

# **Pacific Cascade Middle School (Issaquah School District)**

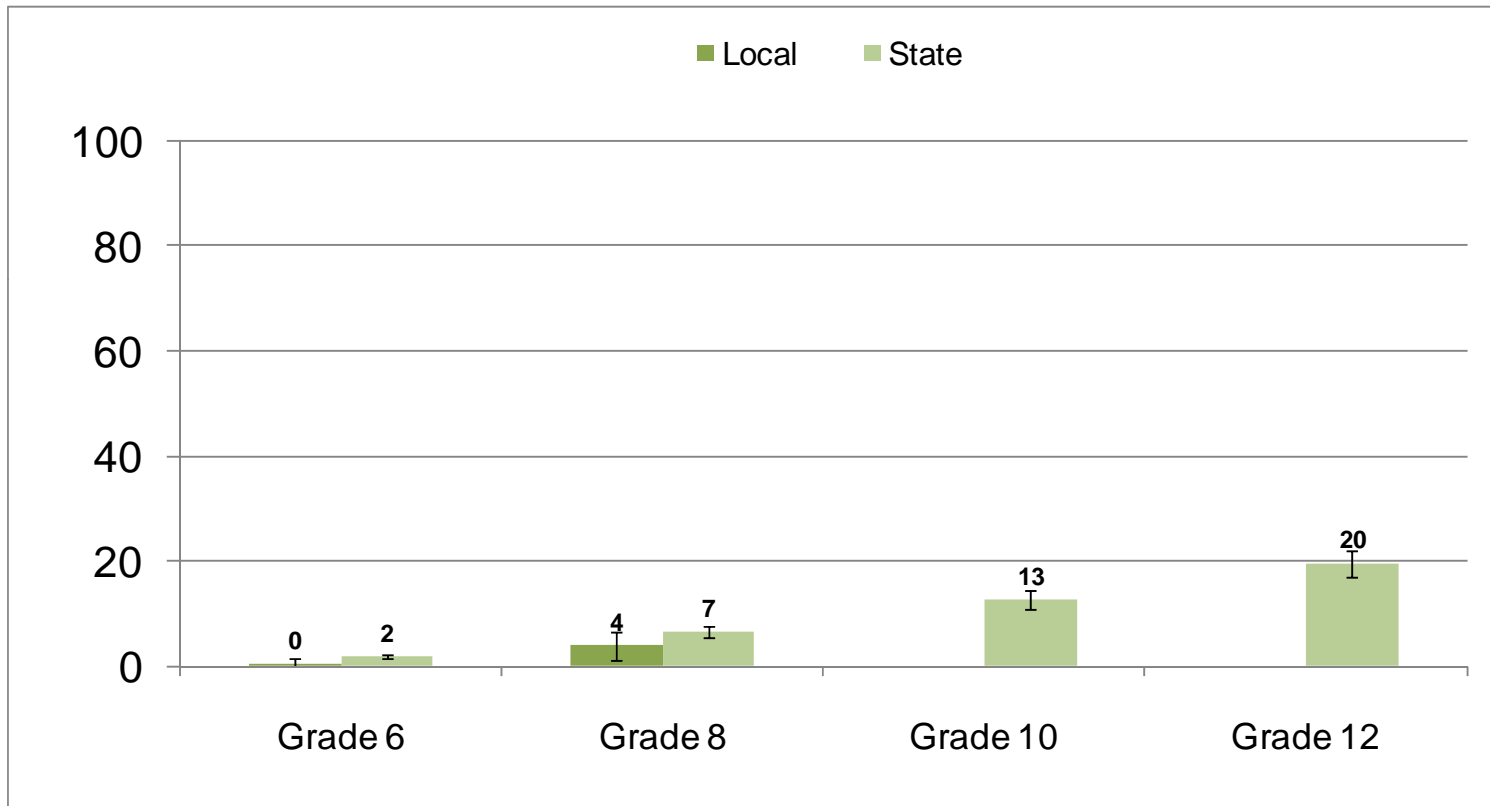
Highlights from the Healthy Youth Survey  
(March 18, 2011)

# Student Participation

- 215 Grade 6 students
- 185 Grade 8 students
- Not reported: Grade 10 students
- Not reported: Grade 12 students

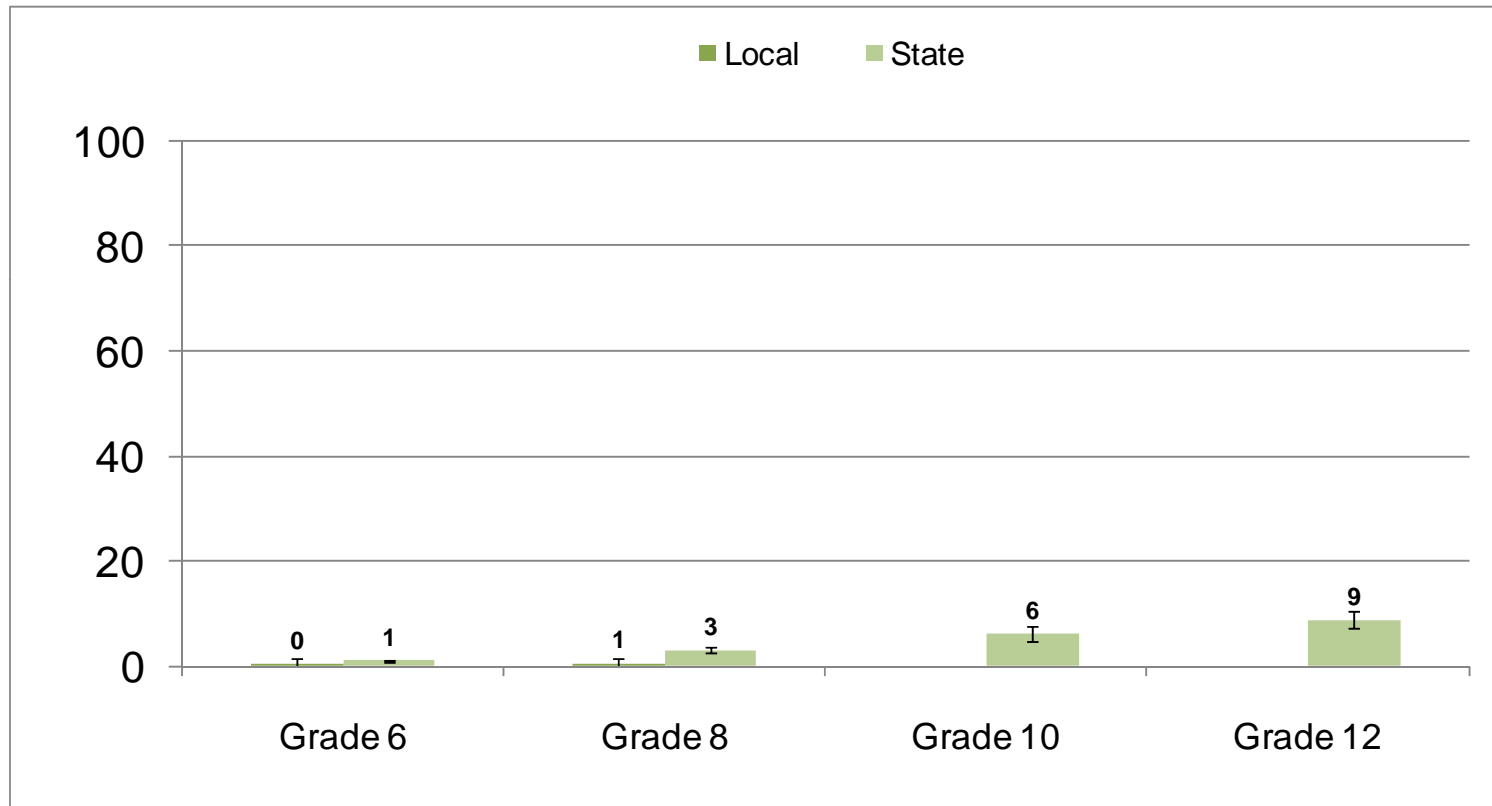
# Current Cigarette Smoking

Percent of students who report smoking cigarettes  
in the past 30 days



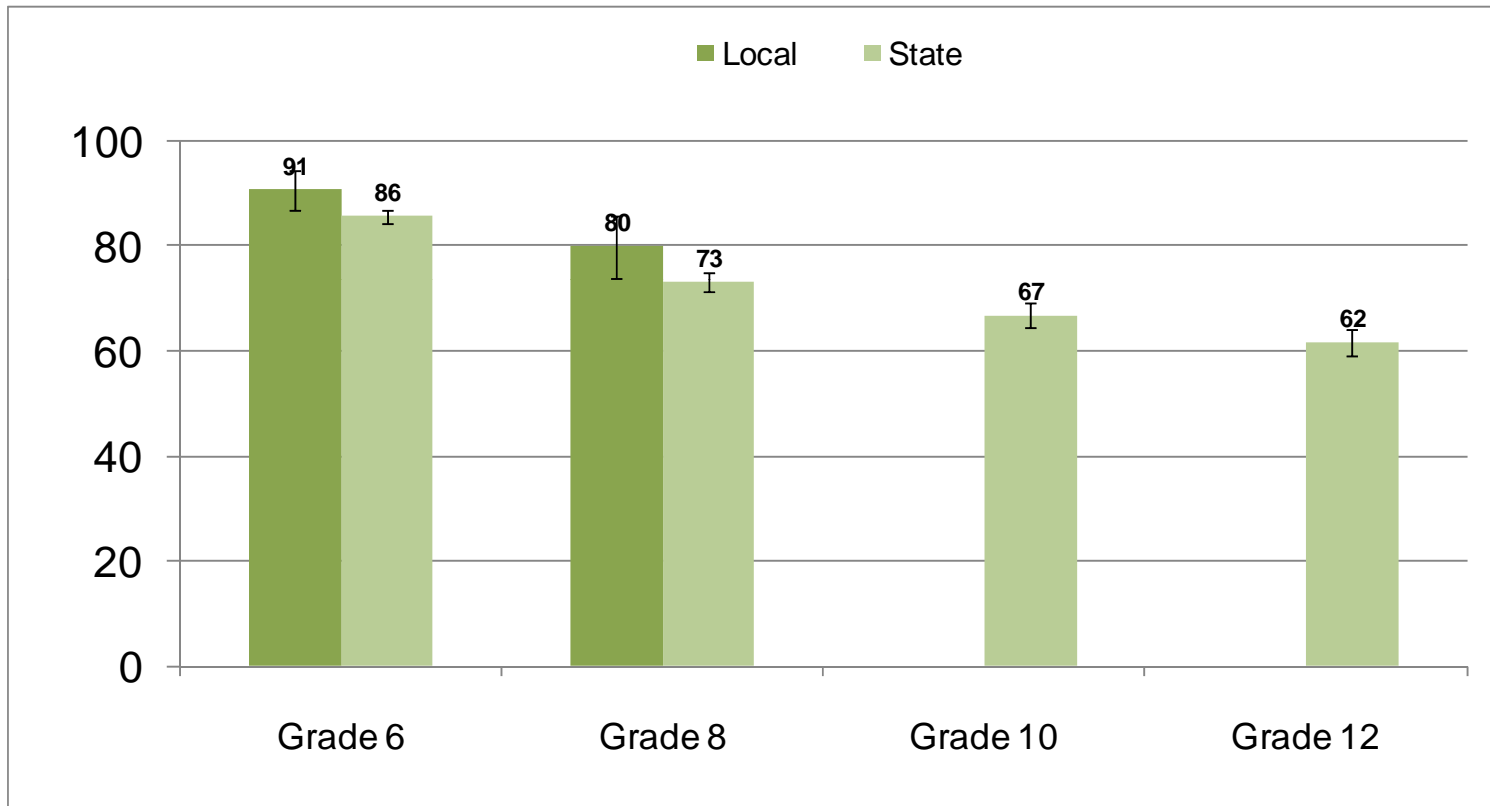
# Current Chewing Tobacco Use

Percent of students who report using chewing tobacco, snuff, or dip in the past 30 days



