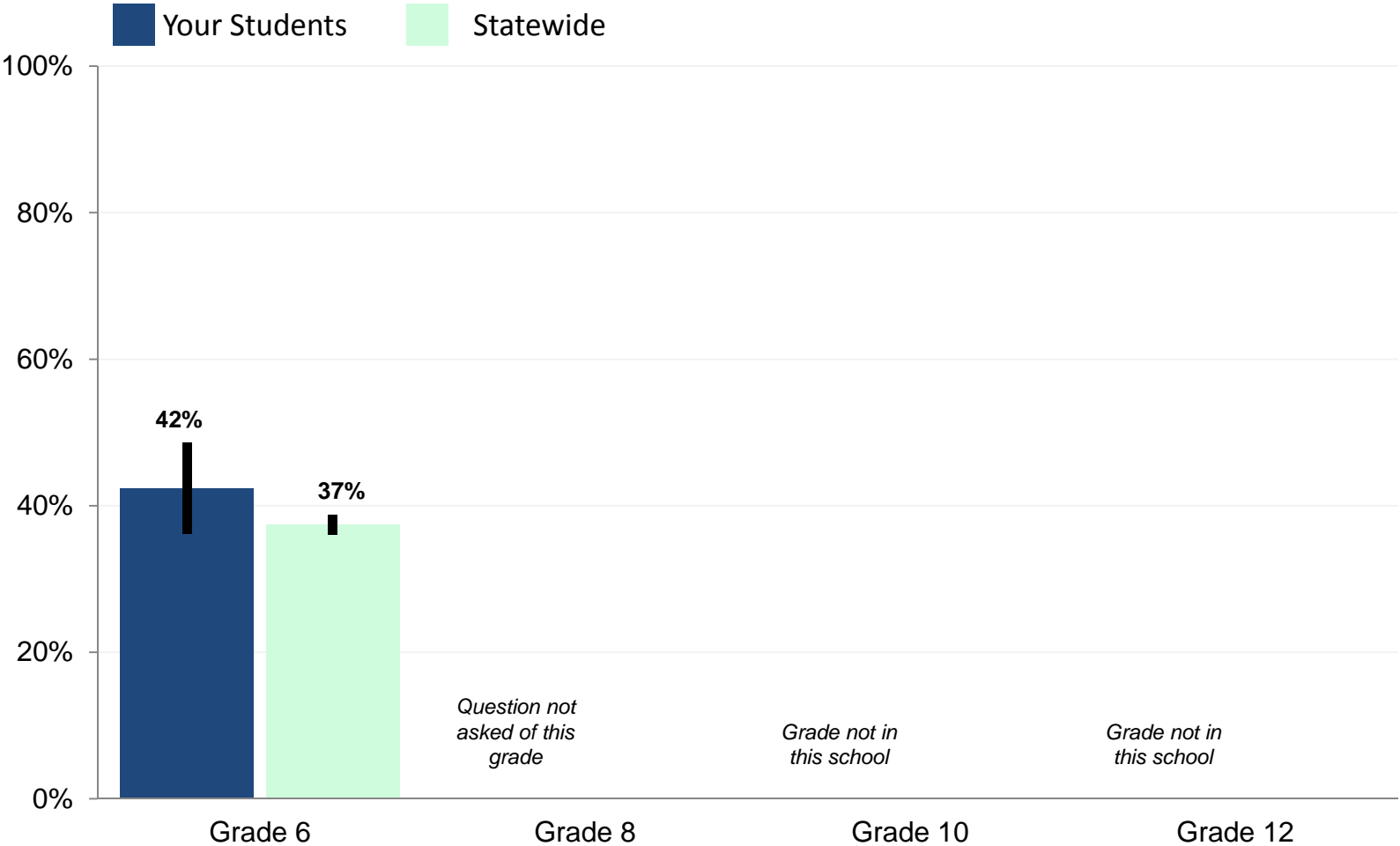
Gang Membership

Percent of students who report being members of a gang
in the past year



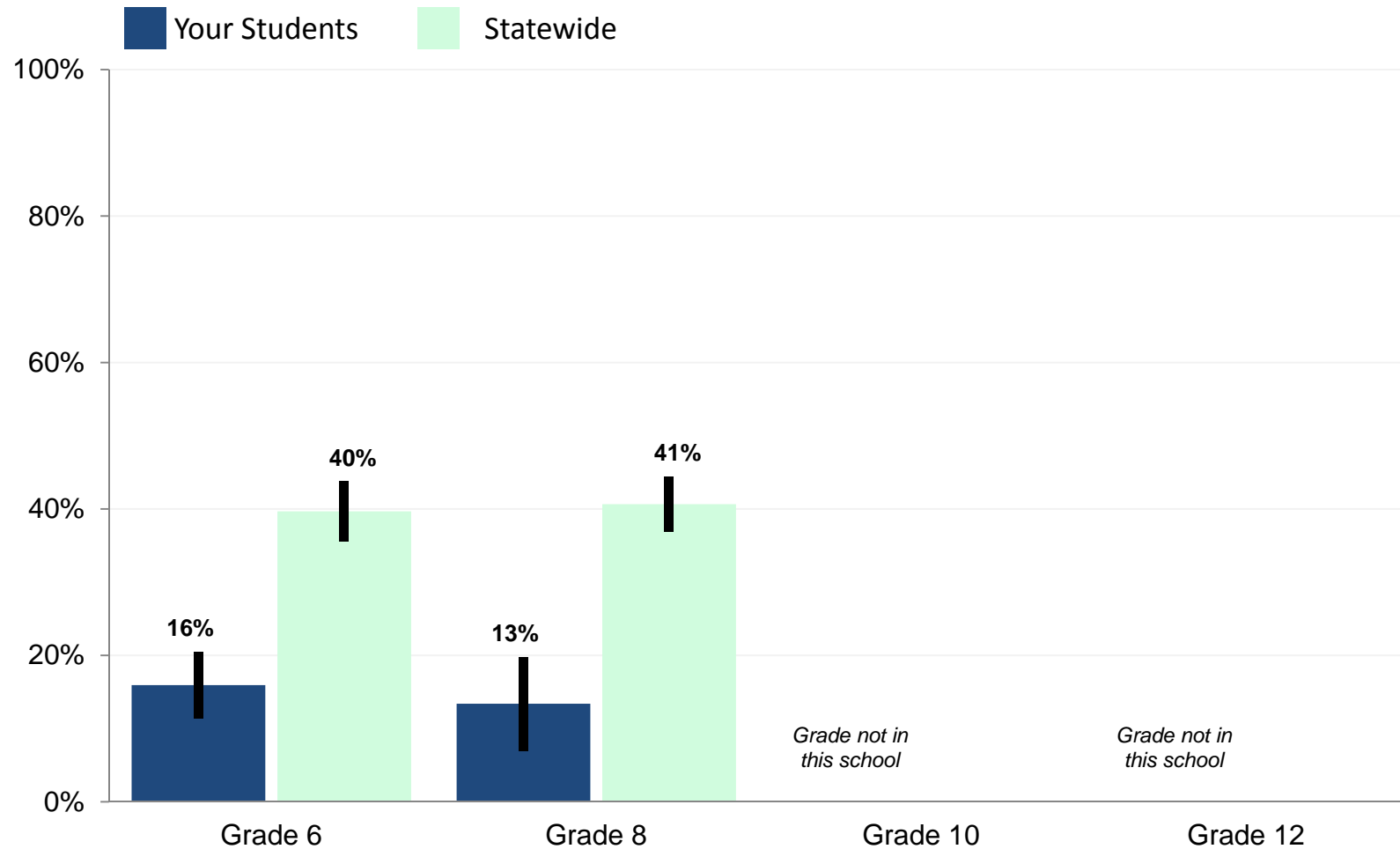
Rewards for Community Involvement

Percent of students who are resilient to substance use because they report rewards by their community for prosocial involvement



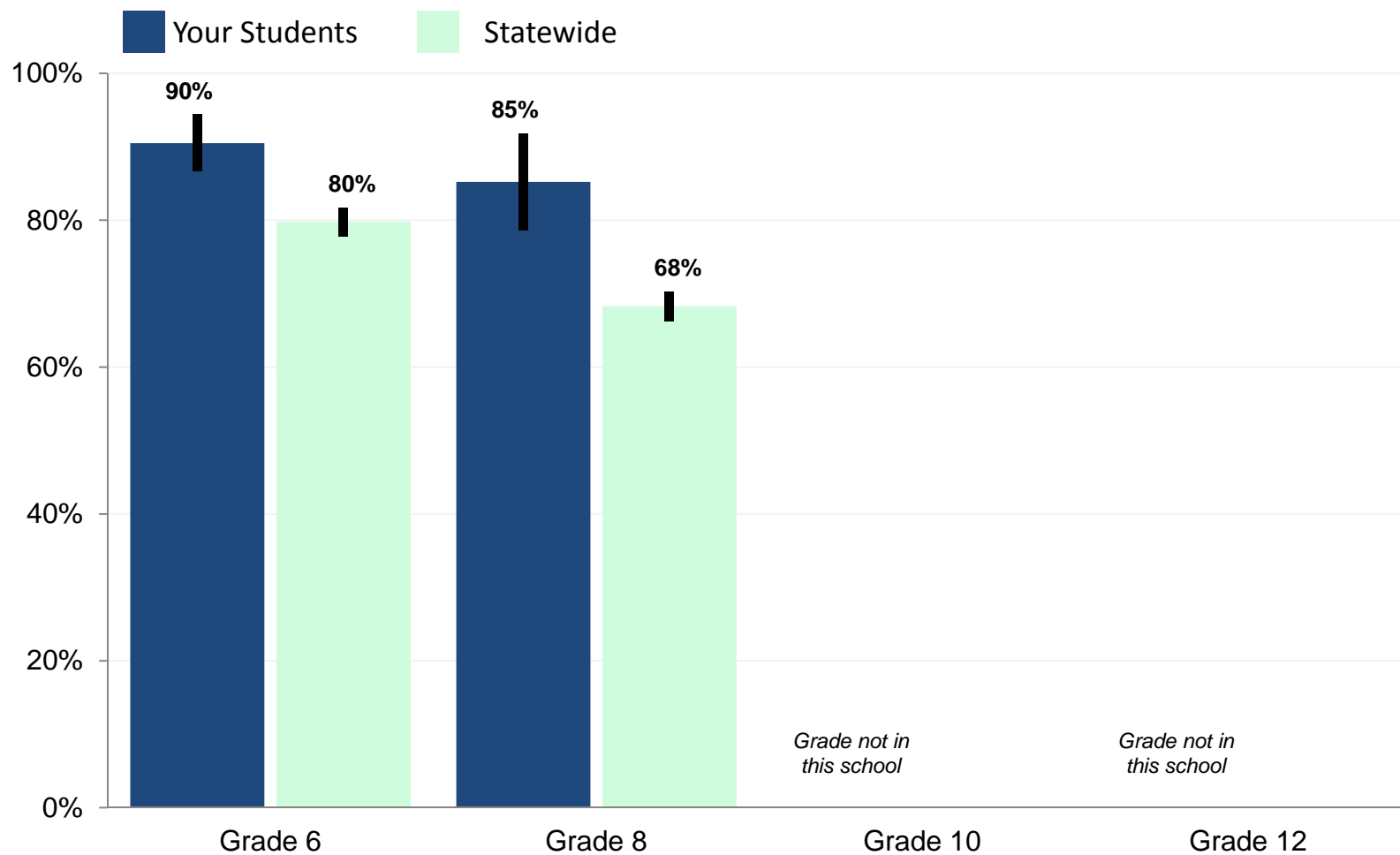
Walking/Biking To or From School

Percent of students who report walking or riding a bicycle to or from school during an average week



