

ENDS 6: Life Management

Board Acceptance: April 23, 2014

Students will live healthy, satisfying, and productive lives.

Interpretation:

- We interpret **students** to mean all students in our K-12 educational system and students who have recently graduated.
- We interpret **live healthy lives** to mean our students will make informed and appropriate choices regarding their physical, social and emotional condition.
- We interpret **live satisfying lives** to mean our students will demonstrate self-assurance about one's ability to accomplish his/her personal grade level goals and plan for post-secondary pursuits.
- We interpret **live productive lives** to mean students will progress through their K-12 learning experience, meeting grade level appropriate behavioral, social/emotional, and academic standards and apply those skills to their goals in life.

Reasonable progress: We have confidence that students are meeting the targets of Ends 6 when they progress through our K-12 educational system, engage themselves in the academic and co-curricular opportunities provided, and apply their acquired knowledge to make informed and healthy life choices. The monitoring report will also demonstrate that students' academic experiences prepare them for a wide range of post-secondary opportunities (of their choosing) and empower them to make informed decisions regarding their goals in life.

Students will:

6.1 Understand and apply principles of sound physical, mental and emotional health, nutrition, hygiene, and fitness;

We interpret 6.1 to mean students will move through the K-12 system experiencing curricular and co-curricular activities that will strengthen their understanding and application of principles of sound physical, mental and emotional health, nutrition, hygiene, and fitness.

Evidence:

- Healthy Youth Survey (6th, 8th, 10th, 12th grade)
- Graduation Rates and Requirements
- Elementary and Middle School Physical Education/Health and Fitness Curriculum and Requirements Aligned with State Standards

- Decision Research Post-Graduate Survey Question # 20—Items 8. Avoiding Drug/Alcohol and Abuse, 9. Social Relation, and 11. Sex and Health Issues.)

[Elementary and Middle School Physical Education/Health and Fitness Curriculum and Requirements Aligned with State Standards](#)

Graduation rates and requirements—See 6.2 evidence

Healthy Youth Survey Data				
Question: “Current Illegal Drug Use:” Percent of students who have used illegal drugs in the past 30 days.				
Grade	2006	2008	2010	2012
8	3% (90% took survey)	4% (92% took survey)	2% (91% took survey)*	2% (90% took survey)
10	11% (86% took survey)	15% (75% took survey)	4% (79% took survey)*	5% (76% took survey)
12	20% (67% took survey)	25% (57% took survey)	6% (61% took survey)*	IHS 6% (65% took survey) LHS 6% (54% took survey)

*Starting with the year 2010, data does not include alcohol or tobacco

Healthy Youth Survey Data				
Question: “Current Cigarette Smoking:” Percent of students who report smoking cigarettes in the past 30 days.				
Grade	2006	2008	2010	2012
6	0% (97% took survey)	1% (94% took survey)	0% (92% took Survey)	0% (91% took Survey)
8	2% (90% took survey)	2% (92% took survey)	4% (91% took survey)	3% (90% took survey)
10	7% (86% took survey)	9% (75% took survey)	6% (79% took survey)	6% (76% took survey)
12	13% (67% took survey)	16% (57% took survey)	13% (61% took survey)	IHS 6% (65% took survey) LHS 9% (54% took survey)

Healthy Youth Survey Data				
Question: "Current Alcohol Use:" Percent of students who report having drunk a glass, can, or bottle of alcohol in the past 30 days.				
Grade	2006	2008	2010	2012
6	2% (97% took survey)	2% (94% took survey)	1% (92% took Survey)	1% (91% took Survey)
8	6% (90% took survey)	10% (92% took survey)	8%(91% took survey)	6% (90% took survey)
10	25% (86% took survey)	24% (75% took survey)	27% (79% took survey)	21% (76% took survey)
12	43% (67% took survey)	45% (57% took survey)	43% (61% took survey)	IHS 43% (65% took survey) LHS 45% (54% took survey)

Healthy Youth Survey Data				
Question: "Bullying:" Percent of students who report being bullied in the past 30 days.				
Grade	2006	2008	2010	2012
6	25% (97% took survey)	27% (94% took survey)	26% (92% took Survey)	25% (91% took Survey)
8	23% (90% took survey)	27% (92% took survey)	30% (91% took survey)	28% (90% took survey)
10	24% (86% took survey)	25% (75% took survey)	25% (79% took survey)	26% (76% took survey)
12	15% (67% took survey)	16% (57% took survey)	16% (61% took survey)	IHS 16% (65% took survey) LHS 14% (54% took survey)