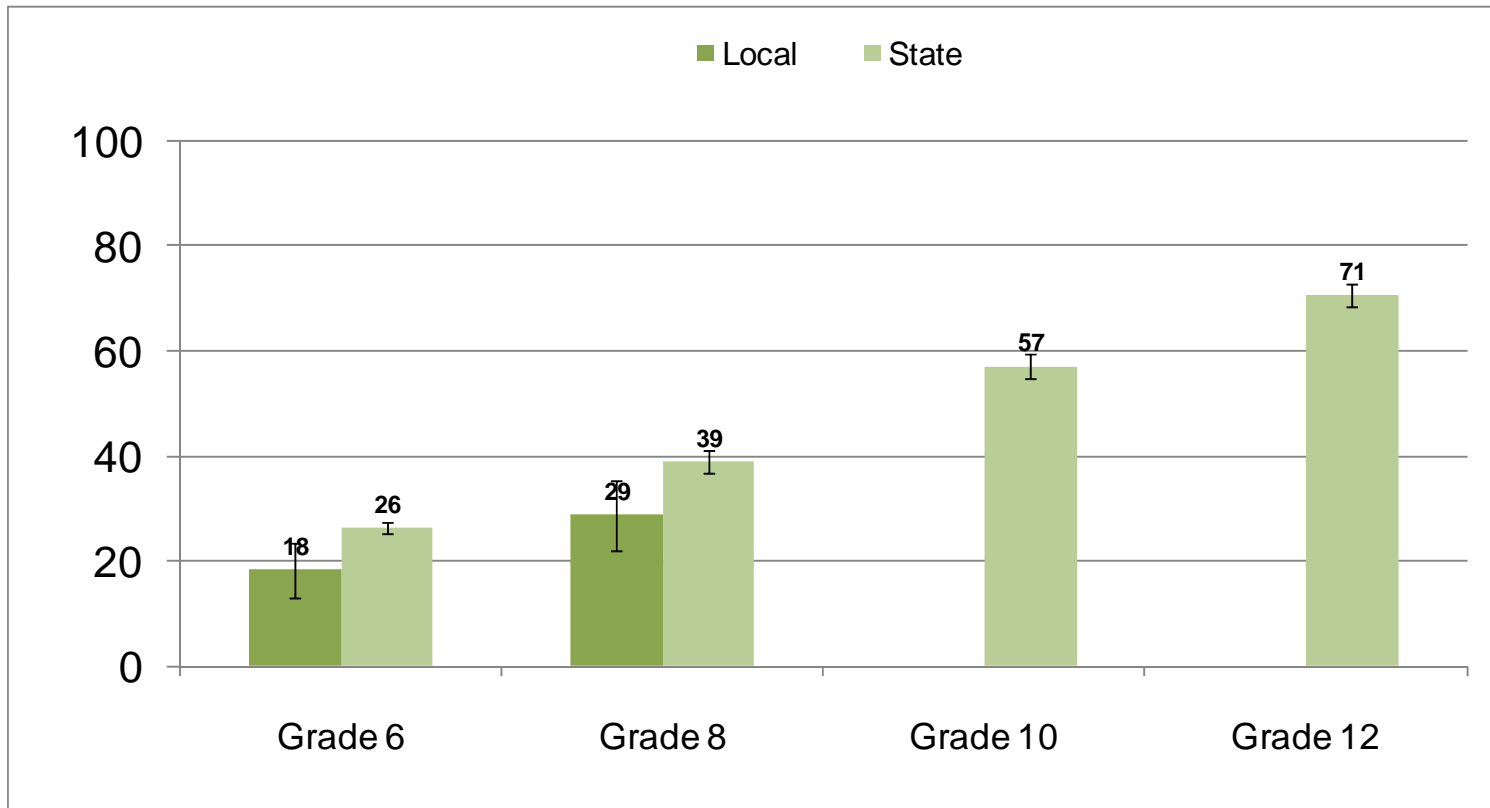
# Susceptibility to Smoking

Percent of students who are NOT at risk for future smoking



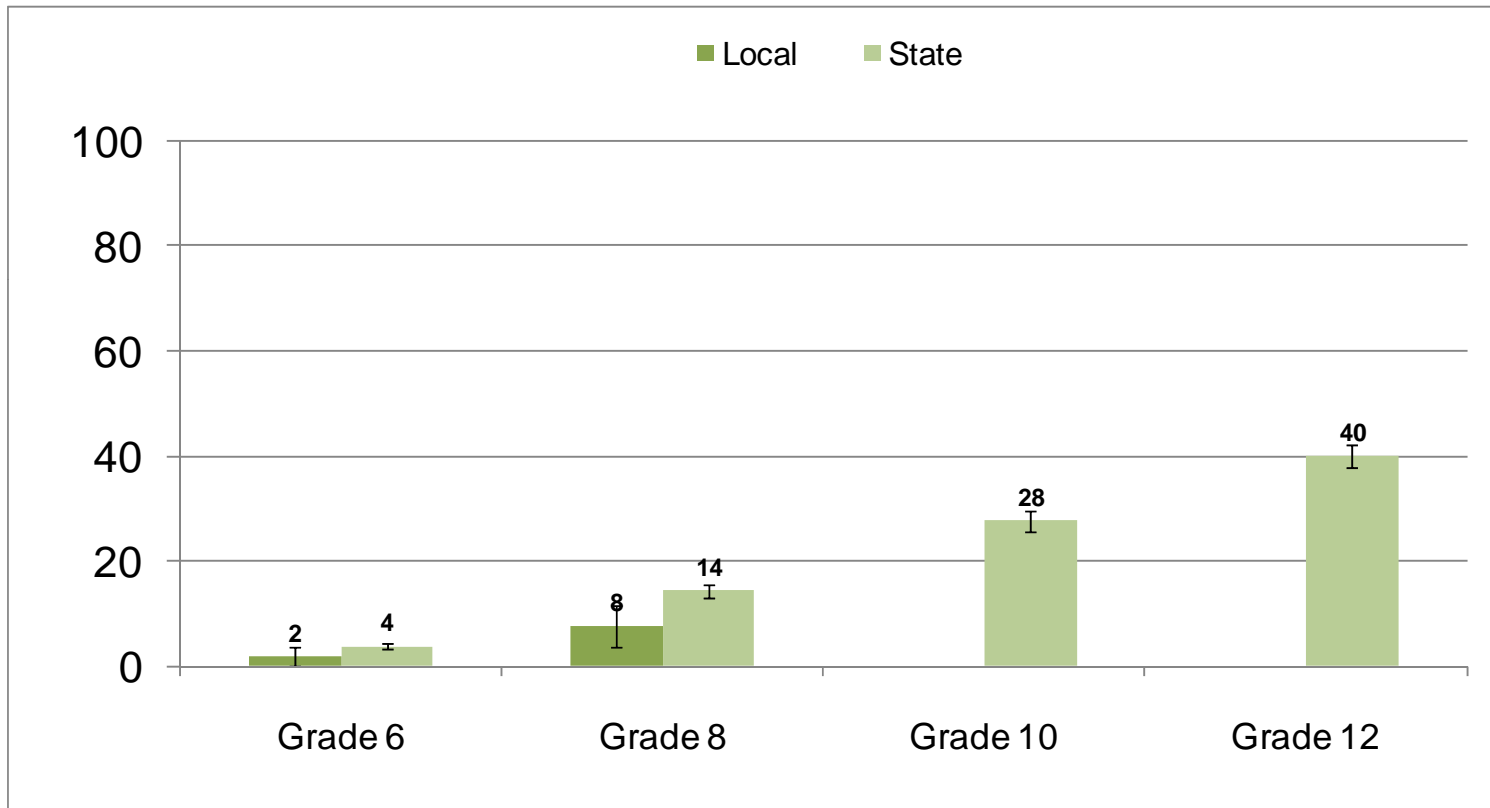
# Lifetime Alcohol Use

Percent of students who report having ever drunk more than a sip of alcohol



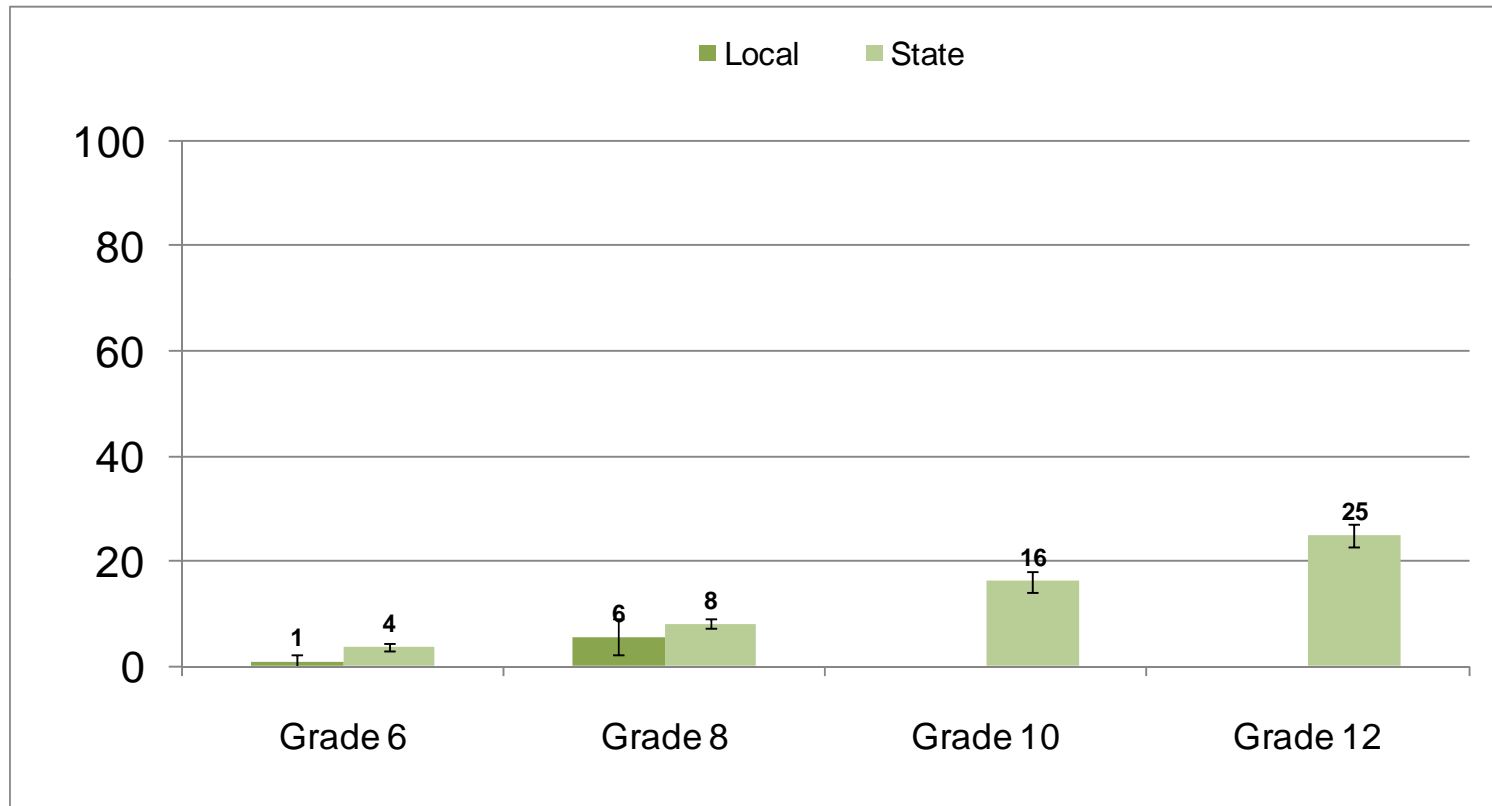
# Current Alcohol Use

Percent of students who report having drunk a glass, can, or bottle of alcohol in the past 30 days



# Current Binge Drinking

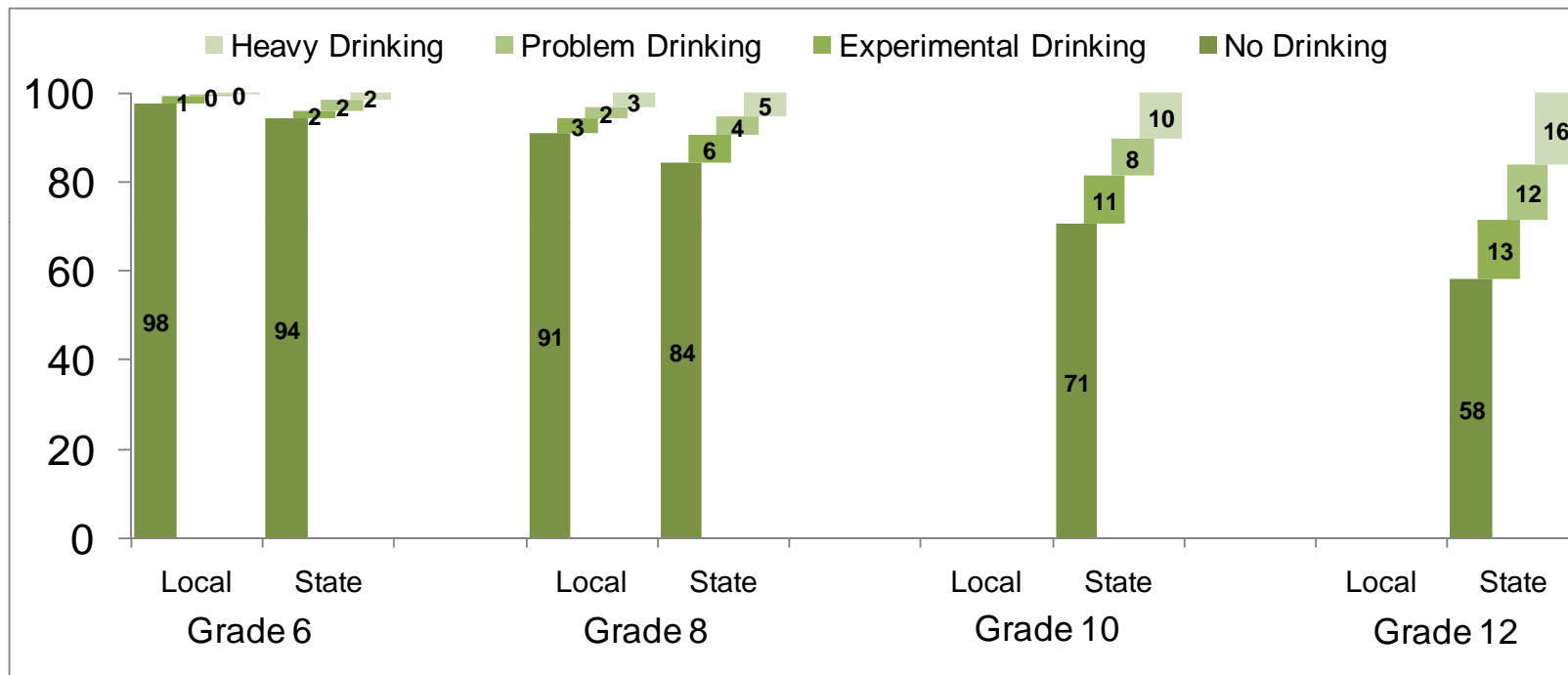
Percent of students who report having drunk 5 or more drinks in a row in the past 2 weeks





