

When to Keep Your Child Home from School

Communicable Disease Guidelines



Use this checklist to determine whether to keep your child home from school

Fever: Does your child have a fever over 100 degrees F. orally? Yes____ No____
Temperature should remain normal (98.6 degrees) for 72 hours without any fever reducing medication before returning to school

Sore throat: Is it accompanied by fever, headache, stomachache or swollen glands? Yes____ No____

Vomiting: Has your child vomited two or more times in a 24 hour period? Yes____ No____

Diarrhea: Has there been more than one occurrence in a 24 hour period? Yes____ No____

Eyes: Are your child's eyes crusty, bright red and/or discharging yellow or green fluid? Yes____ No____

Nasal discharge (yellow or greenish): Is there colorful nasal mucus that is accompanied by a fever or other symptoms of an upper respiratory infection? Yes____ No____

Cough: Does your child have a persistent, productive cough? Yes____ No____

Appearance/Behavior: Is your child unusually tired, pale, have a lack of appetite, difficult to awaken, or confused? Yes____ No____

Rash: Does your child have a body rash not associated with heat, eczema, or an allergic reaction to a medication? Yes____ No____

If you answered **yes** to any of these questions, please keep your child home from school and consider seeking medical attention.

Head lice- Please contact the school nurse if any indication of head lice

Remember to keep the school updated with new phone numbers and emergency contacts in case your student becomes ill at school. Any questions please call your school nurse.

The most important thing you can do to prevent illness is for you and your child to wash your hands often with warm water and soap.