Healthy Youth Survey Data				
Question: "Feeling Safe at School:" Percent of students who agree that they feel safe at school.				
Grade	2006	2008	2010	2012
6	95% (97% took survey)	94% (94% took survey)	93% (92% took Survey)	93% (91% took Survey)
8	91% (90% took survey)	91% (92% took survey)	91% (91% took survey)	89% (90% took survey)
10	91% (86% took survey)	88% (75% took survey)	92% (79% took survey)	89% (76% took survey)
12	93% (67% took survey)	92% (57% took survey)	92% (61% took survey)	IHS 93% (65% took survey) LHS 91% (54% took survey)

Healthy Youth Survey Data				
Question: "Depression:" Percent of students who report being severely depressed in the past year.				
Grade	2006	2008	2010	2012
8	16% (90% took survey)	16% (92% took survey)	19% (91% took survey)	17% (90% took survey)
10	21% (86% took survey)	23% (75% took survey)	23% (79% took survey)	29% (76% took survey)
12	21% (67% took survey)	24% (57% took survey)	22% (61% took survey)	IHS 26% (65% took survey) LHS 31% (54% took survey)

Healthy Youth Survey Data				
Question: "Opportunities for Involvement:" Percent of students who agree that they have lots of chances for involvement in school activities.				
Grade	2006	2008	*2010	2012
8	95% (90% took survey)	94% (92% took survey)	95% (91% took survey)	93% (90% took survey)
10	94% (86% took survey)	95% (75% took survey)	96% (79% took survey)	96% (76% took survey)
12	94% (67% took survey)	96% (57% took survey)	95% (61% took survey)	IHS 97% (65% took survey) LHS 94% (54% took survey)

*State summary report on this question changed calculation method in 2010 to only include (YES!) answers and not (yes) combined. Our 2010 data still combines the (YES!) and (yes) as has been done in previous years.

Healthy Youth Survey Data				
Question: "60 Minutes of Physical Activity per Day:" Percent of students who report being physically active 60 minutes per day. * New Question				
Grade	2006	*2008	2010	2012
6		27% (94% took survey)	32% (92% took Survey)	32% (91% took Survey)
8		18% (92% took survey)	26% (91% took survey)	30% (90% took survey)
10		18% (75% took survey)	16% (79% took survey)	20% (76% took survey)
12		14% (57% took survey)	18% (61% took survey)	IHS 21% (65% took survey) LHS 13 % (54% took survey)

Decision Research Post-Graduate Survey Question 20—Items 8,9,11

Upon graduation, how prepared did you feel in each of the following areas, ***regardless of where*** you acquired the knowledge and skills?

	% Prepared				% Not Sure				% Not Prepared		
	2009	2011	2013		2009	2011	2013		2009	2011	2013
8. Avoiding Drug/Alcohol Use	81	82	75		15	12	17		4	7	9
9. Social Relations	87	86	82		9	8	14		4	7	4
11. Sex and Health Issues	89	89	84		9	6	12		2	5	4

Percentages are rounded

6.2 Identify challenging personal goals and develop, evaluate and implement plans to achieve them;

We interpret 6.2 to mean students will be able to articulate their personal goal(s) and plan for implementation.

Evidence:

- Senior Culminating Project
- High School and Beyond Plan—College and career goals are included in the High School and Beyond Plan.
- Graduation Rates (table) and Requirements (Policy 2410)
- High School IEP with Transition Plans
- Decision Research Post-Graduate Survey Question # 20—Item 6. Seeking and Getting a Job

Senior Culminating Projects

- [Skyline](#)
- [Issaquah](#)
- [Liberty](#)
- [Tiger](#)

Other Links

- [OSPI High School and Beyond Plans](#)
- [Graduation Requirements](#)
- [Postsecondary Transition Planning - Students with IEPs](#)
- [2011-12 Post-School Outcomes for Students with IEPs](#)
- [Three Year Overview Post-School Outcomes for Students with IEPs](#)

Graduation Rates				
	Class of 2009	Class of 2010	Class of 2011	Class of 2012
*% On-time Adjusted 4 yr Cohort	95.9%	*92.7%	*91.1%	91.8%
*% Extended Adjusted 5 yr Cohort	101.1%	*95.8%	*93.3%	%

**The state changed the calculation of graduation rate starting in the year 2010 therefore making 2010 our base year*

Decision Research Post-Graduate Survey Question 20—Item 6

Upon graduation how prepared were you in seeking and getting a job.