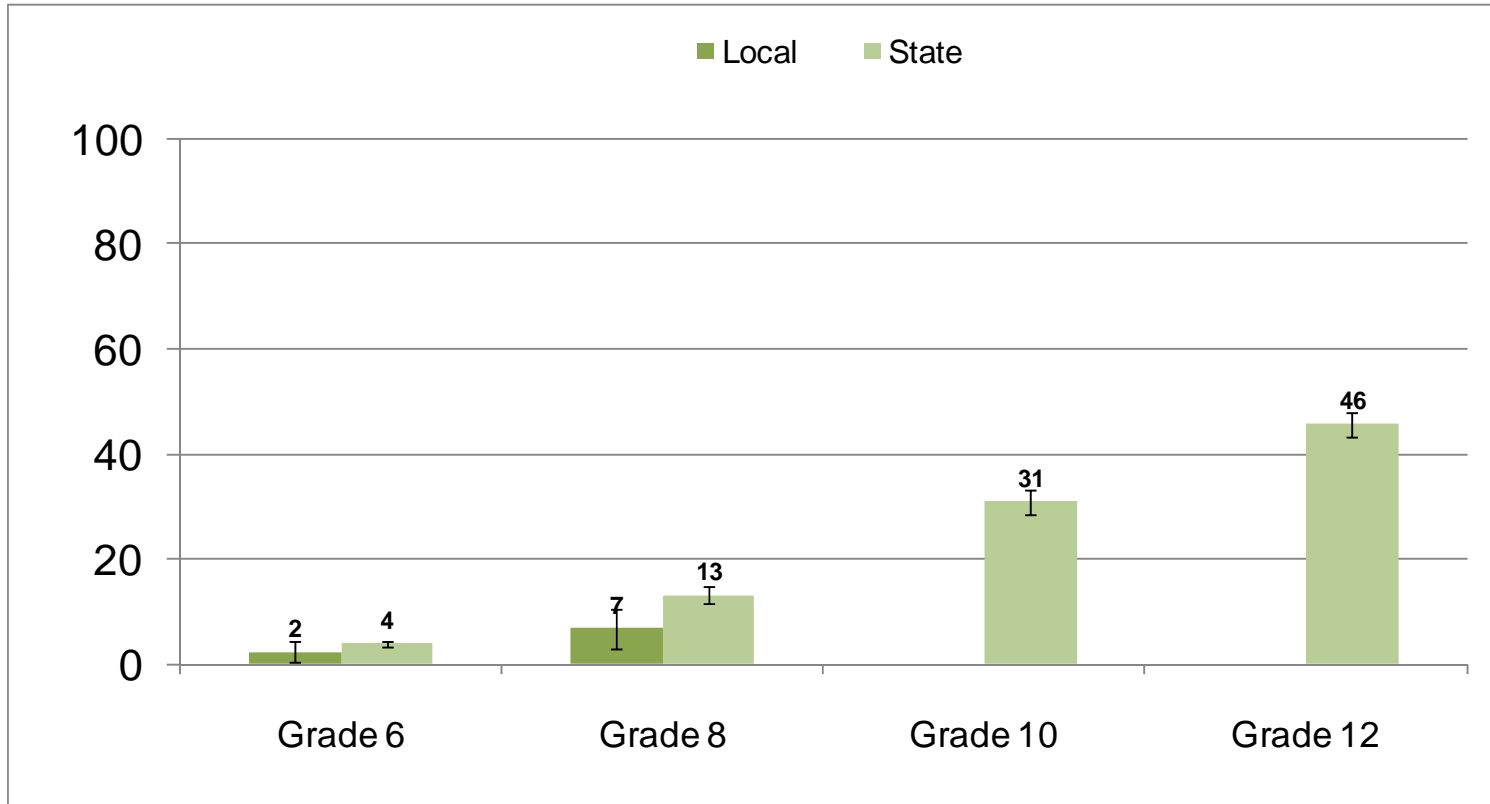
# Levels of Alcohol Use

- **No drinking** (no drinking in past 30 days)
- **Experimental drinking** (1-2 days drinking in past 30 days, no binge drinking in past 2 weeks)
- **Problem drinking** (3-5 days drinking in past 30 days and/or 1 day binge drinking in past 2 weeks)
- **Heavy drinking** (6+ days drinking in past 30 days and/or 2+ binge drinking in past two weeks)



