Kindergarten

Clean and Healthy by Louise Spilsbury
Miss Fox’s Class Shapes Up by Eileen Spinelli
My Five Senses by Aliki
My Healthy Body by Bobbie Kalman
People Who Help Us by Rebecca Rissman.
We All have Different Families by Melissa Higgins
Your Body Belongs to You by Cornelia Spelman

First Grade

I Have a Cold by Gilliam Gosman
Look Inside Your Heart and Lungs by Ben Williams
Nut Free Zone by Emily Lee and Kristi Eisele
Wilma Jean the Worry Machine by Julia Cook
Staying Healthy by A.R. Schaefer
Making Friends is an Art by Julia Cook
The Way I Feel by Janie Canne
Making Choices by Victoria Parker

Second Grade

Good Enough to Eat by Lizzy Rockwell
Germs Make Me Sick by Melvin Berger
The Magic School Bus Has a Heart by Anne Capeci
Taking Diabetes to School by Kim Gosselin
Be Careful and Stay Safe by Cheri J Meiners
Franklin Goes to the Hospital by Paulette Bourgeois
Be Honest and Tell the Truth by Cheri J Meiners
How to Take the Grrrr Out of Anger (Laugh and Learn) by Elizabeth Verdick
No Trespassing –This is My Body by Patti Fitzgerald

Third Grade

The Monster Health Book: Guide to Eating Healthy, Being Active and Feeling Great for Monsters and Kids! By Edward Miller
Angry Octopus: An Anger Management Story by Lori Lite
The Magic School Bus Inside the Human Body by Joanna Cole
Food Allergies and Me by Juniper Skinner
The Juice Box Bully: Empowering Kids to Stand Up by Bob Sornson and Maria Dismondy
Teamwork Isn’t My Thing and I Don’t Like to Share by Julia Cooks

Fourth Grade

Diet by Angela Royston
Healthy Habits, Healthy You by Lisa E. Greathouse
The Human Body by Melanie Waldron
Achoo: The Most Interesting Book You’ll Ever Read about Germs by Trudee Romanek
Health and Wellness by Eve Hartman
Emergency! Be Prepared! By Lisa Greathouse
Past Tense: Healthy Ways to Manage Stress by John Burnstein
What Can We Do About Toxins in the Environment? By David Jakubiak

Fifth Grade

Make Good Choices: Your Guide to Making Healthy Decisions by Heather E. Schwartz
Preparing for Disasters by Bobbie Kalman and Kelley MacAulay
Stress Less: Your Guide to Managing Stress by Heather E. Schwartz