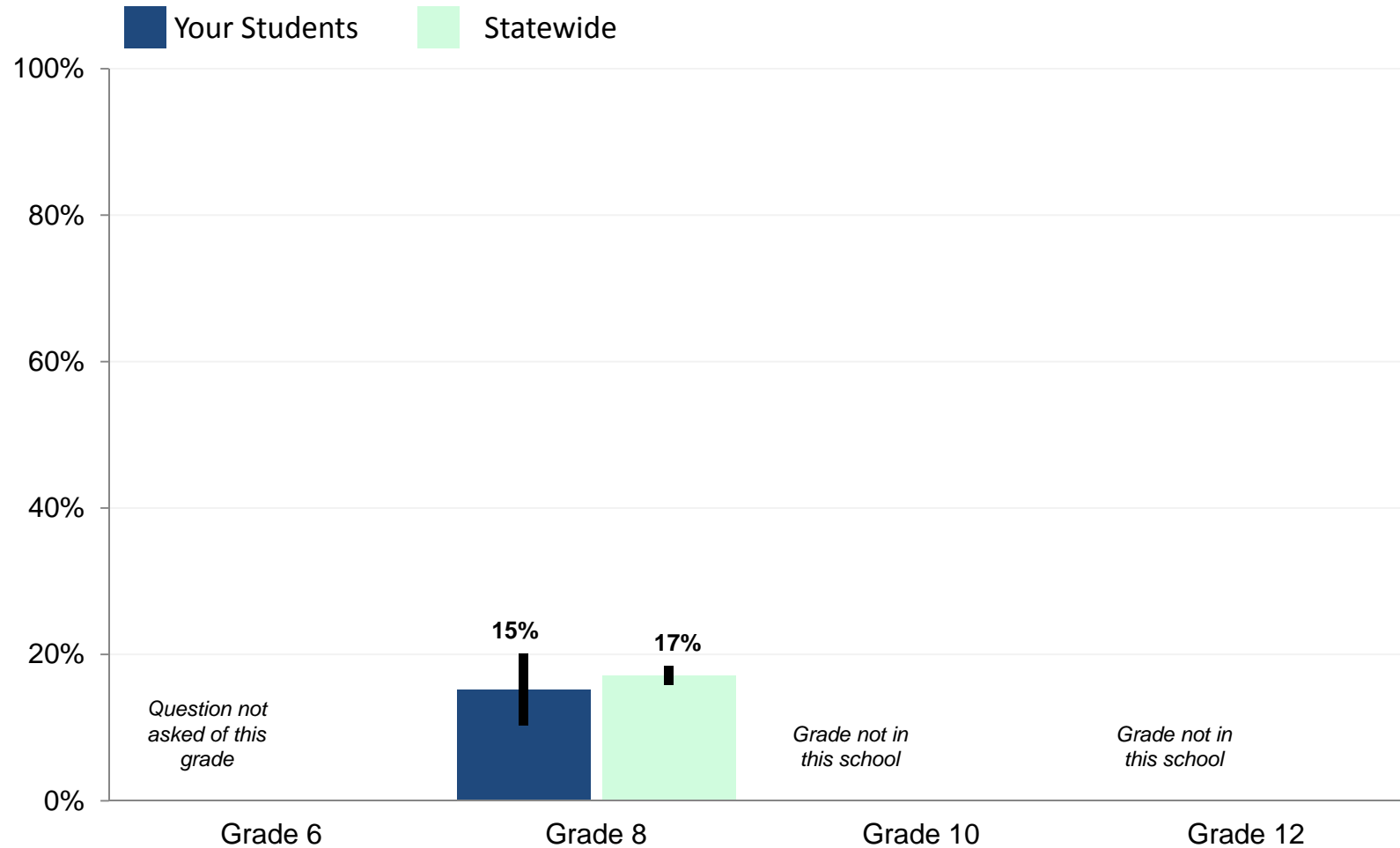
Eating Breakfast

Percent of students who report eating breakfast today



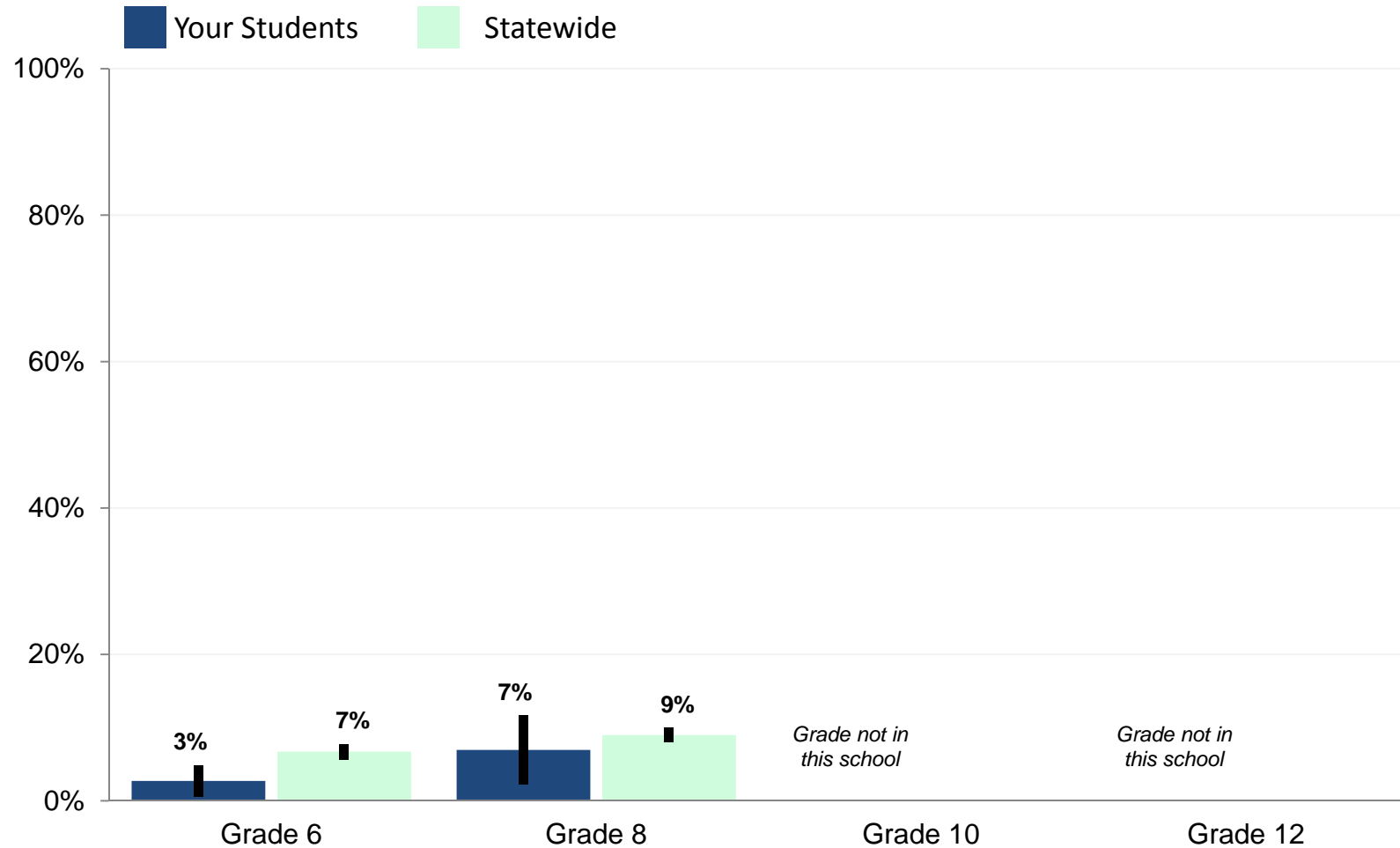
Riding with a Drinking Driver

Percent of students who report having ridden in the past 30 days with a driver who had been drinking alcohol



