

ENDS 6: Life Management Evidence – 2-9-11

6.1 Understand and apply principles of sound physical, mental and emotional health, nutrition, hygiene, and fitness.

[Elementary and Middle School Physical Education/Health and Fitness Curriculum and Requirements Aligned with State Standards](#)

Graduation rates and requirements—See 6.2 evidence

Healthy Youth Survey Data			
Question: "Current Illegal Drug Use:" Percent of students who have used illegal drugs in the past 30 days.			
Grade	2004	2006	2008
8	5% (67% took survey)	3% (90% took survey)	4% (92% took survey)
10	11% (87% took survey)	11% (86% took survey)	15% (75% took survey)
12	23% (63% took survey)	20% (67% took survey)	25% (57% took survey)

Healthy Youth Survey Data			
Question: "Current Cigarette Smoking:" Percent of students who report smoking cigarettes in the past 30 days.			
Grade	2004	2006	2008
6	1% (64% took survey)	0% (97% took survey)	1% (94% took survey)
8	3% (67% took survey)	2% (90% took survey)	2% (92% took survey)
10	8% (87% took survey)	7% (86% took survey)	9% (75% took survey)
12	18% (63% took survey)	13% (67% took survey)	16% (57% took survey)

Healthy Youth Survey Data			
Question: "Current Alcohol Use:" Percent of students who report having drunk a glass, can, or bottle of alcohol in the past 30 days.			
Grade	2004	2006	2008
6	1% (64% took survey)	2% (97% took survey)	2% (94% took survey)
8	12% (67% took survey)	6% (90% took survey)	10% (92% took survey)
10	28% (87% took survey)	25% (86% took survey)	24% (75% took survey)
12	42% (63% took survey)	43% (67% took survey)	45% (57% took survey)

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Healthy Youth Survey Data

Question: "Bullying:" Percent of students who report being bullied in the past 30 days.

Grade	2004	2006	2008
6	23% (64% took survey)	25% (97% took survey)	27% (94% took survey)
8	25% (67% took survey)	23% (90% took survey)	27% (92% took survey)
10	22% (87% took survey)	24% (86% took survey)	25% (75% took survey)
12	13% (63% took survey)	15% (67% took survey)	16% (57% took survey)

Healthy Youth Survey Data

Question: "Feeling Safe at School:" Percent of students who agree that they feel safe at school.

Grade	2004	2006	2008
6	95% (64% took survey)	95% (97% took survey)	94% (94% took survey)
8	89% (67% took survey)	91% (90% took survey)	91% (92% took survey)
10	88% (87% took survey)	91% (86% took survey)	88% (75% took survey)
12	93% (63% took survey)	93% (67% took survey)	92% (57% took survey)

Healthy Youth Survey Data

Question: "Depression:" Percent of students who report being severely depressed in the past year.

Grade	2004	2006	2008
8	18% (67% took survey)	16% (90% took survey)	16% (92% took survey)
10	27% (87% took survey)	21% (86% took survey)	23% (75% took survey)
12	30% (63% took survey)	21% (67% took survey)	24% (57% took survey)

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Healthy Youth Survey Data

Question: "Opportunities for Involvement:" Percent of students who agree that they have lots of chances for involvement in school activities.

Grade	2004	2006	2008
8	96% (67% took survey)	95% (90% took survey)	94% (92% took survey)
10	92% (87% took survey)	94% (86% took survey)	95% (75% took survey)
12	93% (63% took survey)	94% (67% took survey)	96% (57% took survey)

Healthy Youth Survey Data

Question: "Sufficient Moderate or Vigorous Activity:" Percent of students who report meeting recommendations for either moderate activity (5 or more days per week) or vigorous activity (3 or more days per week). * Data available for "Sufficient Vigorous Activity" only

Grade	2004*	2006*	2008
8	83% (67% took survey)	83% (90% took survey)	86% (92% took survey)
10	72% (87% took survey)	71% (86% took survey)	79% (75% took survey)
12	64% (63% took survey)	68% (67% took survey)	70% (57% took survey)

Decision Research Post-Graduate Survey Question 20—Items 8,9,11

Upon graduation, how prepared did you feel in each of the following areas, ***regardless of where*** you acquired the knowledge and skills?