	% Prepared				% Not Sure				% Not Prepared			
	2009	2011	2013		2009	2011	2013		2009	2011	2013	
6. Seeking, Getting a Job	54	53	43		22	27	34		24	20	23	

6.3 Be resilient, take informed risks, deal constructively with failure, and be flexible and adaptable to change;

We interpret 6.3 to mean students will persist in their education pursuits by adjusting to changing circumstances and challenges throughout their K-12 experience.

Evidence:

- Secondary Summer school enrollment/Students taking classes for grade improvement
- Juniors and Seniors enrolled in AP, IB, College in the High School enrollments, Running Start, online learning courses
- Extended Grad rates- see 6.2 evidence

Question 8

Source: Senior Exit Survey

In general, I felt safe in high school, particularly in classrooms so that I could risk being wrong and not be ridiculed or marginalized during my high school years

Strongly Agree/Agree	Issaquah High	Liberty	Skyline	Tiger Mountain
2012 Baseline	87% 323 responses	84% 220 responses	84% 425 responses	93% 15 responses
2013	89% 427 responses	86% 246 responses	85% 467 responses	91% 11 responses

Question 9

Source: Senior Exit Survey

In those instances where I experienced a lack of success, I felt I was able to learn from the failure and adequately recover and eventually be successful.

Strongly Agree/Agree	Issaquah High	Liberty	Skyline	Tiger Mountain
2012 Baseline	87% 321 responses	77% 219 responses	82% 425 responses	80% 15 responses
2013	86% 425 responses	86% 246 responses	86% 465 responses	91% 11 responses

- High School *Learning Recommendations* have replaced *Pre-requisites* in [ISD Curriculum Standards](#)
[Liberty High School Course Guide](#)
[Middle School Advanced Language Arts \(self-select\)](#)
[Middle School Math Pathways \(self-select\)](#)
[Middle School Science Pathways \(self-select\)](#)

Summer School Enrollment					
	2009	2010	2011	2012	2013
Middle School Program	41	44	36	42	32
High School Program	135	191	182	216	301
Online				276	216

2012-2013 Score Card Information

Percentage of 11th and 12th grade student enrolled in AP, IB and/or College in the High School courses
 This chart reflects the number of individual students who take an AP or IB course. Students are not double counted.

School	Student in AP/IB/CHS	Total Student Count	% Enrolled
Issaquah High	427	931	45.9%
Liberty High	367	528	69.5%
Skyline High	635	929	68.4%
Total	1429	2388	59.8%

2012-13 Enrollment in Running Start

School	Students in Running Start 2013
Issaquah High	148
Liberty High	53
Skyline High	132
Total	333

2012-2013 Score Card Information – Online Courses

Percentage of 7th through 12th grade students enrolled in OSPI/DLD online courses as of October 1, 2012

School	Students in online course	Total Student Count	% Enrolled
Beaver Lake MS	0	581	0.00%
Issaquah MS	0	508	0.00%
Maywood MS	6	601	1.00%
Pacific Cascade MS	0	519	0.00%
Pine Lake MS	1	580	0.17%
Issaquah High	30	1961	1.53%
Liberty High	52	1223	4.25%
Skyline High	85	1940	4.38%
Tiger Mt	5	99	5.05%
Total	179	8012	2.23%

6.4 Understand the importance of adapting career, education and life goals to the demands of a rapidly changing world;

We interpret 6.4 to mean students will be able to plan and adapt their career and life goals with an understanding that a rapidly changing world will require flexibility.

Evidence:

- Bridges Career Surveys
 - Interest Assessment
 - Skills and Abilities Assessment
- Graduation Requirements
- Decision Research Post-Graduate Survey Question # 20—Item 6
- Culminating Projects Exit Interviews
- College and career goals are included in the High School and Beyond Plan

Decision Research Post-Graduate Survey Question 20—Item 6

Upon graduation how prepared were you in seeking and getting a job.

	% Prepared				% Not Sure				% Not Prepared			
	2009	2011	2013		2009	2011	2013		2009	2011	2013	
6. Seeking, Getting a Job	54	53	43		22	27	34		24	20	23	

Culminating Projects Exit Interviews

- [Skyline](#)
- [Issaquah](#)
- [Liberty](#)

Other Links:

- [Tech Prep on the ISD Website](#)
- [College and career goals are included in the High School and Beyond plan](#)

Graduation Requirements - Senior Culminating Projects:

- [Skyline](#)
- [Issaquah](#)
- [Liberty](#)
- [Tiger](#)

Other Links

- [OSPI High School and Beyond Plans](#)
- [Graduation Requirements](#)

6.5 Learn and apply principles of sound financial management in order to support self and family;

We interpret 6.5 to mean students will know and apply effective and accurate strategies for personal and/or family financial stability.