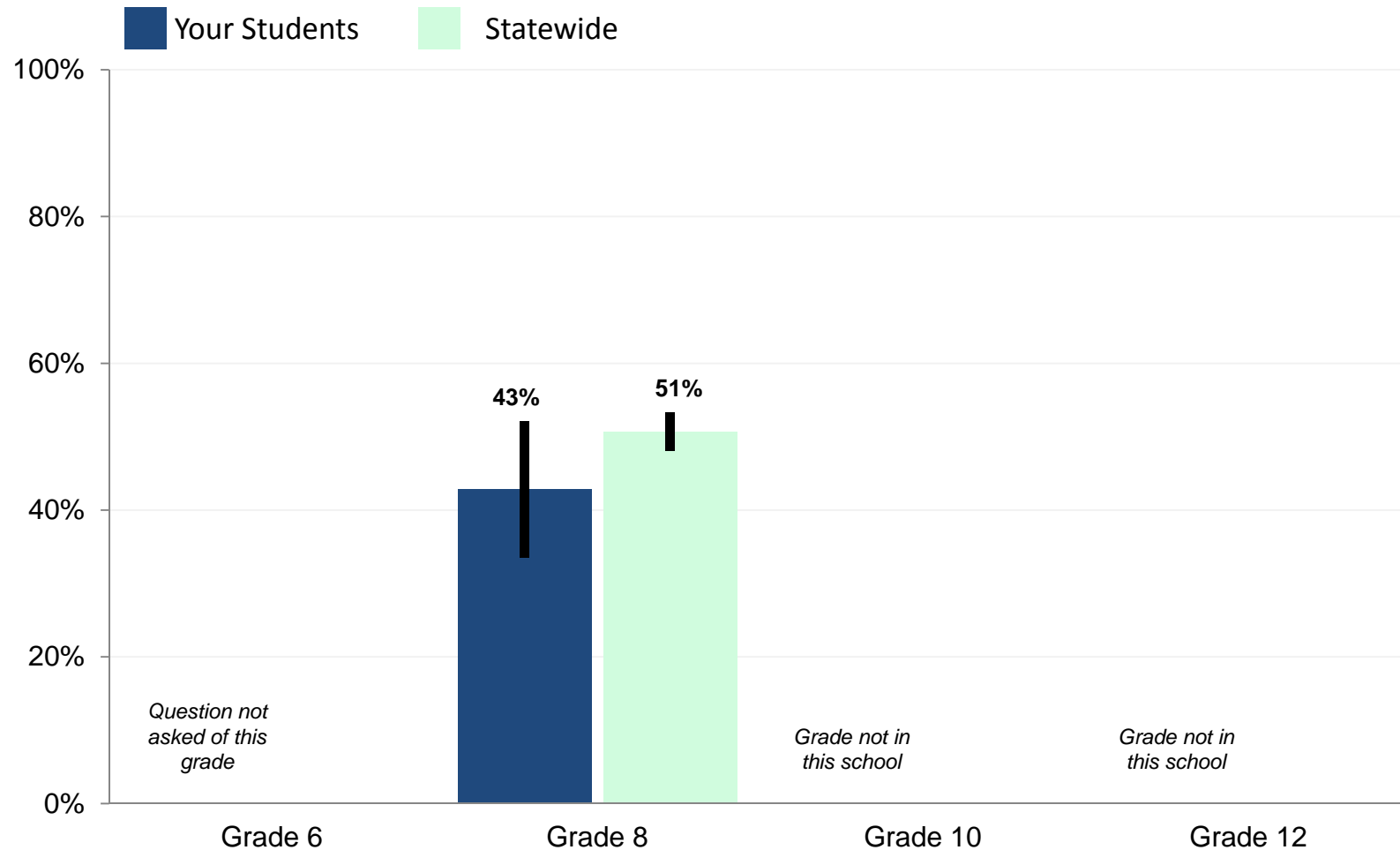
Excessing Soda Consumption

Percent of students who report drinking 2 or more sodas yesterday



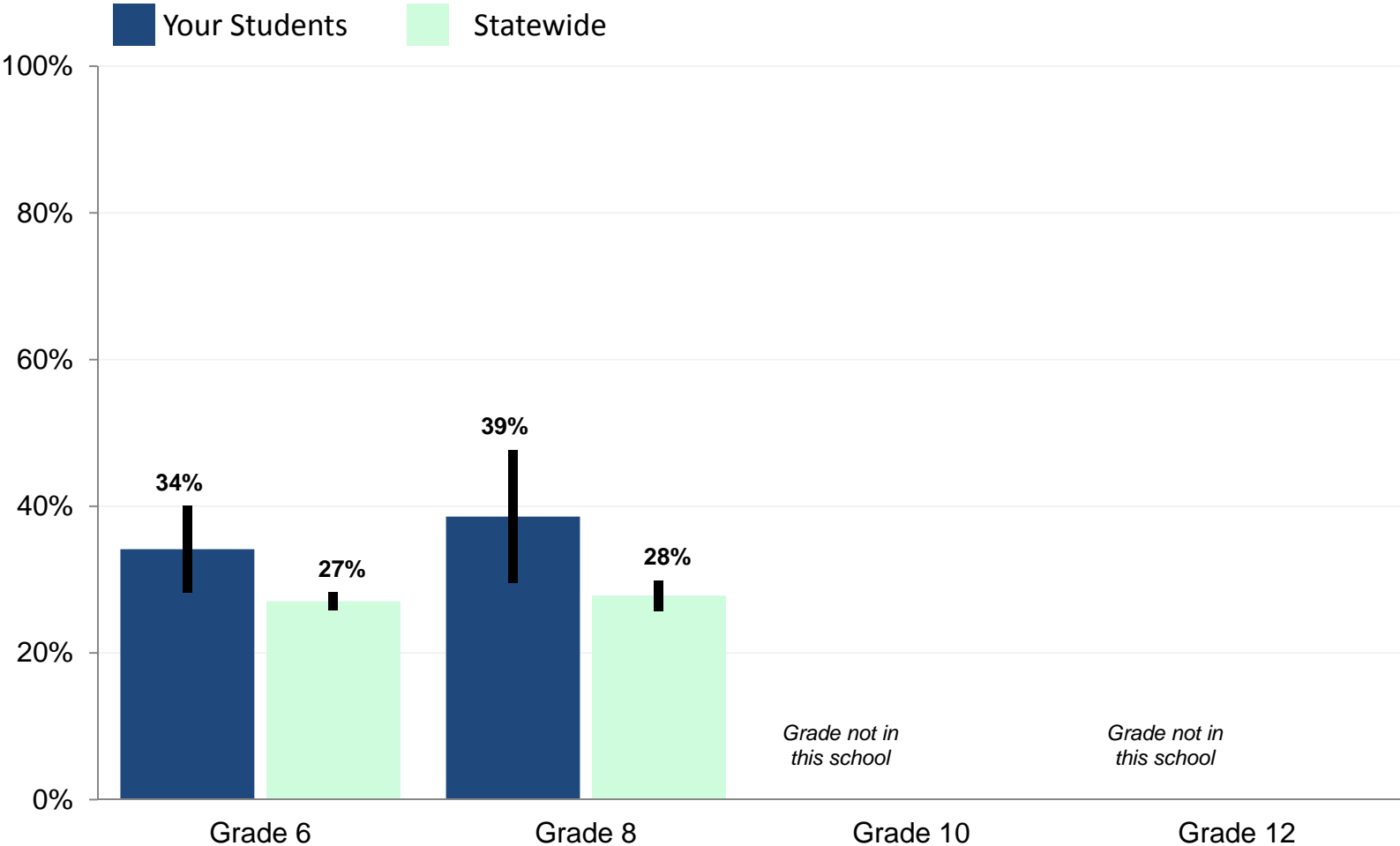
Excessive Television/Video Game Use

Percent of students who report 3 or more hours watching television, playing video games or using the computer for fun on an average school day