	% Prepared			% Not Sure			% Not Prepared		
	2005	2007	2009	2005	2007	2009	2005	2007	2009
8. Avoiding Drug/Alcohol Use	77	78	81	14	16	15	9	6	4
9. Social Relations	84	82	87	11	12	9	5	7	4
11. Sex and Health Issues	90	75	89	7	13	9	3	12	2

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6.2 Identify challenging personal goals and develop, evaluate and implement plans to achieve them.

Culminating Projects

- [Skyline](#)
- [Issaquah](#)
- [Liberty](#)
- [Tiger](#)

[OSPI High School and Beyond Plans](#)
[Graduation Rate and Requirements](#)
[High School IEP with Transition Plans](#)

Graduation Rates			
	2007-08	2008-09	2009-10
On Time	93.1%	95.9%	95.6%
Extended	95.4%	101.1%	98.5%

Decision Research Post-Graduate Survey Question 20—Item 6

	% Prepared			% Not Sure			% Not Prepared		
	2005	2007	2009	2005	2007	2009	2005	2007	2009
6. Seeking, Getting a Job	55	53	54	24	26	22	21	21	24

6.3 Be resilient, take informed risks, deal constructively with failure, and be flexible and adaptable to change.

[Middle School Math Pathways \(self-select\)](#)

Summer School Enrollment			
	2007-08	2008-09	2009-10
6-8 th Grade	41	41	44
9-12 th Grade	192	135	191

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Jrs. and Seniors enrolled in AP/IB , College in the High School, Running Start, and Online Courses			
Percent of Total Students Enrolled on Oct. 2010	2009-10	2010-2011	2011-2012
AP/IB/College in High School		55%	
Running Start		13.6%	
Online Courses (Number of students includes MS&HS)		83 First semester 2010-11	

Extended graduation rate—see 6.2 evidence

6.4 Understand the importance of adapting career, education and life goals to the demands of a rapidly changing world.

Decision Research Post-Graduate Survey Question 20—Item 6—See 6.2 evidence

Bridges Career Survey

- [Skyline](#)
- [Issaquah](#)
- [Liberty](#)
- [Tiger](#)

Culminating Projects Exit Interviews

- [Skyline](#)
- [Issaquah](#)
- [Liberty](#)

[College and career goals are included in the High School and Beyond plan](#)

Graduation Requirements—See 6.2 evidence

6.5 Learn and Apply principles of sound financial management in order to support self and family.

[Financial/Consumer Literacy in Social Studies](#)

[Financial/Consumer Literacy descriptors](#)

[Financial Literacy as part of the 8th grade curriculum for all students](#)

Financial Consumerism

Decision Research Post-Graduate Survey Question 20—Items 3,10

	% Prepared			% Not Sure			% Not Prepared		
	2005	2007	2009	2005	2007	2009	2005	2007	2009
3.Numerical Problems and Finances	68	67	72	13	9	10	19	24	16
10.Informed Consumerism	68	60	77	22	24	12	10	16	10

ENDS 6: Life Management Evidence

Participation in Financial Literacy Coursework			
Number of Students Enrolled	2007-08	2008-09	2009-10
DECA	478	486	464
Economics/ Accounting/Financial Lit.	326	215	245

6.6 Cooperate and collaborate within a diverse group of people in order to attain desired outcomes.

[Extracurricular/Co-curricular Club, Activities, Sports](#)

Decision Research Post-Graduate Survey Question 20—Items 7,9

	% Prepared			% Not Sure			% Not Prepared		
	2005	2007	2009	2005	2007	2009	2005	2007	2009
7. World and National problems	65	53	67	14	19	13	21	28	20
9. Social Relations	84	82	87	11	12	9	5	7	4

6.7 Establish post-high school goals that extend their K-12 learning to attainable next levels of education or training.

[High School and Beyond post-secondary training and career goals are part of each student's High School and Beyond Plan](#)

Post secondary enrollment

(Source: Decision Research Post-Graduate Survey)

Grad Year	% 4-Yr College/Univ.	% Community College	% Trade/Tech School	% Other/ Don't Know
2005	66	29	3	1
2007	69	27	3	1
2009	68	27	4	1