When to Keep Your Child Home from School

*Communicable Disease Guidelines*

Use this checklist to determine whether to keep your child home from school

**Fever:** Does your child have a fever over 100 degrees F. orally?  
Temperature should remain normal (98.6 degrees) for 24 hours without any fever reducing medication before returning to school  
Yes____  No_____

**Sore throat:** Is it accompanied by fever, headache, stomachache or swollen glands?  
Yes____  No_____

**Vomiting:** Has your child vomited two or more times in a 24 hour period?  
Yes____  No_____

**Diarrhea:** Has there been more than one occurrence in a 24 hour period?  
Yes____  No_____

**Eyes:** Are your child’s eyes crusty, bright red and/or discharging yellow or green fluid?  
Yes ____  No ____

**Nasal discharge (yellow or greenish):** Is there colorful nasal mucus that is accompanied by a fever or other symptoms of an upper respiratory infection?  
Yes ____  No ____

**Cough:** Does your child have a persistent, productive cough?  
Yes ____  No ____

**Appearance/Behavior:** Is your child unusually tired, pale, have a lack of appetite, difficult to awaken, or confused?  
Yes ____  No ____

**Rash:** Does your child have a body rash not associated with heat, eczema, or an allergic reaction to a medication?  
Yes ____  No ____

If you answered yes to any of these questions, please keep your child home from school and consider seeking medical attention.

Head lice- Please contact the school nurse if any indication of head lice

Remember to keep the school updated with new phone numbers and emergency contacts in case your student becomes ill at school. Any questions please call your school nurse.

The most important thing you can do to prevent illness is for you and your child to wash your hands often with warm water and soap.