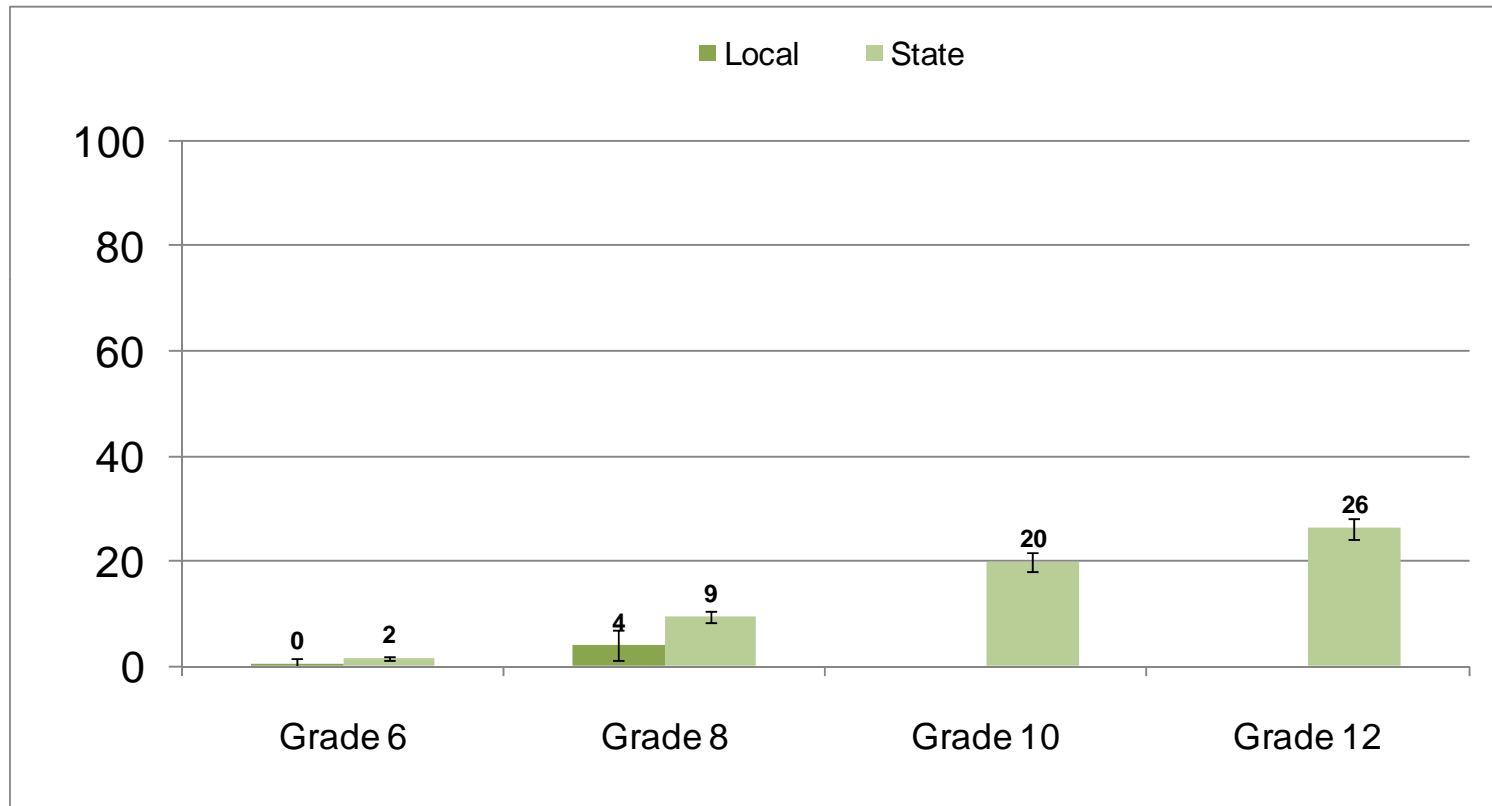
# Lifetime Marijuana Use

Percent of students who report having ever smoked marijuana



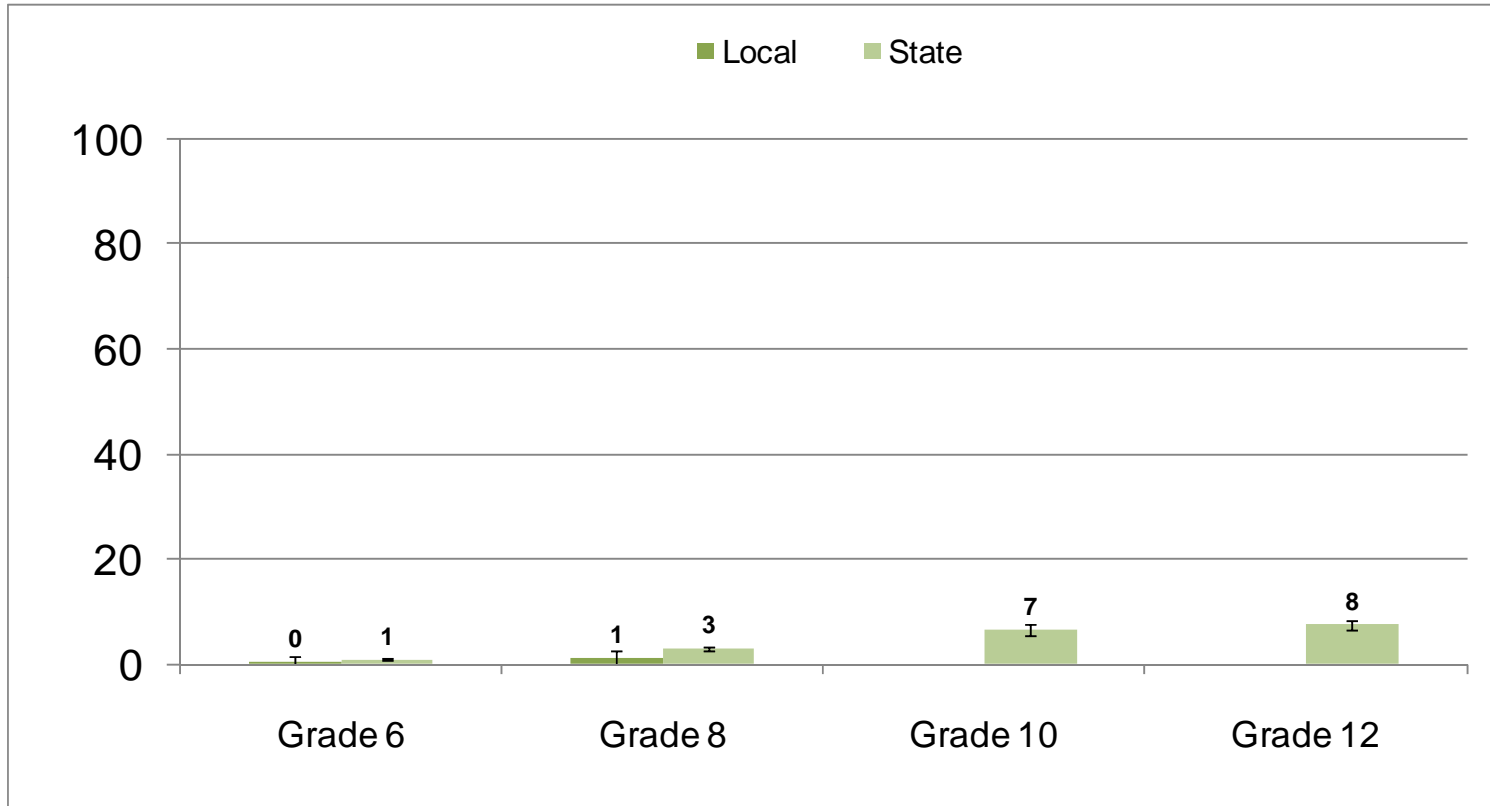
# Current Marijuana Use

Percent of students who report smoking marijuana in the past 30 days



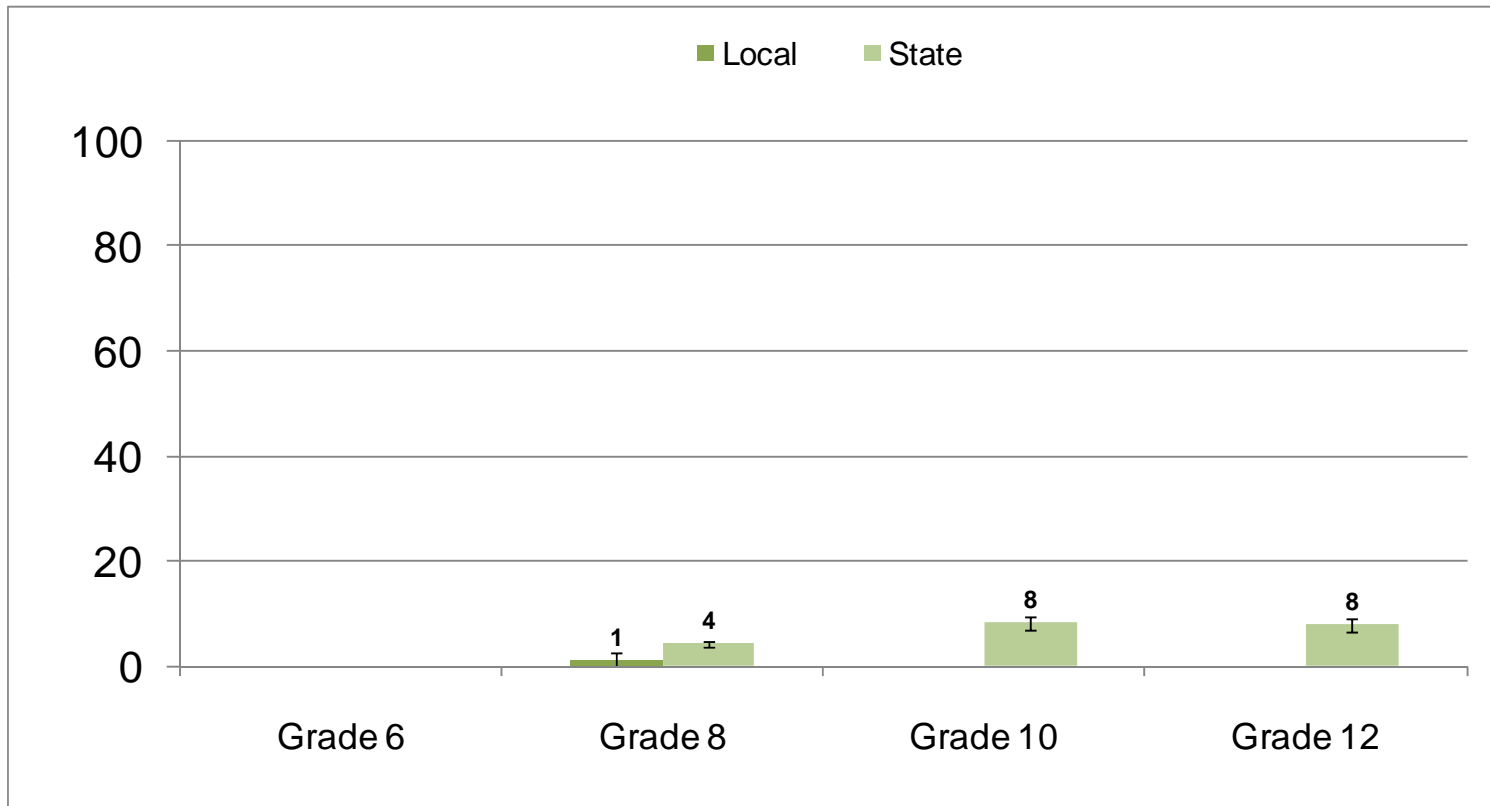
# Current Illegal Drug Use

Percent of students who report using illegal drugs in the past 30 days (not including alcohol or tobacco)



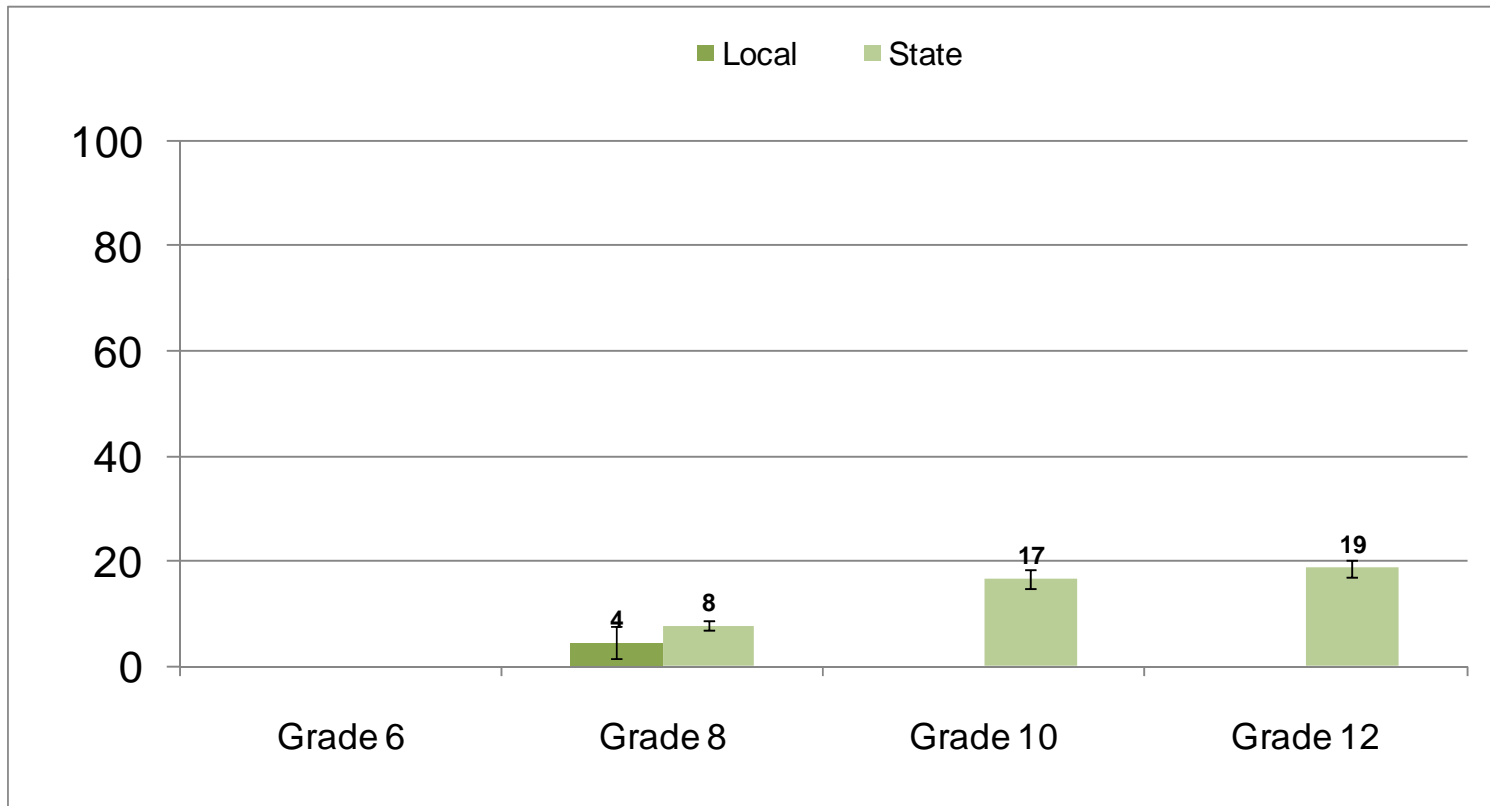
# Current Prescription Drug Use

Percent of students who report using a pain killer to get high in the past 30 days



