

## ENDS 6: Life Management

Board Acceptance March 28, 2012

Students will live healthy, satisfying, and productive lives.

Students will:

- 6.1 understand and apply principles of sound physical, mental and emotional health, nutrition, hygiene, and fitness;
- 6.2 identify challenging personal goals and develop, evaluate and implement plans to achieve them;
- 6.3 be resilient, take informed risks, deal constructively with failure, and be flexible and adaptable to change;
- 6.4 understand the importance of adapting career, education and life goals to the demands of a rapidly changing world;
- 6.5 learn and apply principles of sound financial management in order to support self and family;
- 6.6 cooperate and collaborate within a diverse group of people in order to attain desired outcomes;
- 6.7 establish post-high school goals that extend their K-12 learning to attainable next levels of education or training.

### Interpretation:

**“Students will live healthy, satisfying, and productive lives.”**

- We interpret **students** to mean all students in our K-12 educational system and students who have recently graduated.
- We interpret **live healthy lives** to mean our students will make informed and appropriate choices regarding their physical, social and emotional condition.
- We interpret **live satisfying lives** to mean our students will demonstrate self assurance about one’s ability to accomplish his/her personal grade level goals and plan for post-secondary pursuits.
- We interpret **live productive lives** to mean students will progress through their K-12 learning experience, meeting grade level appropriate behavioral, social/emotional, and academic standards and apply those skills to their goals in life.

**Reasonable progress:** We have confidence that students are meeting the targets of Ends 6 when they progress through our K-12 educational system, engage themselves in the academic and co-curricular opportunities provided, meet district and state standards and earn a diploma. These school experiences prepare students for a wide range of post-secondary opportunities (of their choosing) and empower them to make informed decisions in their daily lives.

## ENDS 6: Life Management

### 6.1 Understand and apply principles of sound physical, mental and emotional health, nutrition, hygiene, and fitness;

We interpret **6.1** to mean...students will move through the K-12 system experiencing curricular and co-curricular activities that will strengthen their understanding and application of principles of sound physical, mental and emotional health, nutrition, hygiene, and fitness.

- Healthy Youth Survey (6<sup>th</sup>, 8<sup>th</sup>, 10<sup>th</sup>, 12<sup>th</sup> grade)
- Graduation Rates and Requirements
- Elementary and Middle School Physical Education/Health and Fitness Curriculum and Requirements Aligned with State Standards
- Decision Research Post-Graduate Survey Question # 20—Items 8. Avoiding Drug/Alcohol and Abuse, 9. Social Relation, and 11. Sex and Health Issues.)

[Elementary and Middle School Physical Education/Health and Fitness Curriculum and Requirements Aligned with State Standards](#)

Graduation rates and requirements—See 6.2 Evidence

<b>Healthy Youth Survey Data</b>			
Question: "Current Illegal Drug Use:" Percent of students who have used illegal drugs in the past 30 days.			
Grade	2006	2008	2010
8	3% (90% took survey)	4% (92% took survey)	*2% (91% took survey)
10	11% (86% took survey)	15% (75% took survey)	*4% (79% took survey)
12	20% (67% took survey)	25% (57% took survey)	*6% (61% took survey)

\*2010 data does not include alcohol or tobacco

<b>Healthy Youth Survey Data</b>			
Question: "Current Cigarette Smoking:" Percent of students who report smoking cigarettes in the past 30 days.			
Grade	2006	2008	2010
6	0% (97% took survey)	1% (94% took survey)	0% (92% took Survey)
8	2% (90% took survey)	2% (92% took survey)	4% (91% took survey)
10	7% (86% took survey)	9% (75% took survey)	6% (79% took survey)
12	13% (67% took survey)	16% (57% took survey)	13% (61% took survey)

## ENDS 6: Life Management Evidence 6.1 cont.

### Healthy Youth Survey Data

Question: "Current Alcohol Use:" Percent of students who report having drunk a glass, can, or bottle of alcohol in the past 30 days.

Grade	2006	2008	2010
6	2% (97% took survey)	2% (94% took survey)	1% (92% took Survey)
8	6% (90% took survey)	10% (92% took survey)	8%(91% took survey)
10	25% (86% took survey)	24% (75% took survey)	27% (79% took survey)
12	43% (67% took survey)	45% (57% took survey)	43% (61% took survey)

### Healthy Youth Survey Data

Question: "Bullying:" Percent of students who report being bullied in the past 30 days.

Grade	2006	2008	2010
6	25% (97% took survey)	27% (94% took survey)	26% (92% took Survey)
8	23% (90% took survey)	27% (92% took survey)	30% (91% took survey)
10	24% (86% took survey)	25% (75% took survey)	25% (79% took survey)
12	15% (67% took survey)	16% (57% took survey)	16% (61% took survey)

### Healthy Youth Survey Data

Question: "Feeling Safe at School:" Percent of students who agree that they feel safe at school.