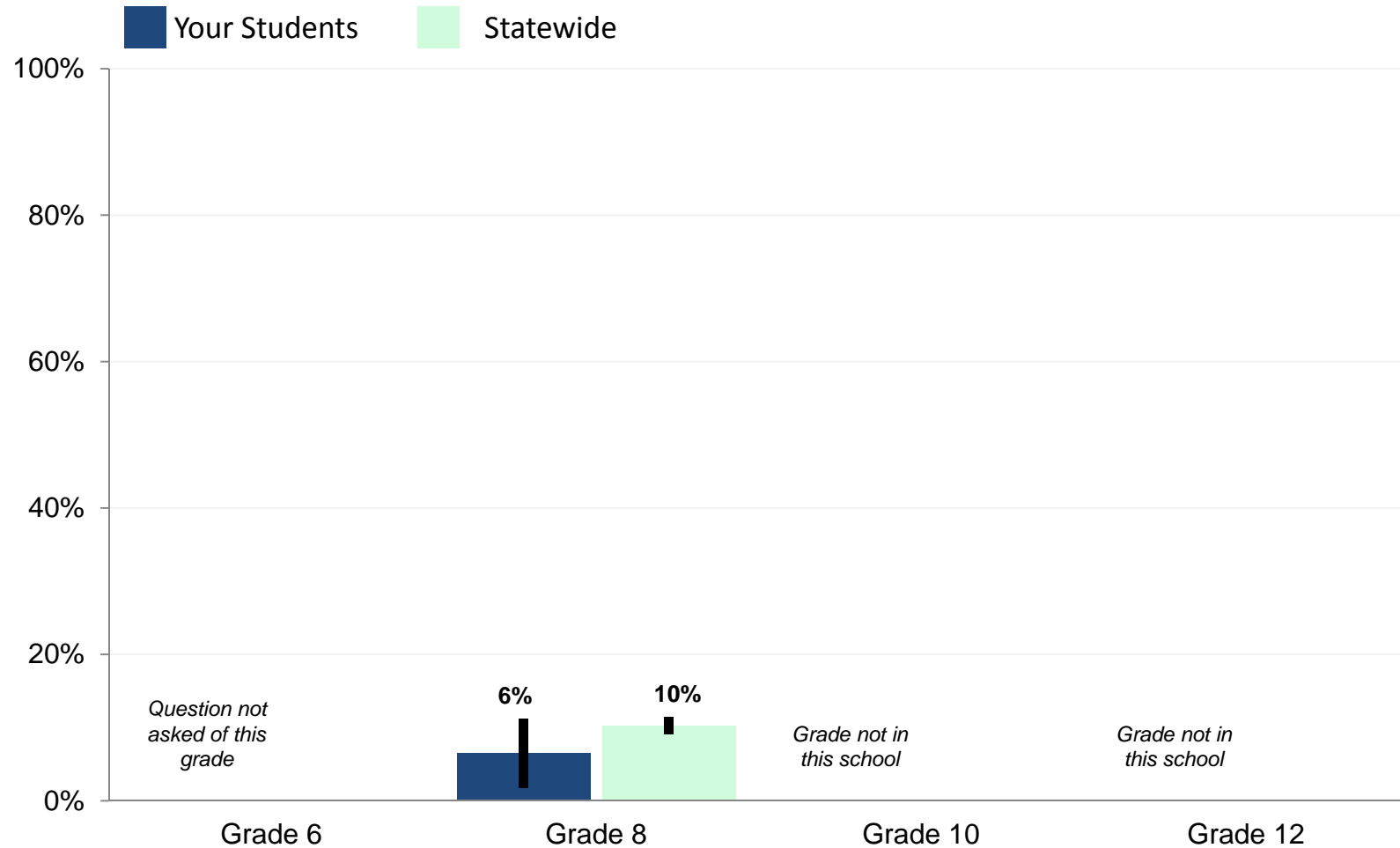
60 Minutes of Physical Activity per Day

Percent of students who report being physically active
60 minutes per day



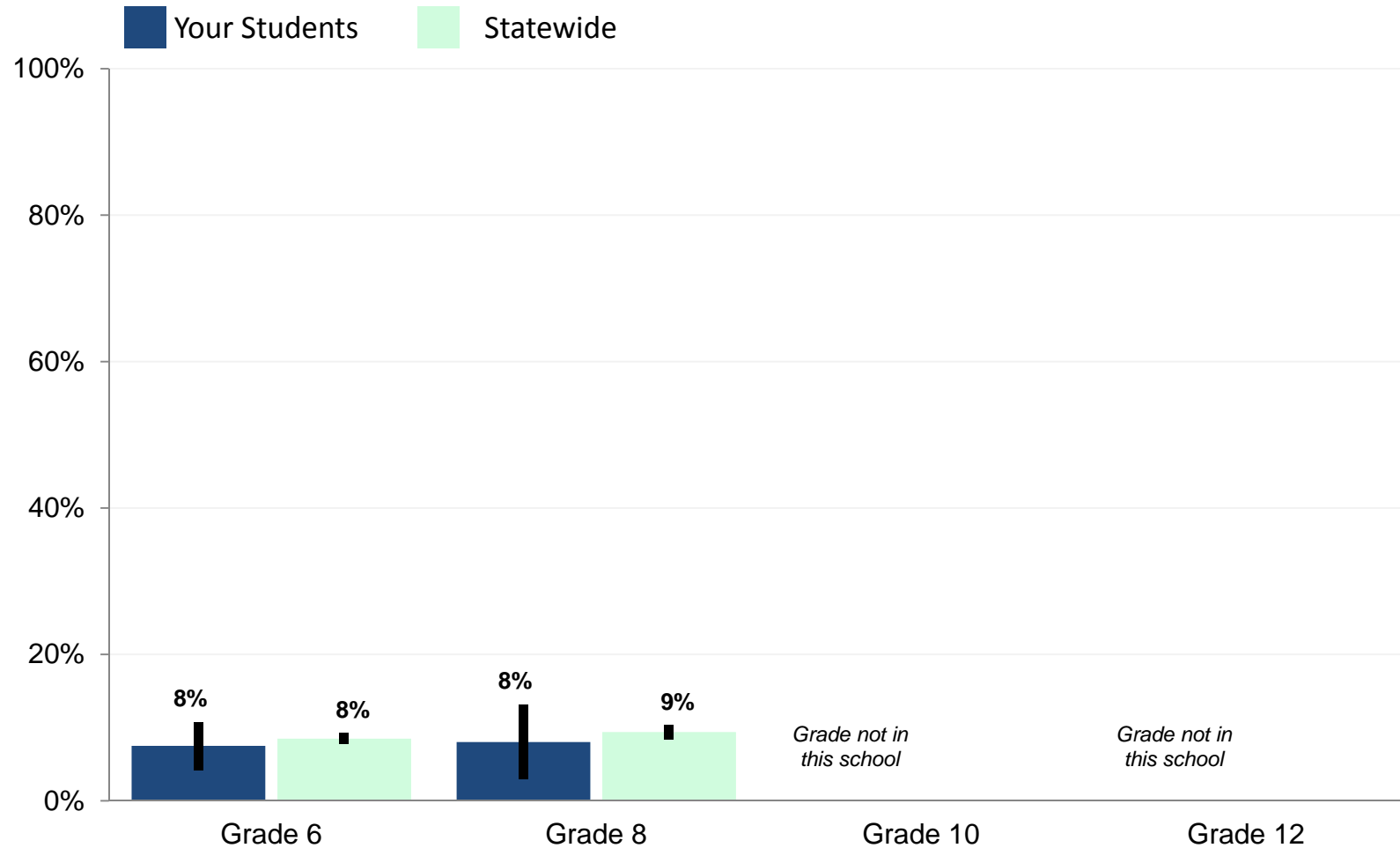
Obesity

Percent of students who are obese
(according to reported height and weight)