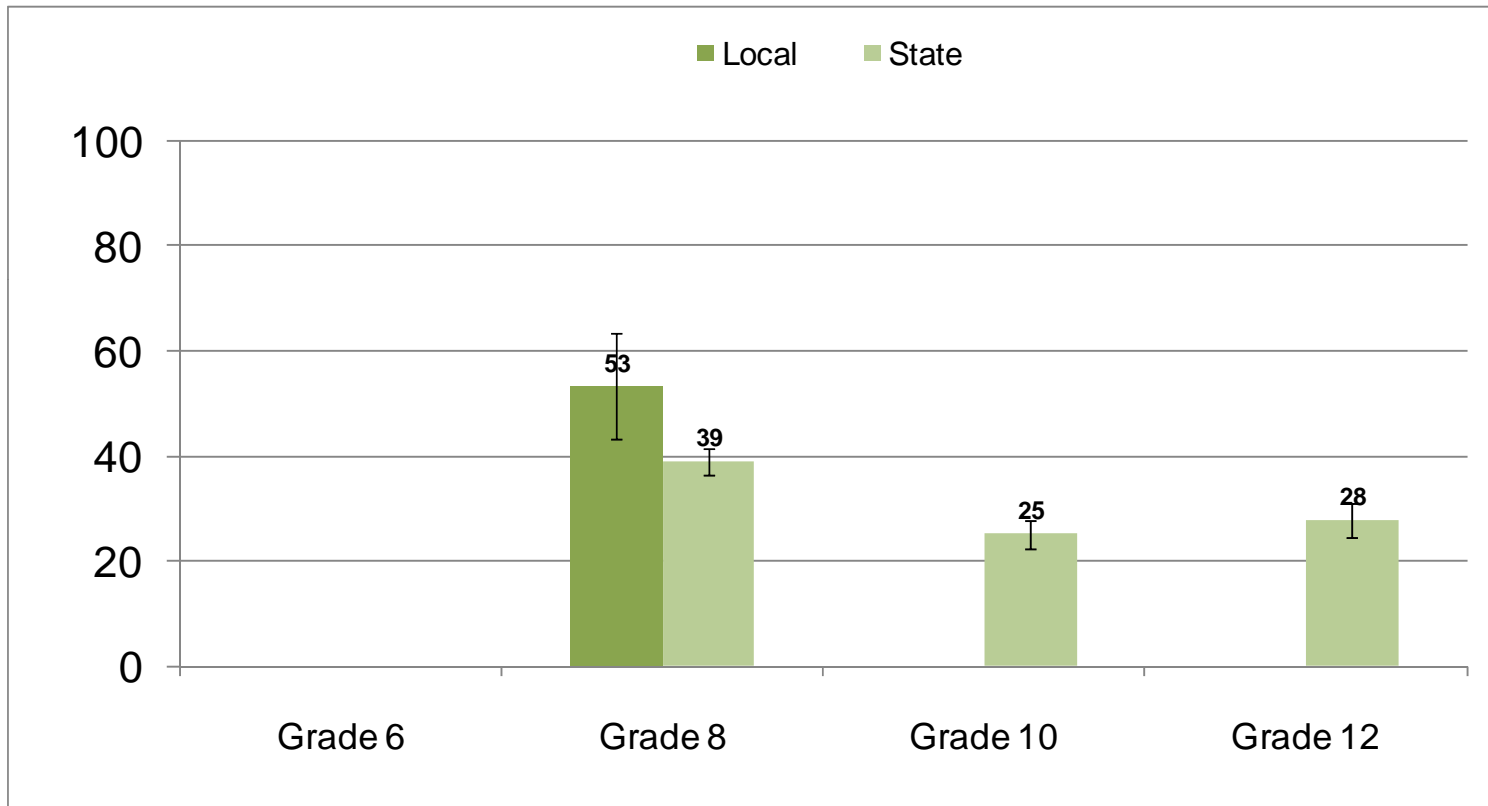
# Substance Use at School

Percent of students who report being drunk or high at school in the past year



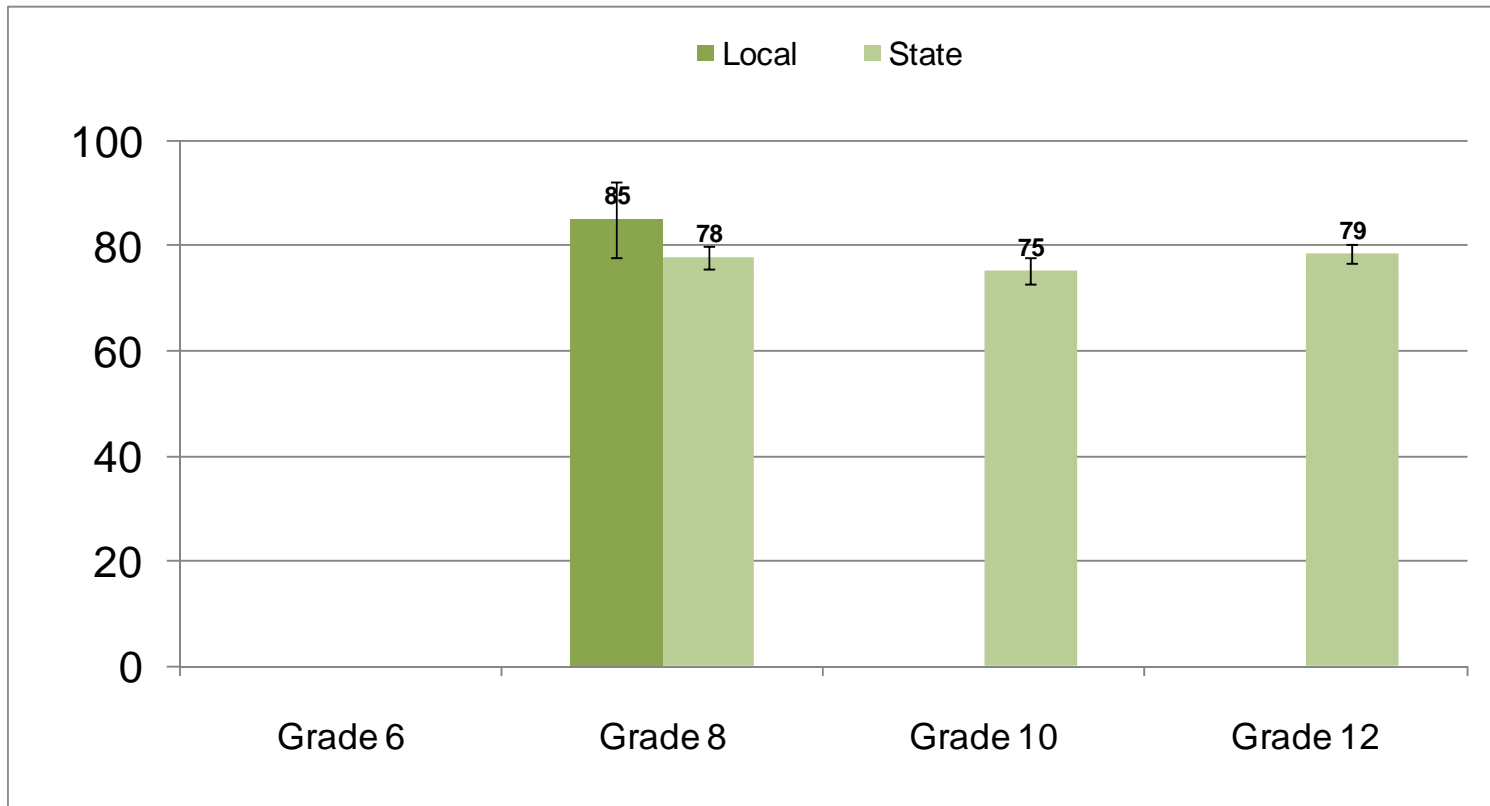
# Enforcement of Tobacco-Free Policies

Percent of students who report “definitely” thinking that rules about not using tobacco at school are enforced



# Enforcement of Alcohol and Drug Policies

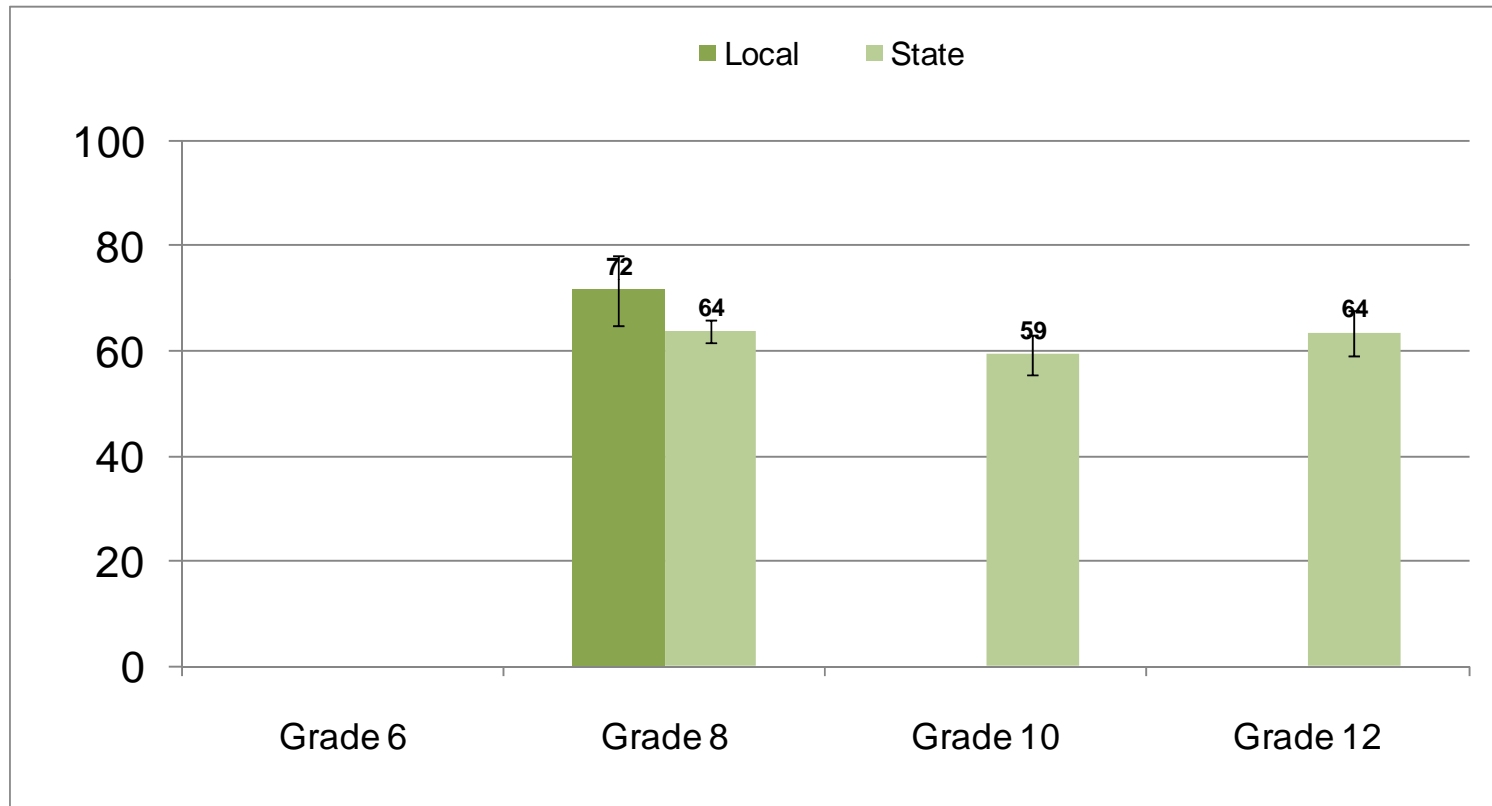
Percent of students who report “yes” their school punishes students caught using alcohol or drugs





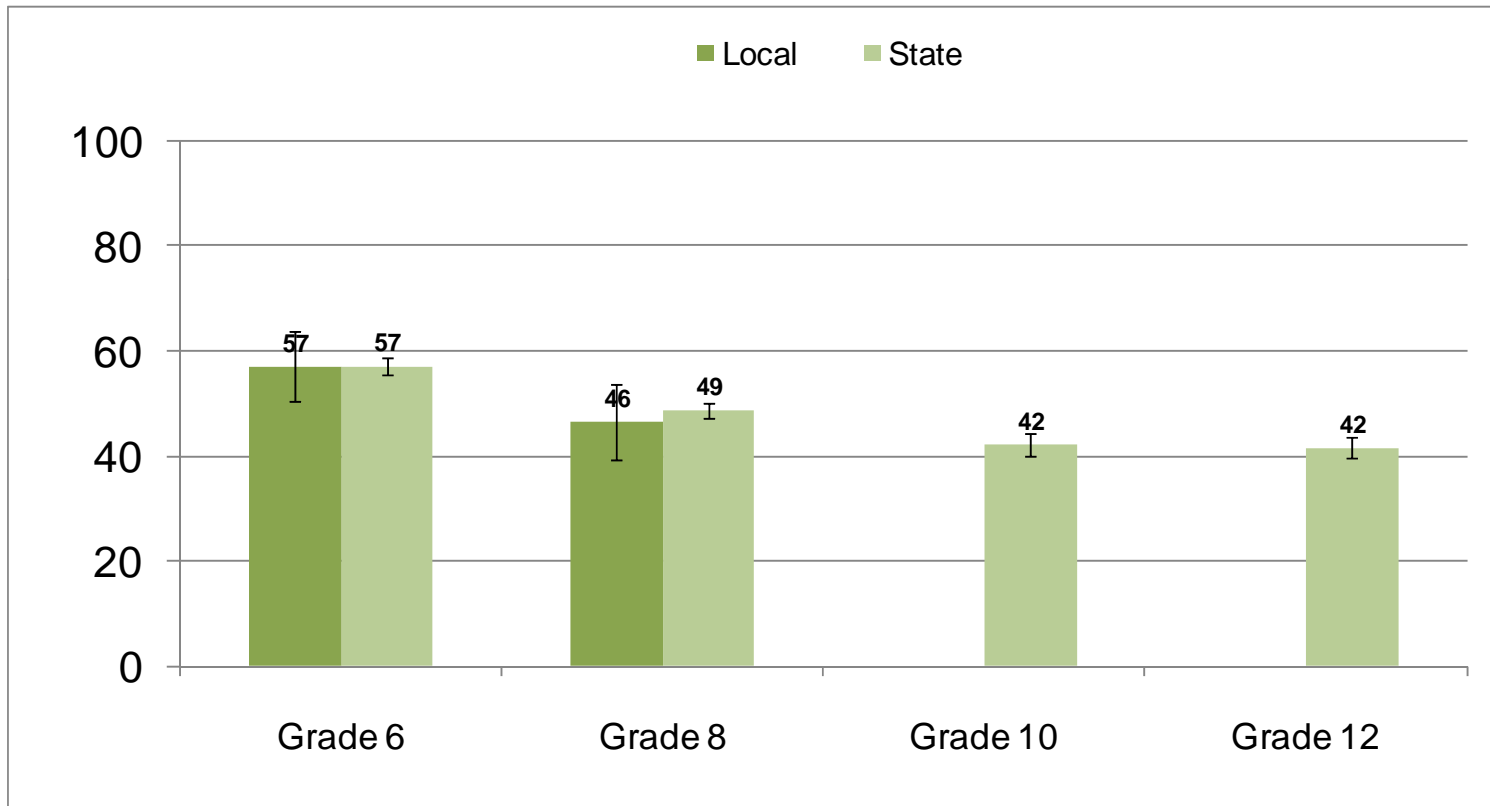
# Help at School for Problems with ATOD

Percent of students who report school having staff for students to discuss problems with alcohol, tobacco, or other drugs



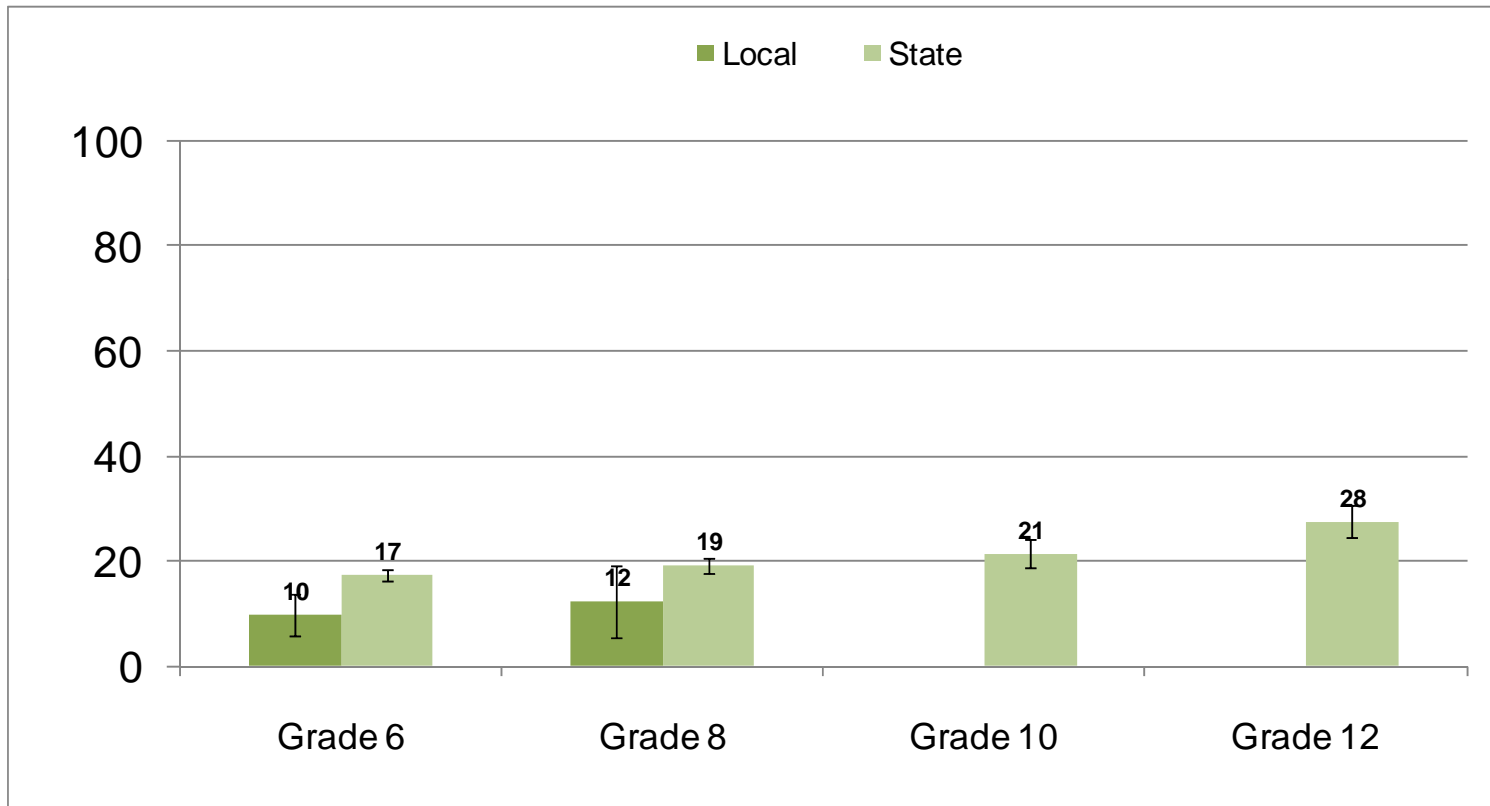
# Enjoyment of School

Percent of students who report “often” or “almost always” enjoying being at school in the past year