Evidence:

- Co-curricular Activities (DECA) and students enrolled in financial/economics/accounting
- Consumer/Financial Literacy in Social Studies
- Financial Consumerism—Decision Research Post-Graduate Survey Question # 20—Items 3, 10
- Financial literacy as part of the 8th grade curriculum for all students

[Financial/Consumer Literacy in Social Studies](#)

[Financial/Consumer Literacy descriptors](#)

[Financial Literacy as part of the 8th grade curriculum for all students](#)

Financial Consumerism

Decision Research Post-Graduate Survey Question 20

Item 3: *Upon graduation how prepared were you in working numerical problems/finances.*

Item 10: *Upon graduation how prepared were you in informed consumerism*

	% Prepared			% Not Sure			% Not Prepared		
	2009	2011	2013	2009	2011	2013	2009	2011	2013
3.Numerical Problems and Finances	72	68	67	10	14	19	16	17	14
10.Informed Consumerism	77	72	70	12	16	21	10	12	10

Participation in Financial Literacy Coursework				
Number of Students Enrolled	2009-10	2010-11	2011-12	2012-13
DECA	464	457	387	449
Finance Related Courses	34	184	222	432

6.6 Cooperate and collaborate within a diverse group of people in order to attain desired outcomes;

We interpret 6.6 to mean students will acquire and apply the skills of collaboration and teamwork to achieve goals.

Evidence:

Embedded in instructional strategies, Danielson Instructional Framework, curriculum, and classroom environment such as:

- Everyday Math curriculum
- Guided Language Acquisition Design (GLAD) instructional model
- See Talk Apply Reflect (STAR) Protocol, a research instrument to measure Powerful Teaching and Learning (PTL)
- National Board Certification Teacher program (NBCT), etc.
- Link Crew Program at all High Schools. Link Crew participating students help support incoming freshman.
- Extracurricular/Co-curricular Club, Activities, Sports
- Decision Research Post-Graduate Survey Question # 20—Items 7, 9

Extra- and Co-Curricular Opportunities and Participation-Clubs/Activities

CLUBS/ACTIVITIES: Extra and Co-curricular Student Participation Rates (numbers of students) and number of clubs/activities. Students participating in multiple clubs/activities are counted more than once.

School Year	2010-11 rate	2010-11 #clubs/activities	2011-12 rate	2011-12 #clubs/activities	2012-13 rate	2012-13 #clubs/activities
Elem	6,440	129	5,470	132	5,625	136
Middle	5,087	117	2,696*	72*	2,943	83
High	3,968	123	4,371	134	4,353	113
Total	15,495	363	12,537	336	12,921	332

*Previous reports included athletic s at the Middle School Level. 2012 data does not include sports in clubs/activities.

Decision Research Post-Graduate Survey Question 20

Item 7: *Upon graduation how prepared were you: Understanding National/World problems?*

Item 8: *Upon graduation, how prepared were you in: Social Relations?*

	% Prepared				% Not Sure				% Not Prepared			
	2009	2011	2013		2009	2011	2013		2009	2011	2013	
7. World and National problems	67	64	72		13	19	9		20	16	19	
9. Social Relations	87	86	82		9	8	14		4	7	4 or less	

6.7 Establish post-high school goals that extend their K-12 learning to attainable next levels of education or training;

We interpret 6.7 to mean students will be able to articulate and apply their future educational goals.

Evidence:

- High School and Beyond post-secondary training and career goals are part of each student’s High School and Beyond Plan
- Clearinghouse Data: [Breakdown of where graduates go after high school.](#)

[High School and Beyond post-secondary training and career goals are part of each student’s High School and Beyond Plan](#)

Post secondary enrollment of the students who took the survey

Source: Decision Research Survey

Graduation Year	% 4-Yr College/Univ.	% Community College	% Trade/Tech School	% Other/ Don't Know
2007 N=324	69	27	3	1
2009 N=332	68	27	4	1
2011* N=333	68	28	3	1

*Of the 81% of the students who reported being in school full or part time, this chart represents a percentage of the type of school attended.

Capacity Building:

- Look at Habits of Mind/Thinking/Attitudes Inventory for the future
- Running Start: Ask question as to “Why” they choose it

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