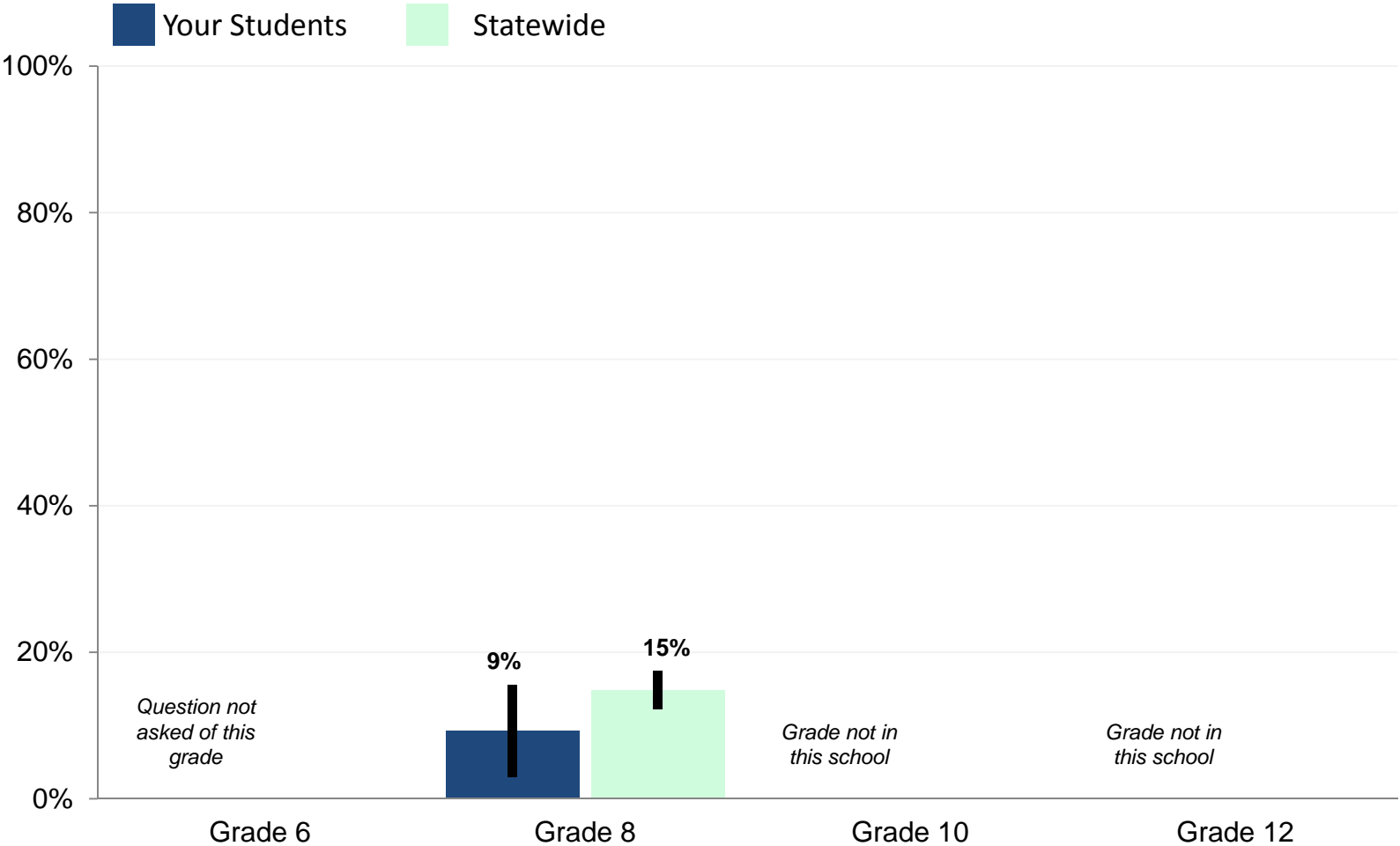
Current Asthma

Percent of students who currently have asthma



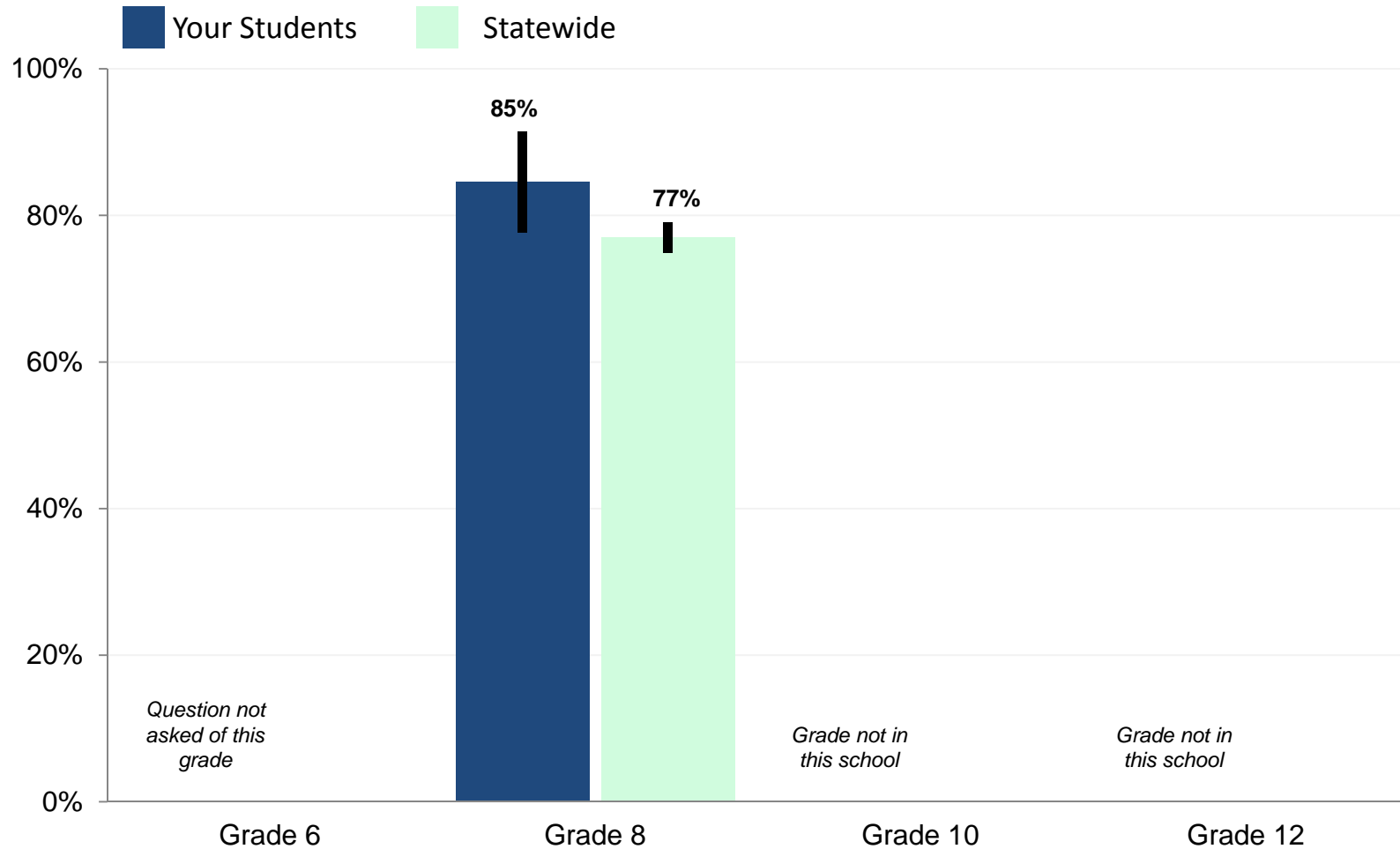
Lifetime Sexual Activity

Percent of students who report ever having sexual intercourse in their lifetime



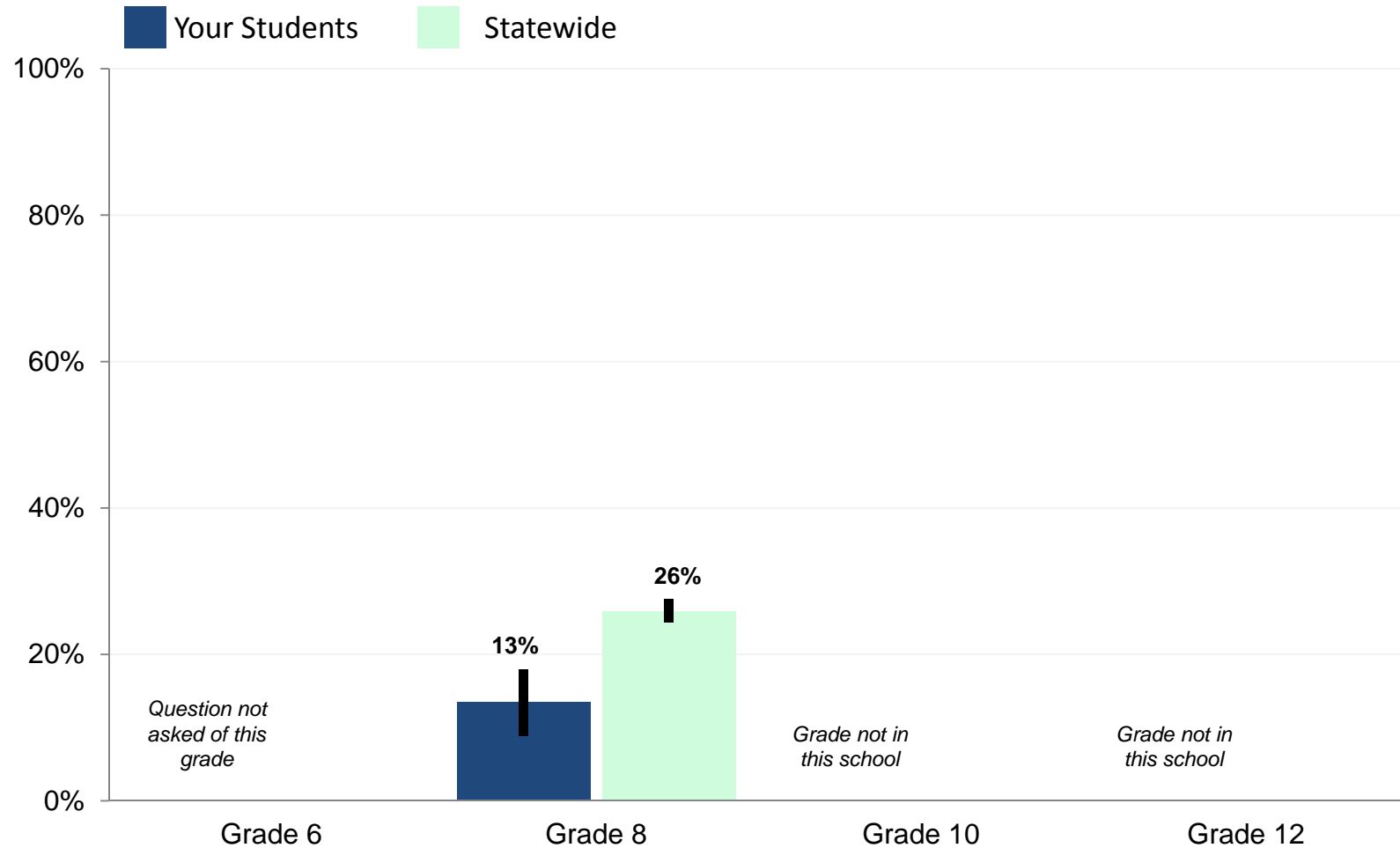
Access to Dental Care

Percent of students who report visiting a dentist for a routine checkup in the past year