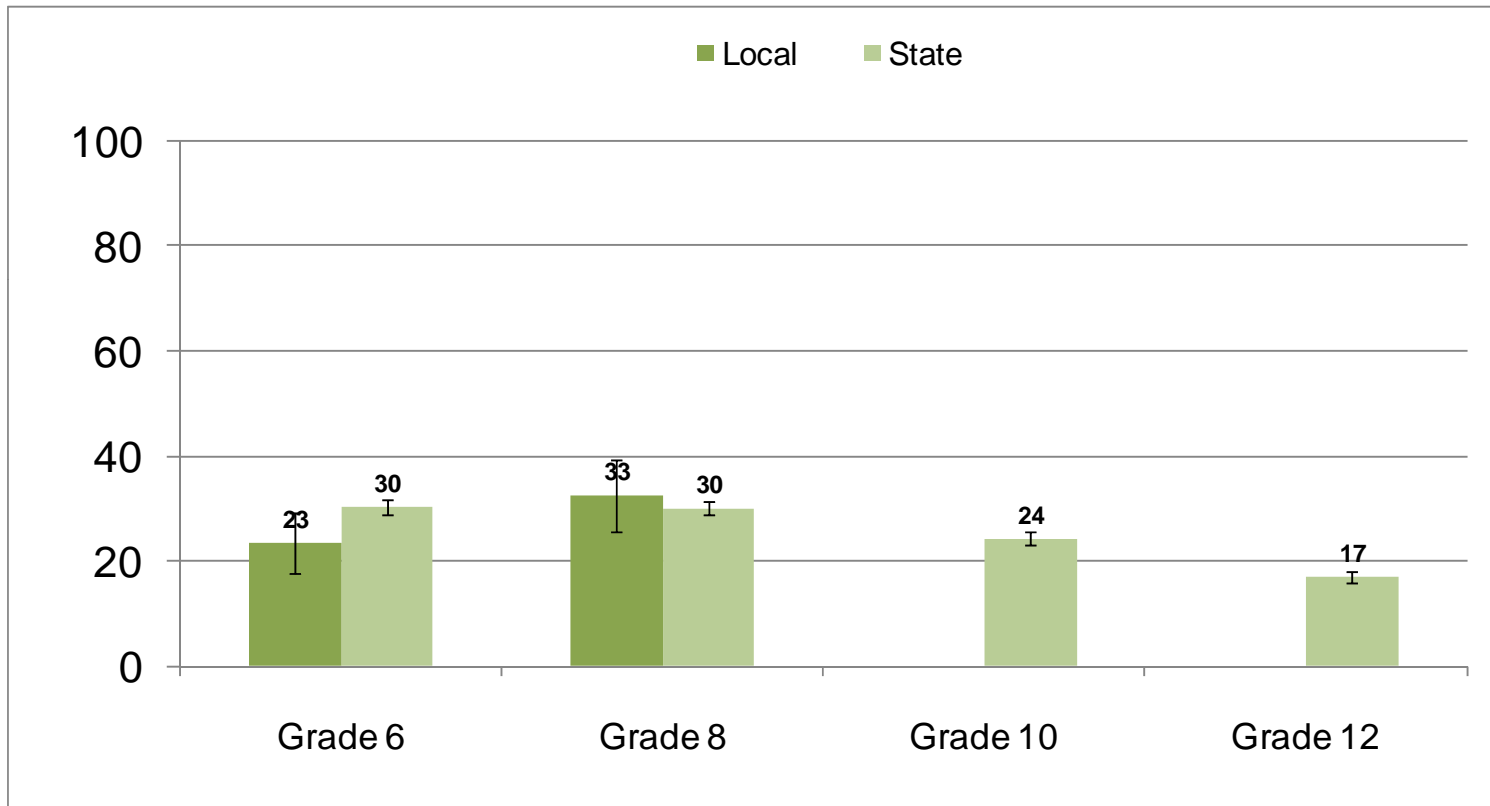
# Skipping School

Percent of students who report skipping 1 or more whole days of school in past 4 weeks



