



August

2021

Issaquah High School – Summer School Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

2

Cheese Burger
Pita & Hummus (M)
Peach Cup & Apple
Broccoli

3

Chicken Nuggets
Yogurt Lunch (M)
Strawberry Cup & Grapes
Baby Carrots

4

Turkey Deli Sandwich
Toasted Cheese
Sandwich (M)
Applesauce & Orange
Celery Sticks

5

Chicken Burger
Black Bean Burger (M)
Mandarin Oranges &
Banana
Seasoned Fries

6

Turkey Ham Sandwich
Yogurt Lunch (M)
Strawberry Cup & Apple
Black Beans

9

No School

10

No School

11

No School

12

No School

13

No School

16

No School

17

No School

18

No School

19

No School

20

No School

23

No School

24

No School

25

No School

26

No School

27

No School

30

No School

31

First day of the '21-'22
School Year

In Season Peaches

Peaches are a good source of Vitamins A, B and C. A peach only contains 37 calories.

Peaches were once known as Persian Apples.

August is National Peach Month.



Announcements

Every complete meal comes with choice of 1% white milk or fat free chocolate milk.

Visit our website for nutritional information:

<https://www.myschoolmenus.com/instant/307/district/327>

(M) = Meatless Entrée Item

Meal Prices

Full Pay = \$4.00

Reduced = \$0.40

Adults = \$4.50

The Issaquah School District provides equal opportunities in its programs, activities and employment