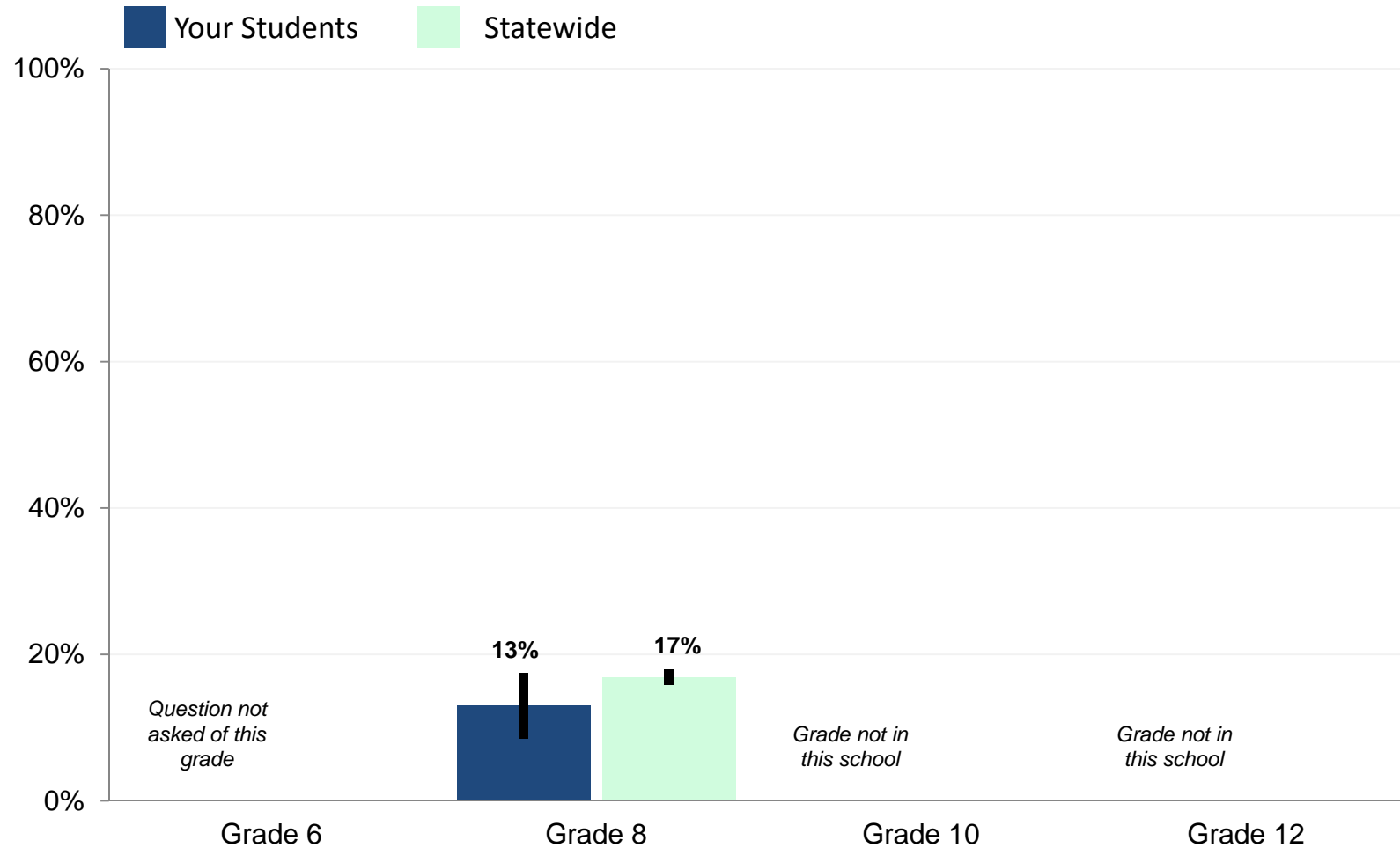
Depression

Percent of students who report experiencing depressive feelings
in the past year



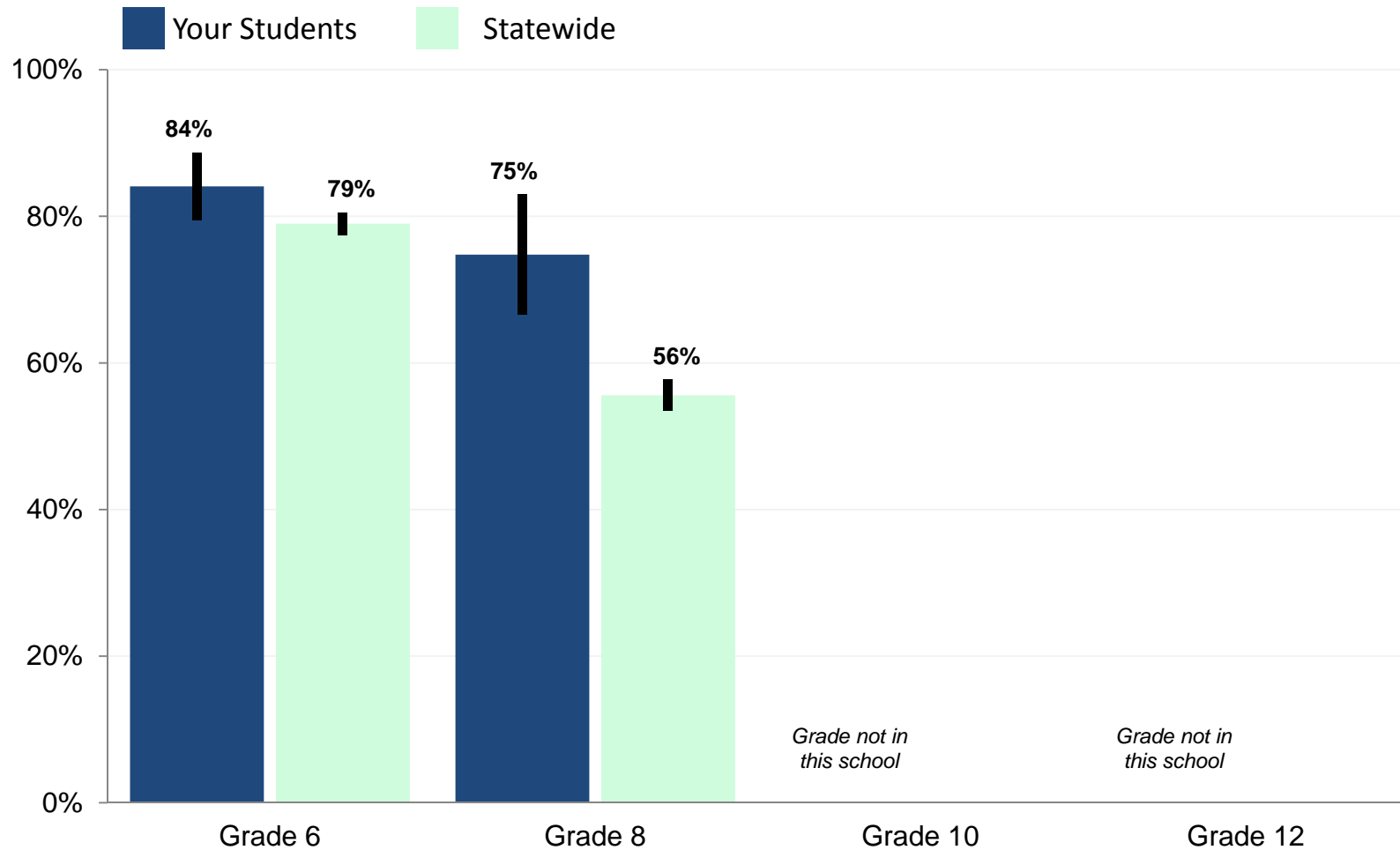
Contemplation of Suicide

Percent of students who report having seriously considered suicide in the past year



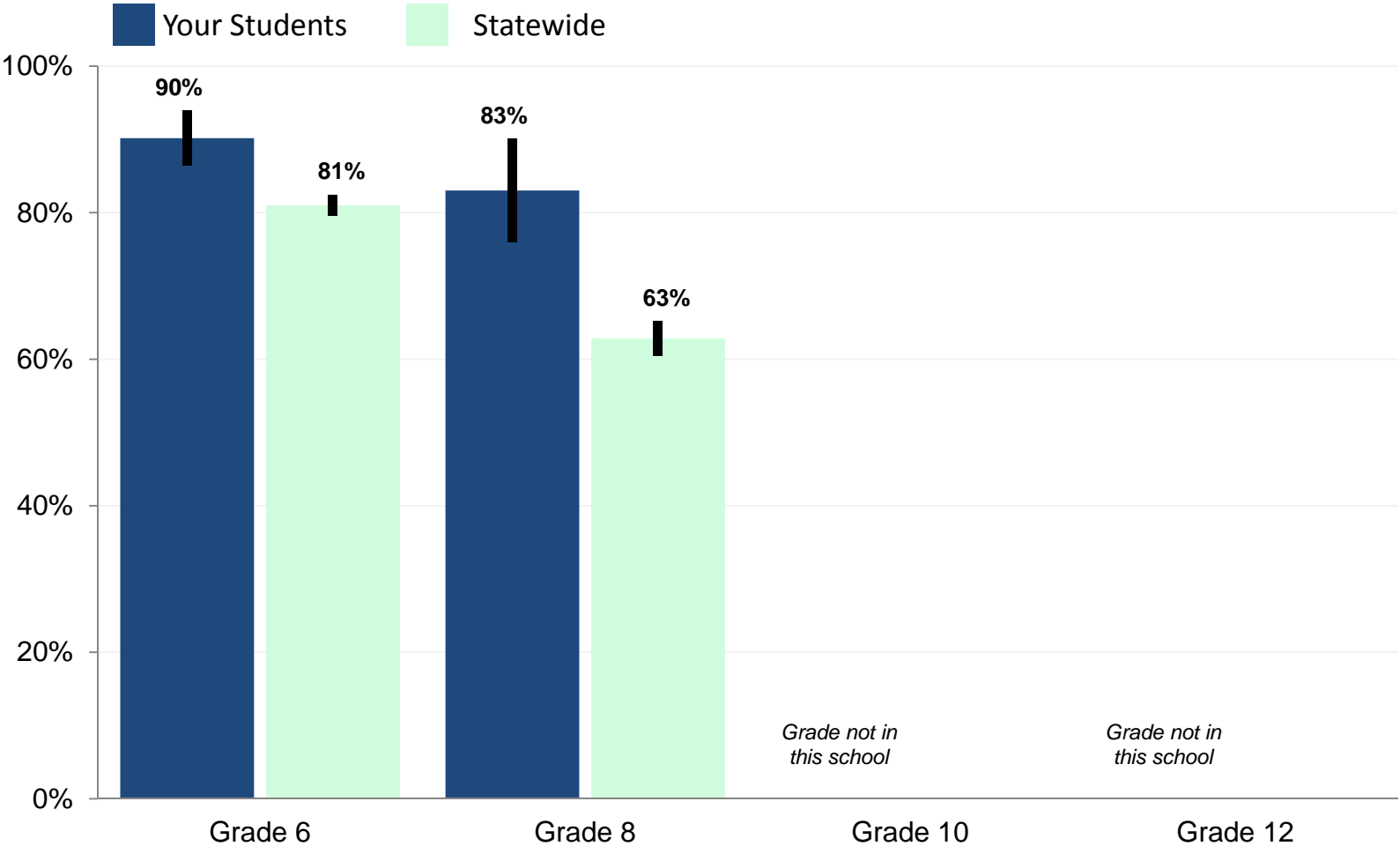
Perception of Neighborhood Norms - Alcohol

Percent of students who report that adults in their neighborhood think youth drinking is "very wrong"



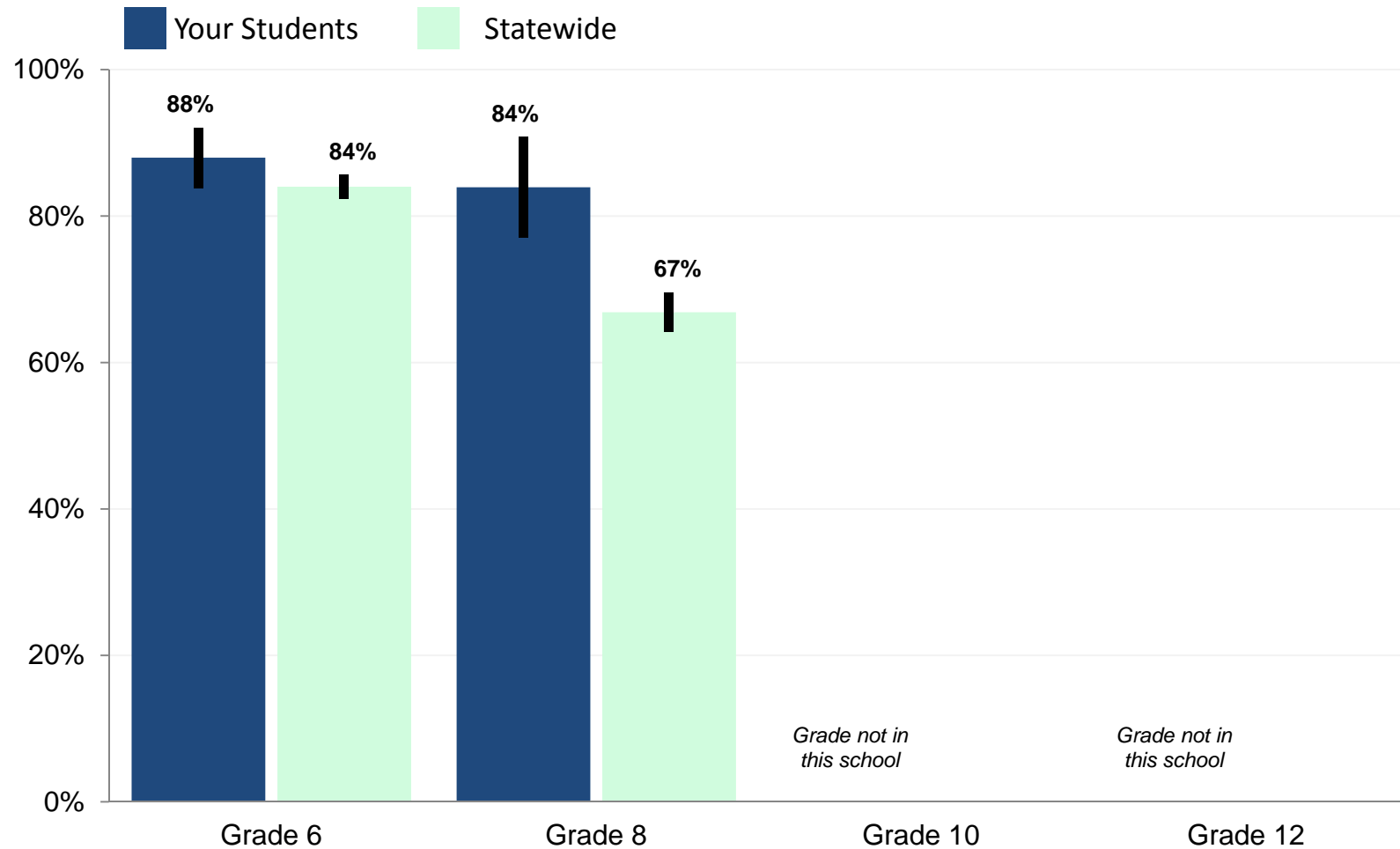
Perception of Neighborhood Norms - Smoking