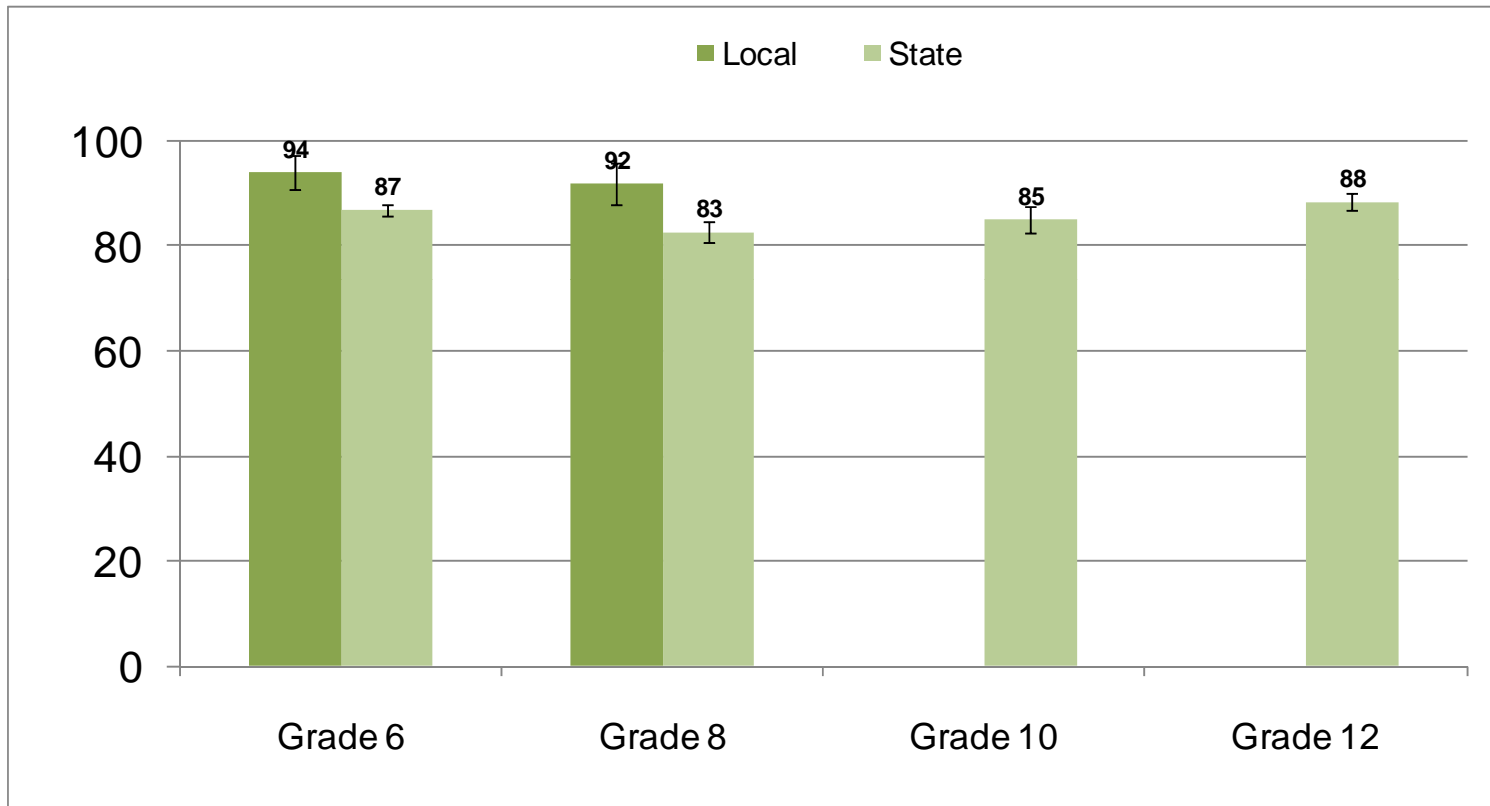
# Bullying

Percent of students who report being bullied in the past 30 days



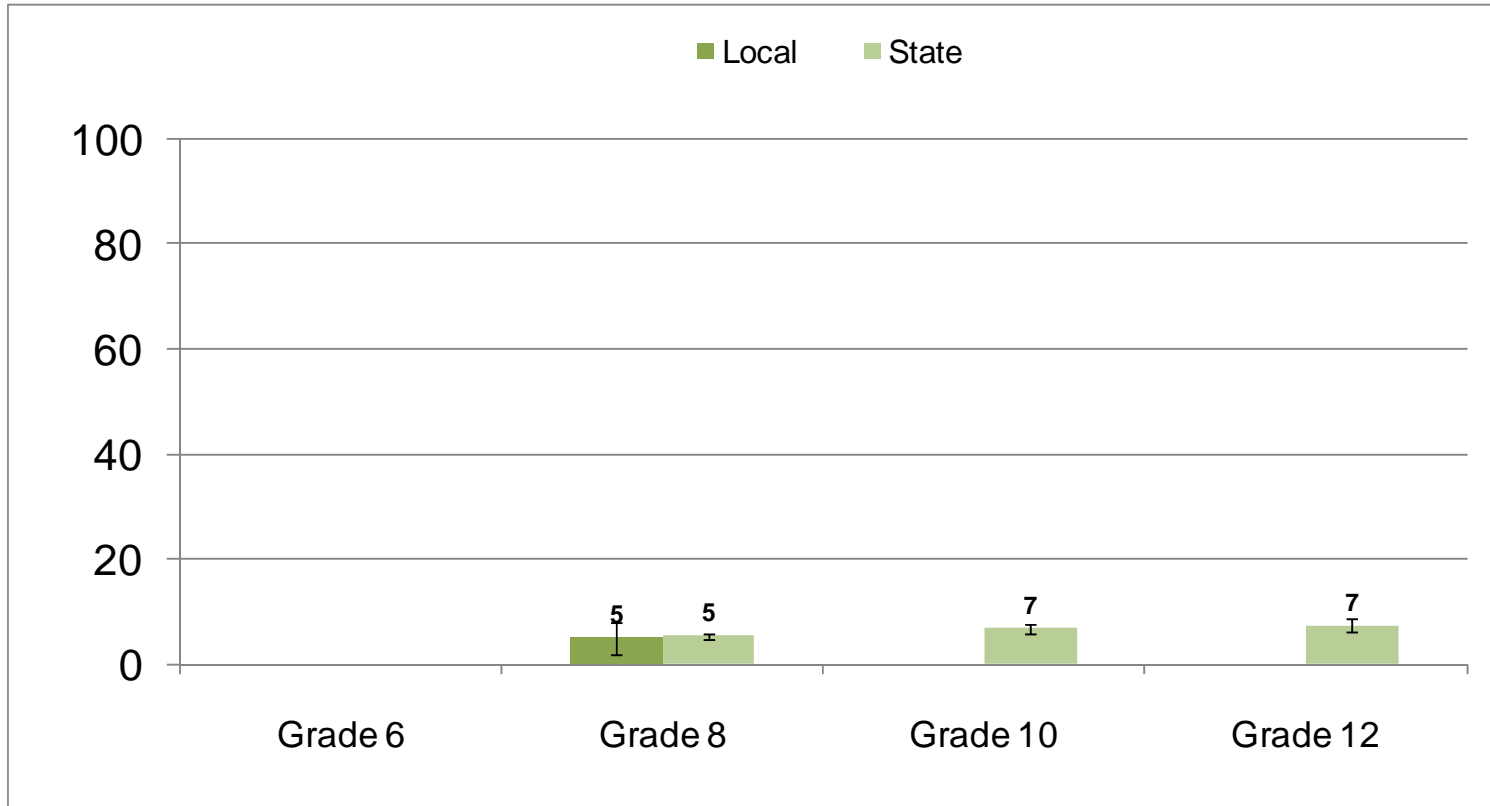
# Feeling Safe at School

Percent of students who report that they feel safe at school



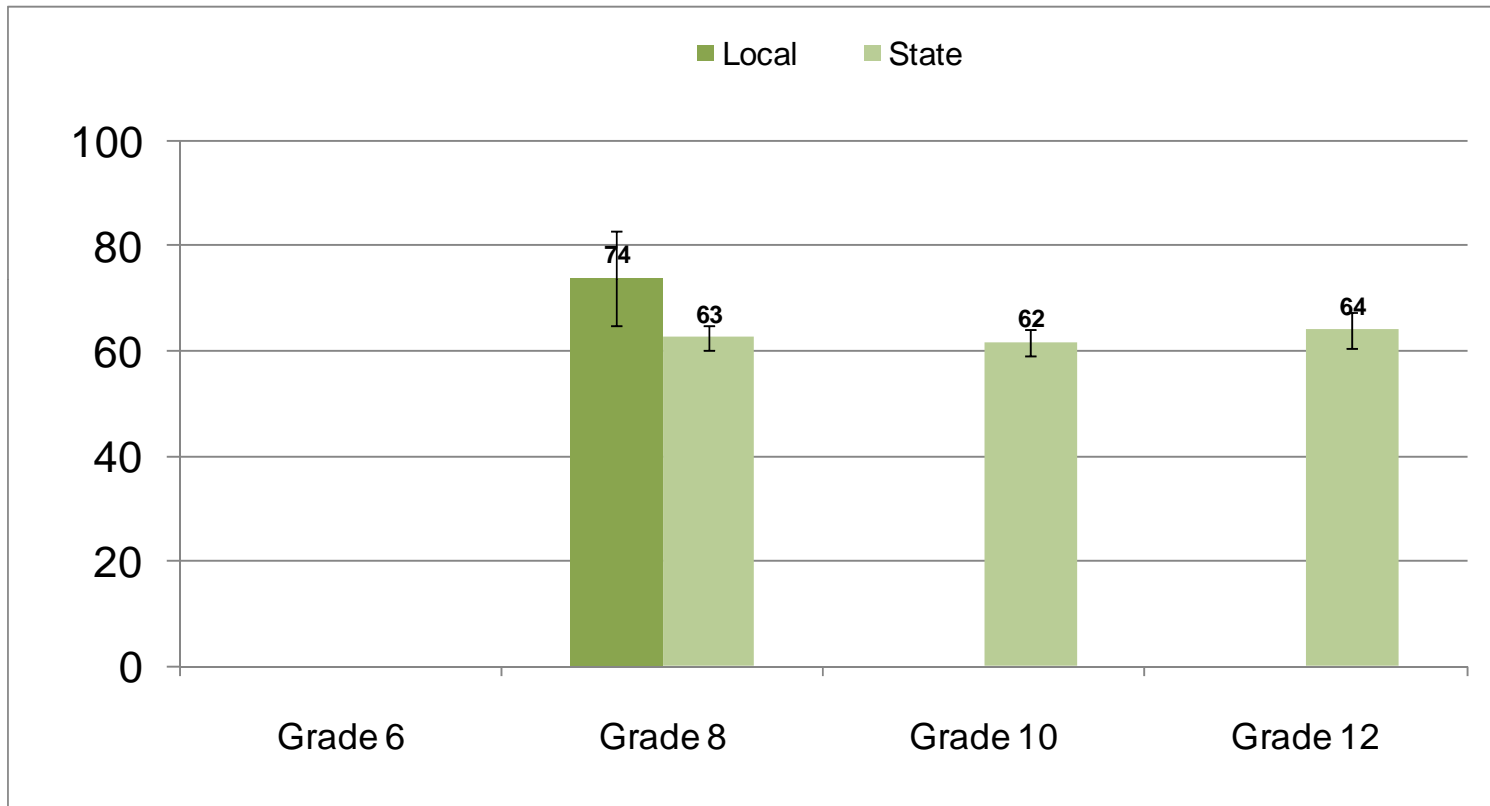
# Weapon Carrying At School

Percent of students who report carrying a weapon on school property in the past 30 days



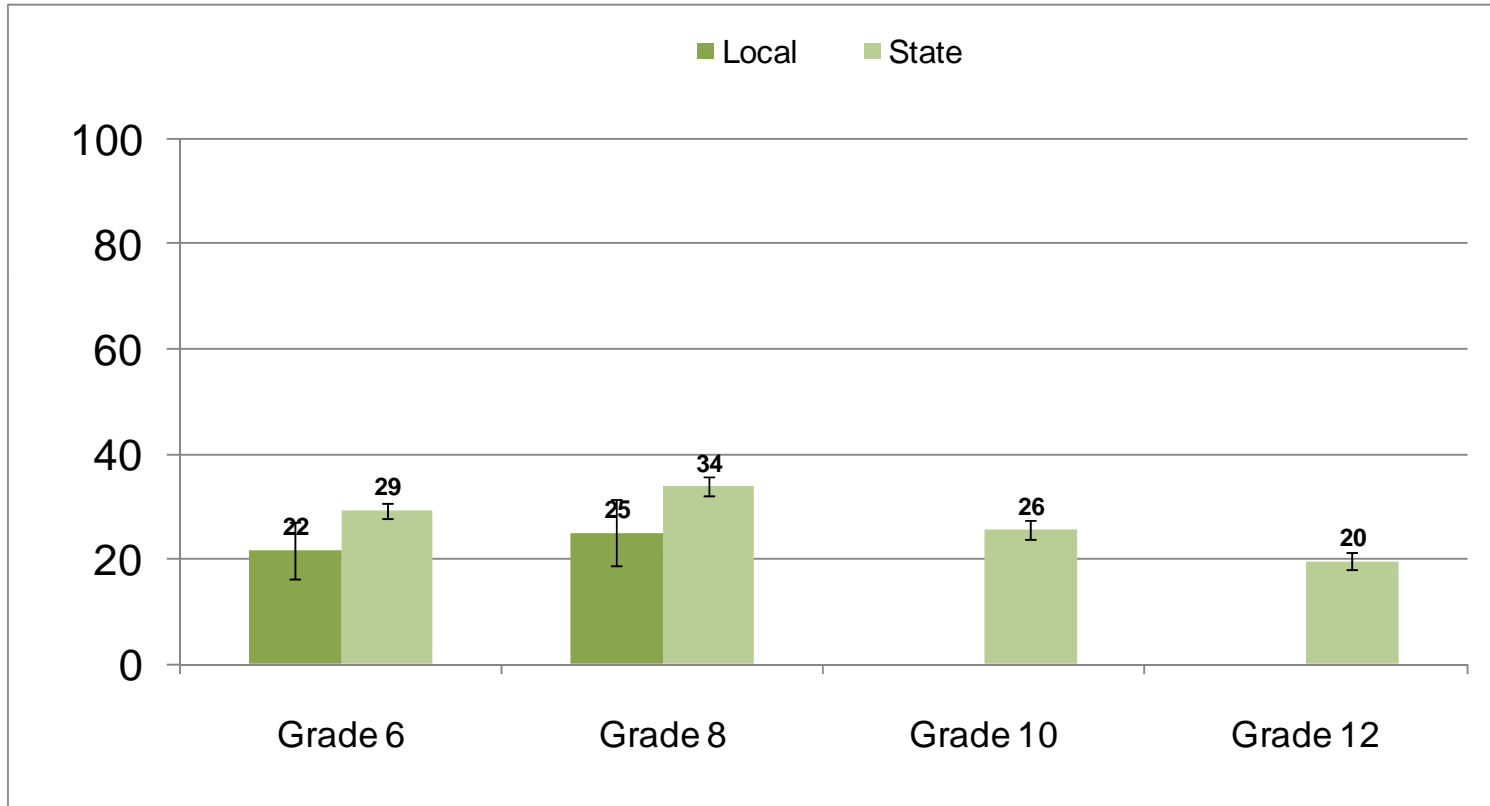
# Opportunities for School Involvement

Percent of students who report that they have lots of chances for involvement in school activities



# Physical Fighting

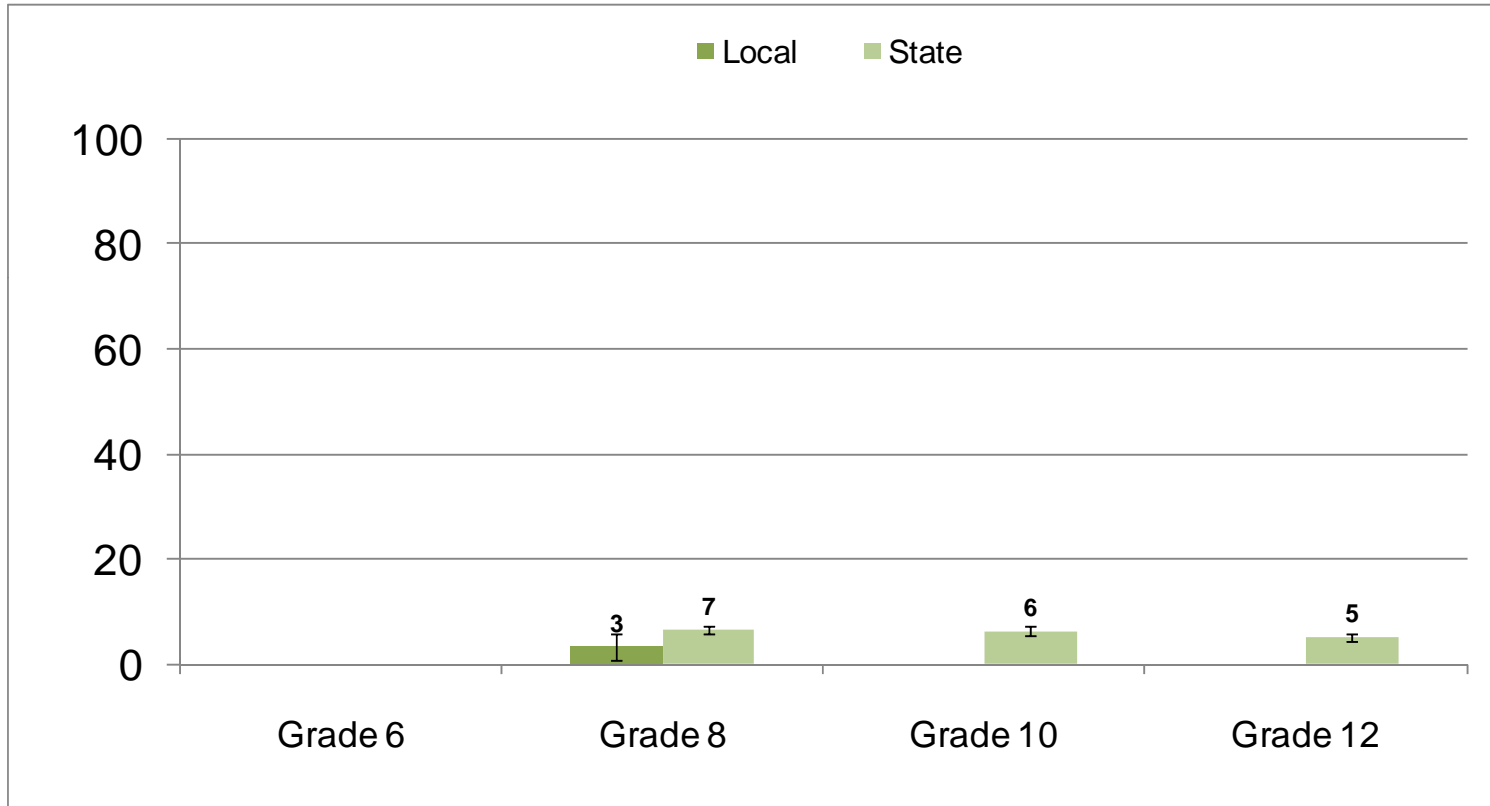
Percent of students who report being in a physical fight in the past year





