



Kindergarten Readiness

Children grow and develop in different ways and at different speeds. Your child may have more or less skill in the outlined areas. Use this document as a guide to create opportunities for students to learn and grow!



Speaks clearly so others can understand their words

Takes turns in a conversation

Follows multi-step directions



Is curious about new things or ideas

Generates ideas to solve a problem

Sorts objects by different features

Remembers and retells a family experience



Plays well with other children

Shares with others and is able to take turns

Lets an adult know if they need help

Uses words to solve differences with peers



Holds and uses a pencil with a proper grip

Can walk, run and jump



Goes to the bathroom without help

Washes hands after going to the bathroom

Puts on his or her own coat and shoes



Knows letters and numbers are different

Names many letters of the alphabet

Makes many of the letter sounds

Produces rhyming words

Enjoys books and being read to

Holds a book properly

Writes most of the letters in their name

Understands letters can be made into words

Knows that words are a way that we can communicate with others



Counts the number of items in a group

Counts out loud, in order, to 10 or more

Uses words like "all" and "some" to describe an amount of items

How can I help my child prepare for Kindergarten?

Get to Know Your School

Take your child to welcome events at your school or to play on the playground.

Walk to the bus stop before the first day so your child gets familiar with the routine.

Attend the Family Connections meeting that the Kindergarten teacher will schedule with you prior to school starting.

Be Ready for the School Day

Help your child have a good day by keeping a regular schedule. Ensure they are getting enough sleep (9-12 hours) and start their day with a nutritious breakfast.

Stay connected to your child's classroom including checking your child's backpack after school for notes and homework.

Support your child to **independently** complete self-care tasks (putting on and zipping coat, opening food containers, using the bathroom and washing hands)

Set Expectations

Be a good role model by showing your child a positive attitude about school and learning.

Talk with your child about going to Kindergarten and answer any questions that may arise and address any concerns.

Talk with your child about making new friends and meeting people who are different from them.

Talk with your child about how you expect them to behave at school and the importance of respecting teachers, staff, and other students.

Help your child to think of solutions if they have a problem and talk about what they could do in a situation that comes up unexpectedly.

Practice Skills at Home

Read to your child every day whether in English or your home language.

Engage your child in math activities including counting and sorting.

Teach your child their full name, and practice writing their first name.

Use everyday situations to practice taking turns, sharing, and following routines.

Get plenty of exercise and spend time outdoors every day.

Teach and model good hygiene-washing hands after using the restroom, brushing teeth and coughing or sneezing into his/her elbow.

Help your child learn skills to calm themselves (like taking deep breaths or counting to 10) if they are upset. Help them learn to use words to solve problems with others.

Engage in extended conversations with your child. (Ask questions about what they are playing with, what they noticed, etc.)