Percent of students who report that adults in their neighborhood think youth smoking is "very wrong"



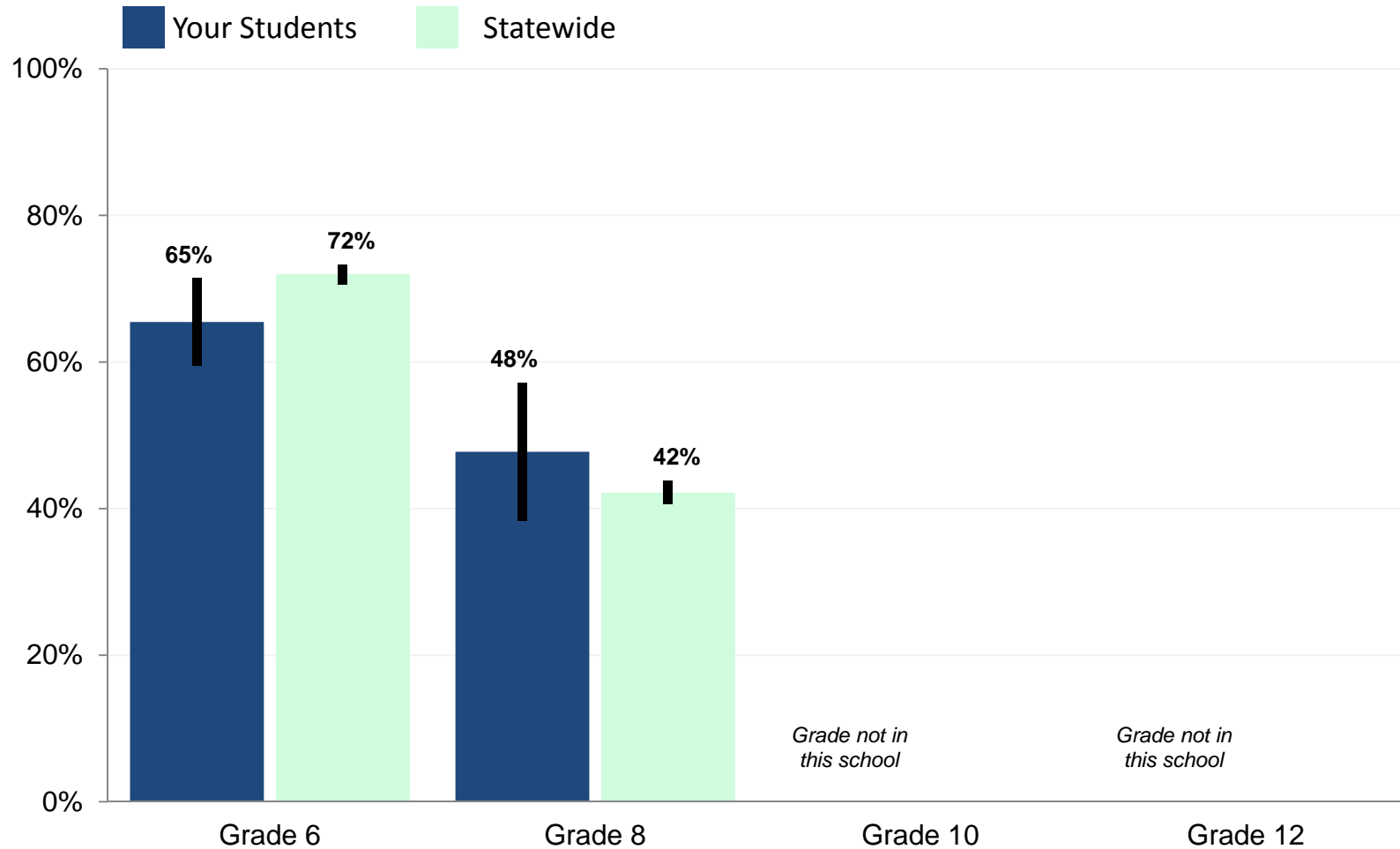
Perception of Neighborhood Norms - Marijuana

Percent of students who report that adults in their neighborhood think youth marijuana use is "very wrong"