Grade	2006	2008	2010
6	95% (97% took survey)	94% (94% took survey)	93% (92% took Survey)
8	91% (90% took survey)	91% (92% took survey)	91%( 91% took survey)
10	91% (86% took survey)	88% (75% took survey)	92% (79% took survey)
12	93% (67% took survey)	92% (57% took survey)	92% (61% took survey)

## ENDS 6: Life Management Evidence 6.1 cont.

### Healthy Youth Survey Data

Question: "Depression:" Percent of students who report being severely depressed in the past year.

Grade	2006	2008	2010
8	16% (90% took survey)	16% (92% took survey)	19% (91% took survey)
10	21% (86% took survey)	23% (75% took survey)	23% (79% took survey)
12	21% (67% took survey)	24% (57% took survey)	22% (61% took survey)

### Healthy Youth Survey Data

Question: "Opportunities for Involvement:" Percent of students who agree that they have lots of chances for involvement in school activities.

Grade	2006	2008	*2010
8	95% (90% took survey)	94% (92% took survey)	95% (91% took survey)
10	94% (86% took survey)	95% (75% took survey)	96% (79% took survey)
12	94% (67% took survey)	96% (57% took survey)	95% (61% took survey)

\*State summary report on this question changed calculation method in 2010 to only include (YES!) answers and not (yes) combined. Our 2010 data still combines the (YES!) and (yes) as has been done in previous years.

### Healthy Youth Survey Data

Question: "60 Minutes of Physical Activity per Day:" Percent of students who report being physically active 60 minutes per day. \* New Question

Grade	2006	*2008	2010
6		27% (94% took survey)	32% (92% took Survey)
8		18% (92% took survey)	26% (91% took survey)
10		18% (75% took survey)	16% (79% took survey)
12		14% (57% took survey)	18% (61% took survey)

## ENDS 6: Life Management Evidence 6.1 cont.

Decision Research Post-Graduate Survey Question 20—Items 8,9,11

Upon graduation, how prepared did you feel in each of the following areas, *regardless of where* you acquired the knowledge and skills?

	% Prepared			% Not Sure			% Not Prepared		
	2005	2007	2009	2005	2007	2009	2005	2007	2009
8. Avoiding Drug/Alcohol Use	77	78	81	14	16	15	9	6	4
9. Social Relations	84	82	87	11	12	9	5	7	4
11. Sex and Health Issues	90	75	89	7	13	9	3	12	2

### 6.2 Identify challenging personal goals and develop, evaluate and implement plans to achieve them;

We interpret **6.2** to mean students will be able to articulate their personal goal(s) and plan for implementation.

- Senior Culminating Project
- High School and Beyond Plan—College and career goals are included in the High School and Beyond Plan.
- Graduation Rates (table) and Requirements (Policy 2410)
- High School IEP with Transition Plans
- Decision Research Post-Graduate Survey Question # 20—Item 6. Seeking and Getting a Job

#### Culminating Projects

- [Skyline](#)
- [Issaquah](#)
- [Liberty](#)
- [Tiger](#)

#### Other Links

- [OSPI High School and Beyond Plans](#)
- [Graduation Rate and Requirements](#)
- [High School IEP with Transition Plans](#)

Graduation Rates			
	2008-09	2009-10	2010-11
*Actual Cohort On Time	95.9%	*92.3%	*89.8%
*Actual Cohort Extended	101.1%	*95.8%	*95.6%

*\*The state changed the calculation of graduation rate starting in the year 2010 therefore making 2010 our base year*

## ENDS 6: Life Management Evidence 6.2 cont.

Decision Research Post-Graduate Survey Question 20—Item 6

	% Prepared			% Not Sure			% Not Prepared		
	2005	2007	2009	2005	2007	2009	2005	2007	2009
6. Seeking, Getting a Job	55	53	54	24	26	22	21	21	24

### 6.3 Be resilient, take informed risks, deal constructively with failure, and be flexible and adaptable to change;

We interpret **6.3** to mean students will persist in their education pursuits by adjusting to changing circumstances and challenges throughout their K-12 experience.