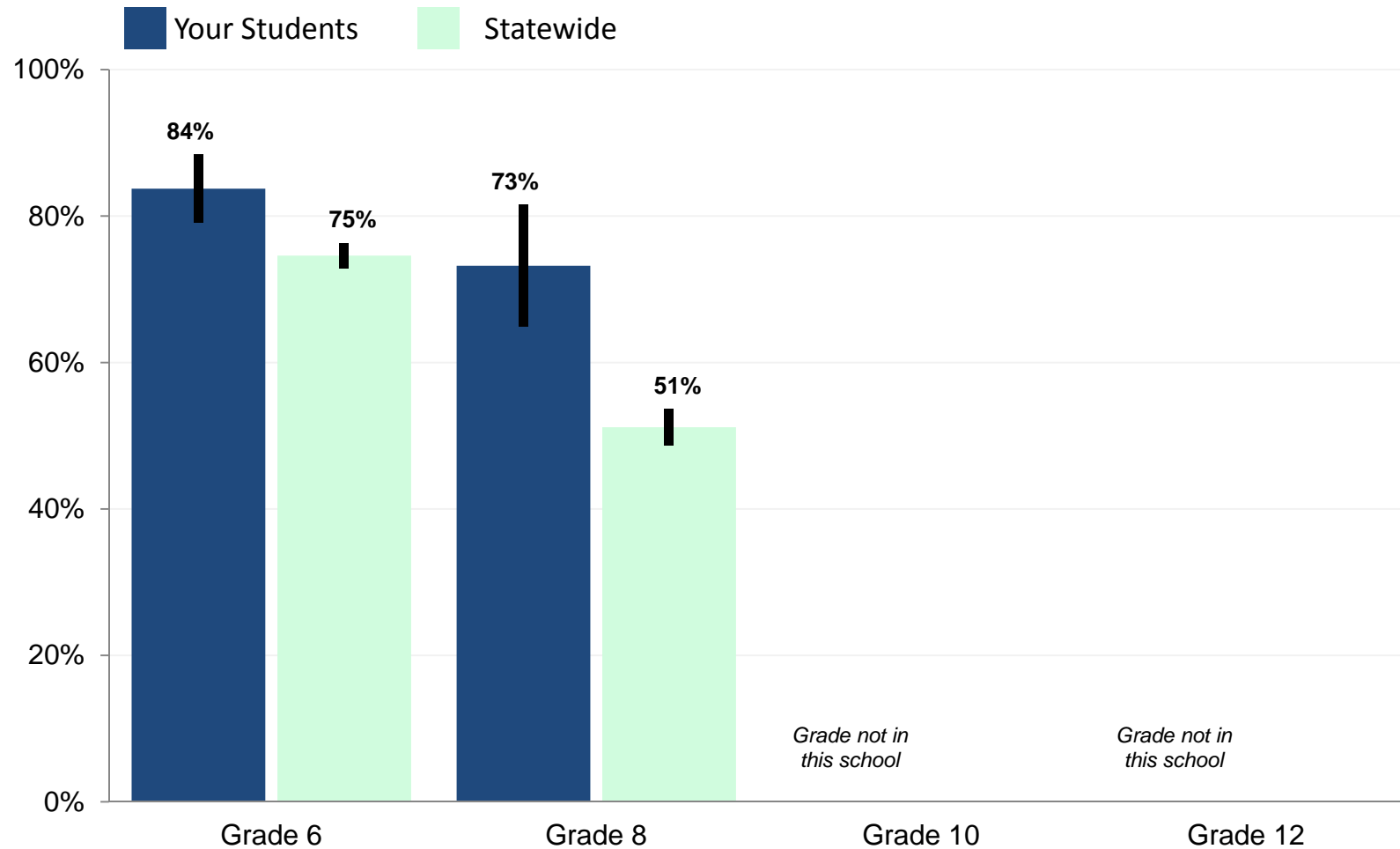
Perceived Availability of Alcohol

Percent of students who report alcohol would be "very hard" to get



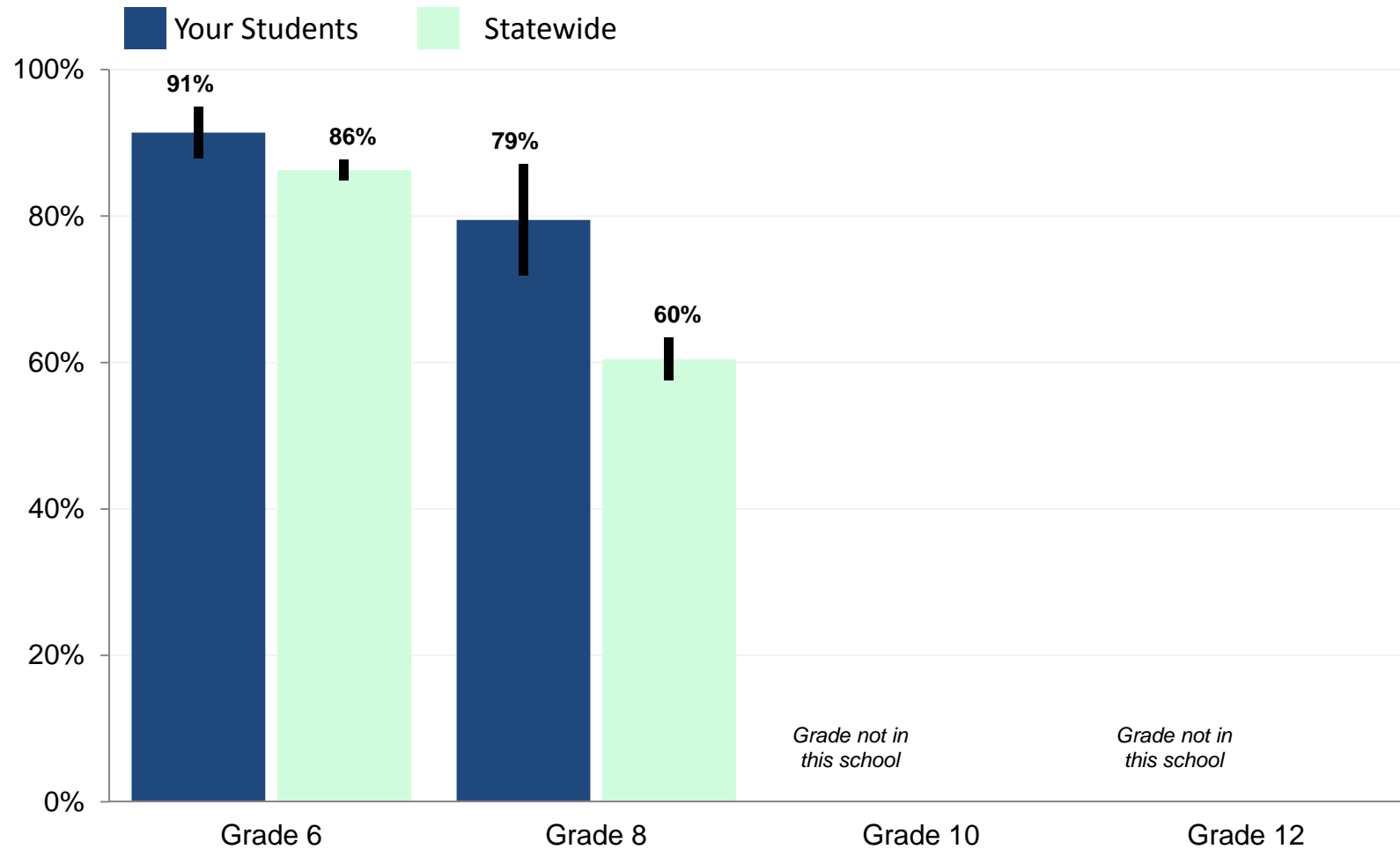
Perceived Availability of Cigarettes

Percent of students who report cigarettes would be "very hard" to get



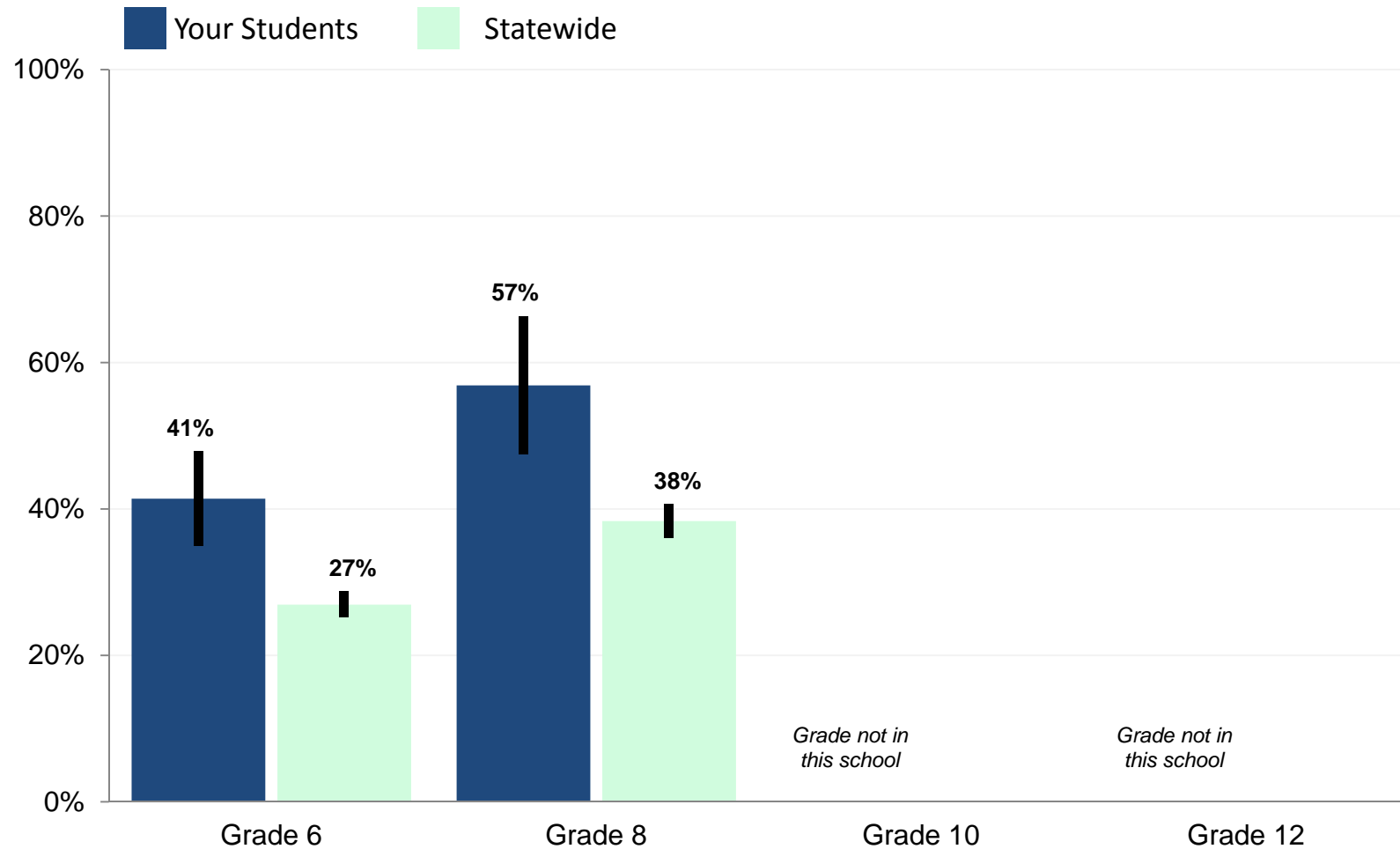
Perceived Availability of Marijuana

Percent of students who report marijuana would be "very hard" to get



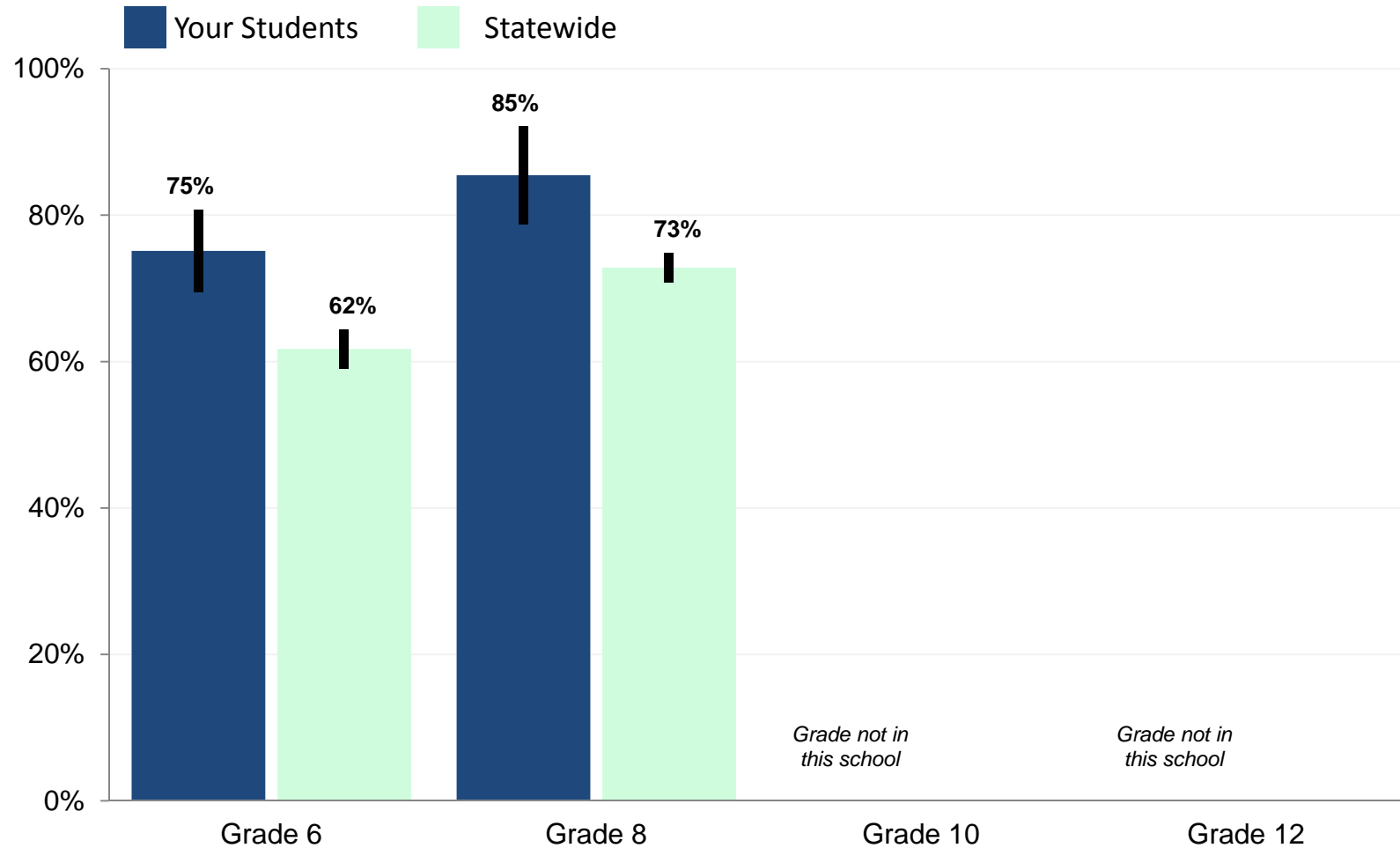
Perceived Risk of Regular Alcohol Use

Percent of students who report "great risk" of harm from drinking alcohol daily



Perceived Risk of Regular Cigarette Smoking

Percent of students who report "great risk" of harm from smoking a pack or more a day



Perceived Risk of Regular Marijuana Use

Percent of students who report "great risk" of harm from smoking marijuana at least once or twice a week