- Secondary Summer school enrollment/Students taking classes for grade improvement
- Middle School Math Pathways (self select)
- Middle School Science Pathways (self select)
- Juniors and Seniors enrolled in AP, IB, College in the High School enrollments, Running Start, online learning courses
- Extended Grad rates

[Middle School Math Pathways \(self-select\)](#)

[Middle School Science Pathways \(self-select\)](#)

Summer School Enrollment			
	2008-09	2009-10	2010-11
6-8 <sup>th</sup> Grade	41	44	36
9-12 <sup>th</sup> Grade	135	191	182

Enrollment in AP/IB , College in the High School, Running Start, and Online Courses			
Total Students Enrolled (October Count)	2009-10	2010-2011	2011-2012
AP/IB/College in High School (Junior and Seniors)		1216 (55%)	1,374 (58.3%)
Running Start (Juniors/Seniors)		301 (13.6%)	289 (12.3%)
Online Courses (Number of students includes MS&HS)		83 (.6%) First semester	131(1.4%) First semester

Extended graduation rate—see 6.2 Evidence

## ENDS 6: Life Management

### **6.4 Understand the importance of adapting career, education and life goals to the demands of a rapidly changing world;**

We interpret **6.4** to mean students will be able to plan and adapt their career and life goals with an understanding that a rapidly changing world will require flexibility.

- Bridges (Career Survey)
- Graduation Requirements
- Decision Research Post-Graduate Survey Question # 20—Item 6
- Culminating Projects Exit Interviews
- College and career goals are included in the High School and Beyond Plan

Decision Research Post-Graduate Survey Question 20—Item 6—See 6.2 Evidence

Bridges Career Survey

- [Skyline](#)
- [Issaquah](#)
- [Liberty](#)
- [Tiger](#)

Culminating Projects Exit Interviews

- [Skyline](#)
- [Issaquah](#)
- [Liberty](#)

[College and career goals are included in the High School and Beyond plan](#)

Graduation Requirements—See 6.2 Evidence

### **6.5 Learn and apply principles of sound financial management in order to support self and family;**

We interpret **6.5** to mean students will know and apply effective and accurate strategies for personal and/or family financial stability.

- Co-curricular Activities (DECA) and students enrolled in financial/economics/accounting
- Consumer/Financial Literacy in Social Studies
- Financial Consumerism—Decision Research Post-Graduate Survey Question # 20—Items 3, 10
- Financial literacy as part of the 8<sup>th</sup> grade curriculum for all students

[Financial/Consumer Literacy in Social Studies](#)

[Financial/Consumer Literacy descriptors](#)

[Financial Literacy as part of the 8<sup>th</sup> grade curriculum for all students](#)

## ENDS 6: Life Management Evidence 6.5 cont.

### Financial Consumerism

#### Decision Research Post-Graduate Survey Question 20—Items 3,10

	% Prepared			% Not Sure			% Not Prepared		
	2005	2007	2009	2005	2007	2009	2005	2007	2009
3.Numerical Problems and Finances	68	67	72	13	9	10	19	24	16
10.Informed Consumerism	68	60	77	22	24	12	10	16	10

Participation in Financial Literacy Coursework			
Number of Students Enrolled	2009-10	2010-11	2011-12
DECA	464	457	387
Finance Related Courses	34	184	222

### 6.6 Cooperate and collaborate within a diverse group of people in order to attain desired outcomes;

We interpret **6.6** to mean students will acquire and apply the skills of collaboration and teamwork to achieve goals.

- Embedded in instructional strategies, curriculum, and classroom environment such as Everyday Math, GLAD, STAR Protocol-PTL, NBCT, etc.
- Decision Research Post-Graduate Survey Question # 20—Items 7, 9
- Link Crew Program at all High Schools
- Extracurricular/Co-curricular Club, Activities, Sports (See E-5 evidence)

#### [Extracurricular/Co-curricular Club, Activities, Sports](#)

#### Decision Research Post-Graduate Survey Question 20—Items 7,9

	% Prepared			% Not Sure			% Not Prepared		
	2005	2007	2009	2005	2007	2009	2005	2007	2009
7. World and National problems	65	53	67	14	19	13	21	28	20
9. Social Relations	84	82	87	11	12	9	5	7	4



## ENDS 6: Life Management

### 6.7 Establish post-high school goals that extend their K-12 learning to attainable next levels of education or training;

We interpret **6.7** to mean students will be able to articulate and apply their future educational goals.

- High School and Beyond post-secondary training and career goals are part of each student's High School and Beyond Plan
- Clearinghouse Data: Breakdown of where grads go after H.S.
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[High School and Beyond post-secondary training and career goals are part of each student's High School and Beyond Plan](#)

Post secondary enrollment

(Source: Decision Research Post-Graduate Survey)

Grad Year	% 4-Yr College/Univ.	% Community College	% Trade/Tech School	% Other/ Don't Know
2005	66	29	3	1
2007	69	27	3	1
2009	68	27	4	1

### Capacity Building:

- Reasons non-grads don't graduate broken down into specific areas
- Look at Habits of Mind/Thinking/Attitudes Inventory for the future
- Running Start: Ask question as to "Why" they choose it?
- Ends Student Survey: (**Senior Survey to be administered late spring 2012**)