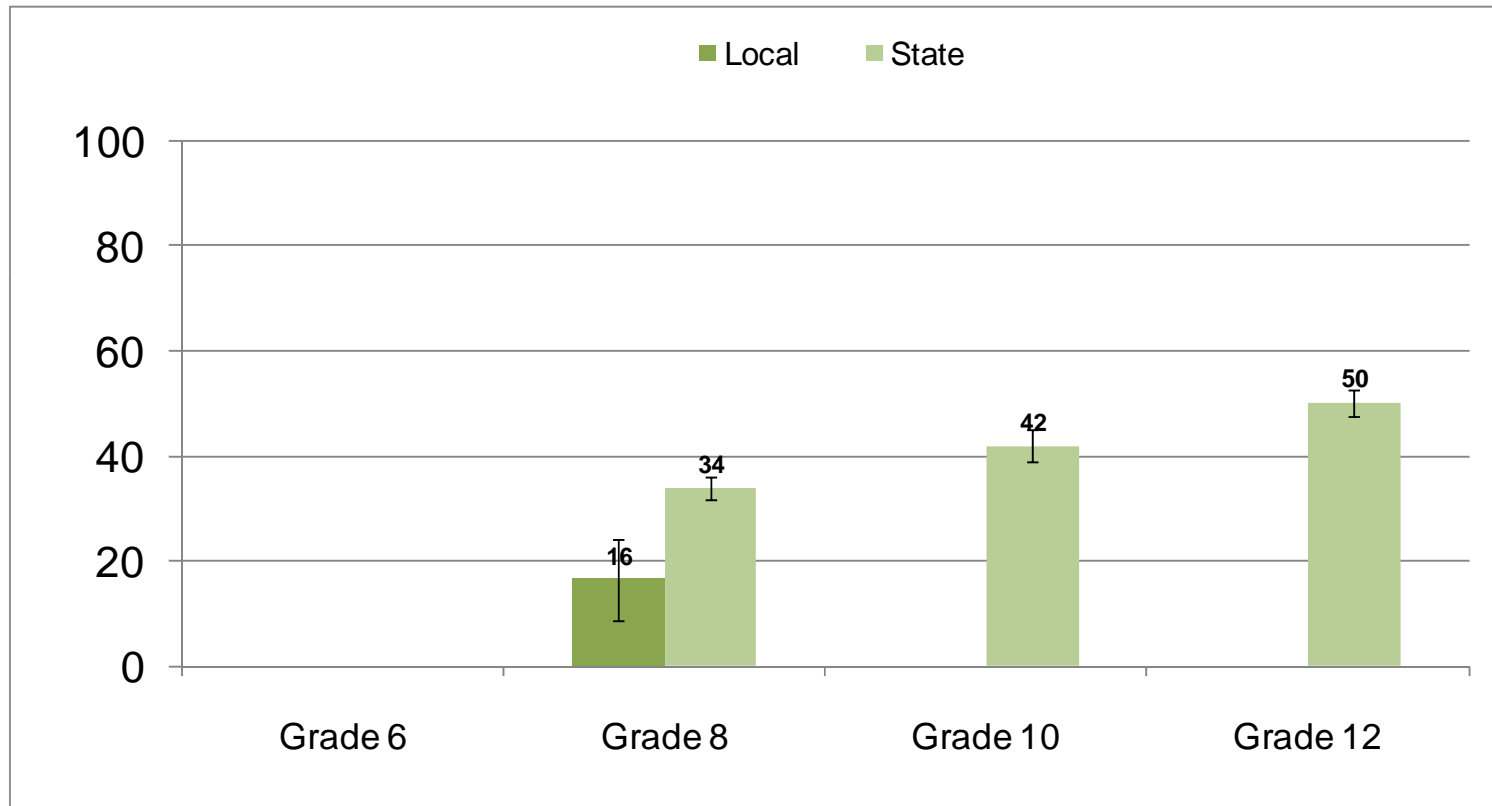
# Gang Membership

Percent of students who report being members of a gang in the past year



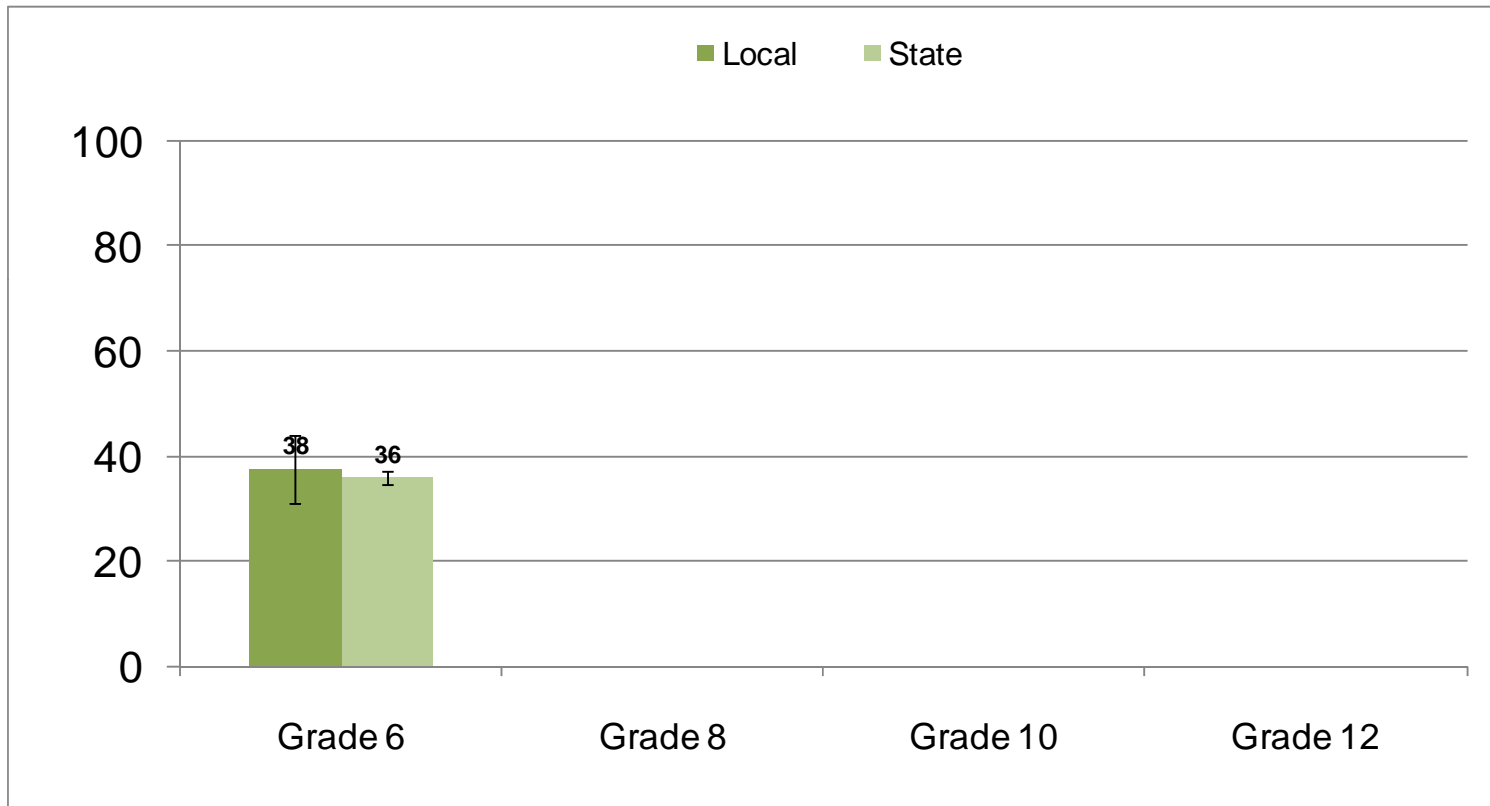
# Low Neighborhood Attachment

Percent of students who are at risk for substance use because they have low attachment to their neighborhood



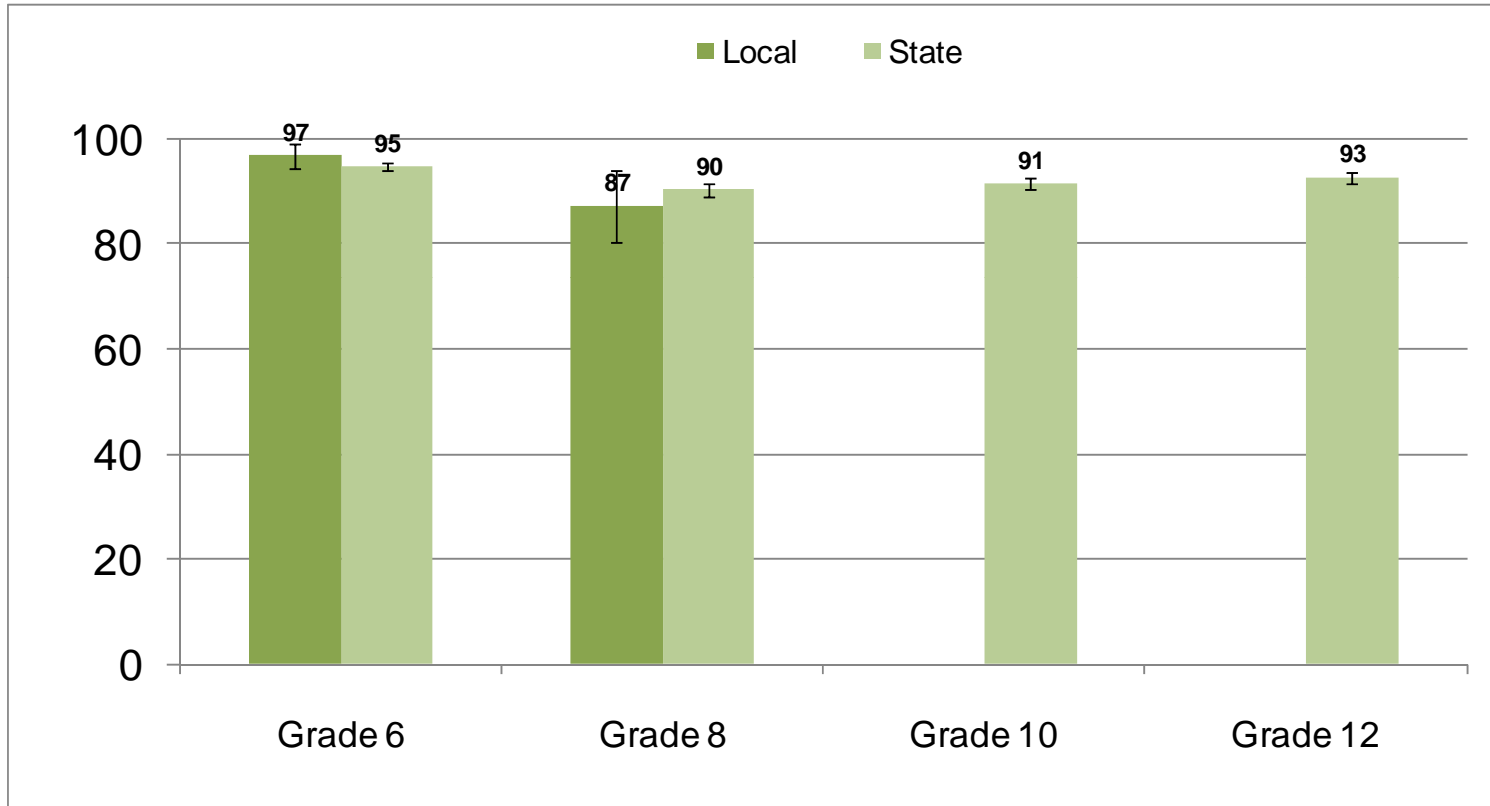
# Rewards for Community Involvement

Percent of students who are resilient to substance use because they report rewards by their community for prosocial involvement



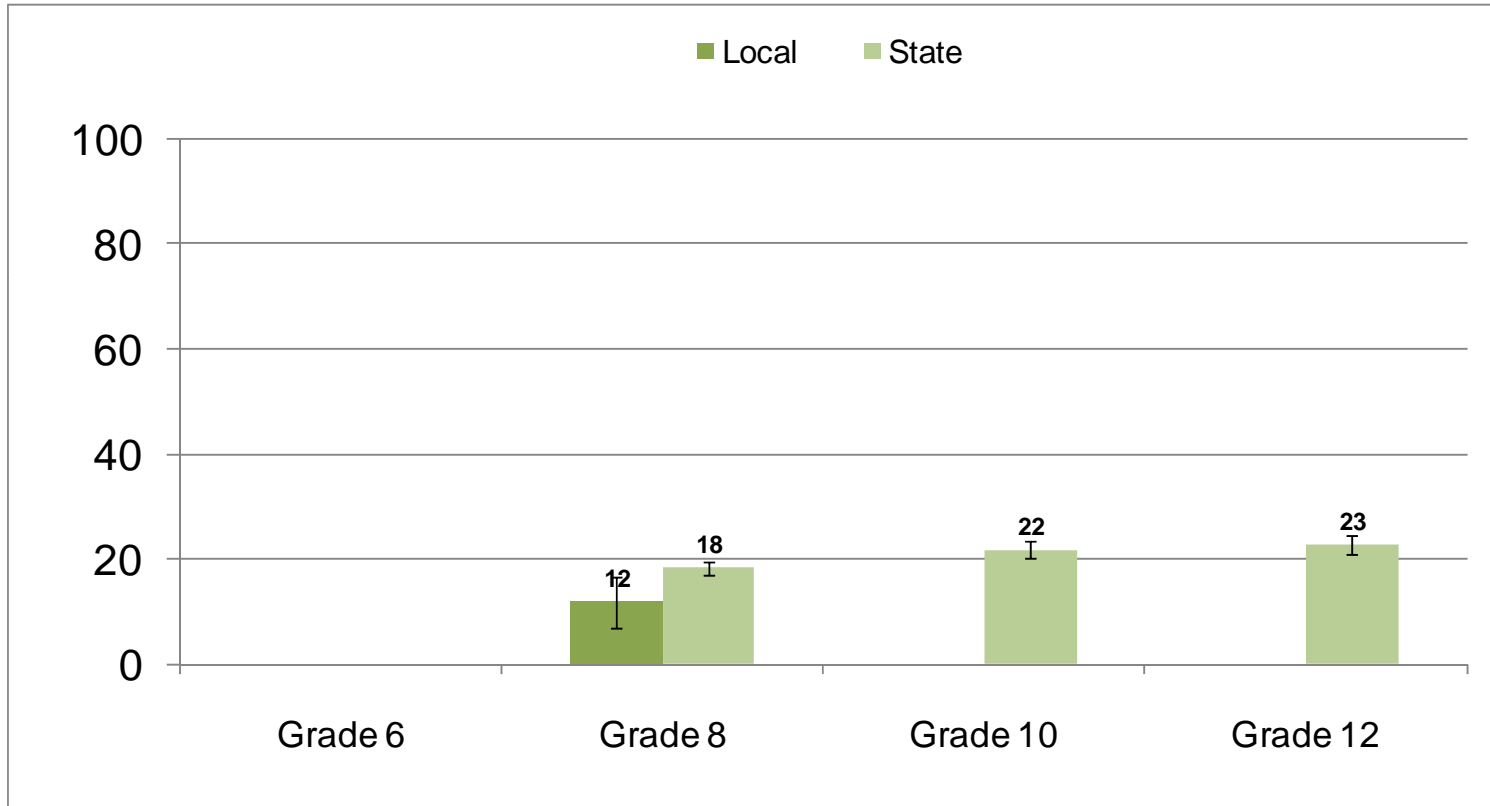
# Seat Belt Use

Percent of students who report wearing seatbelts “most of the time” or “always” when riding in a car



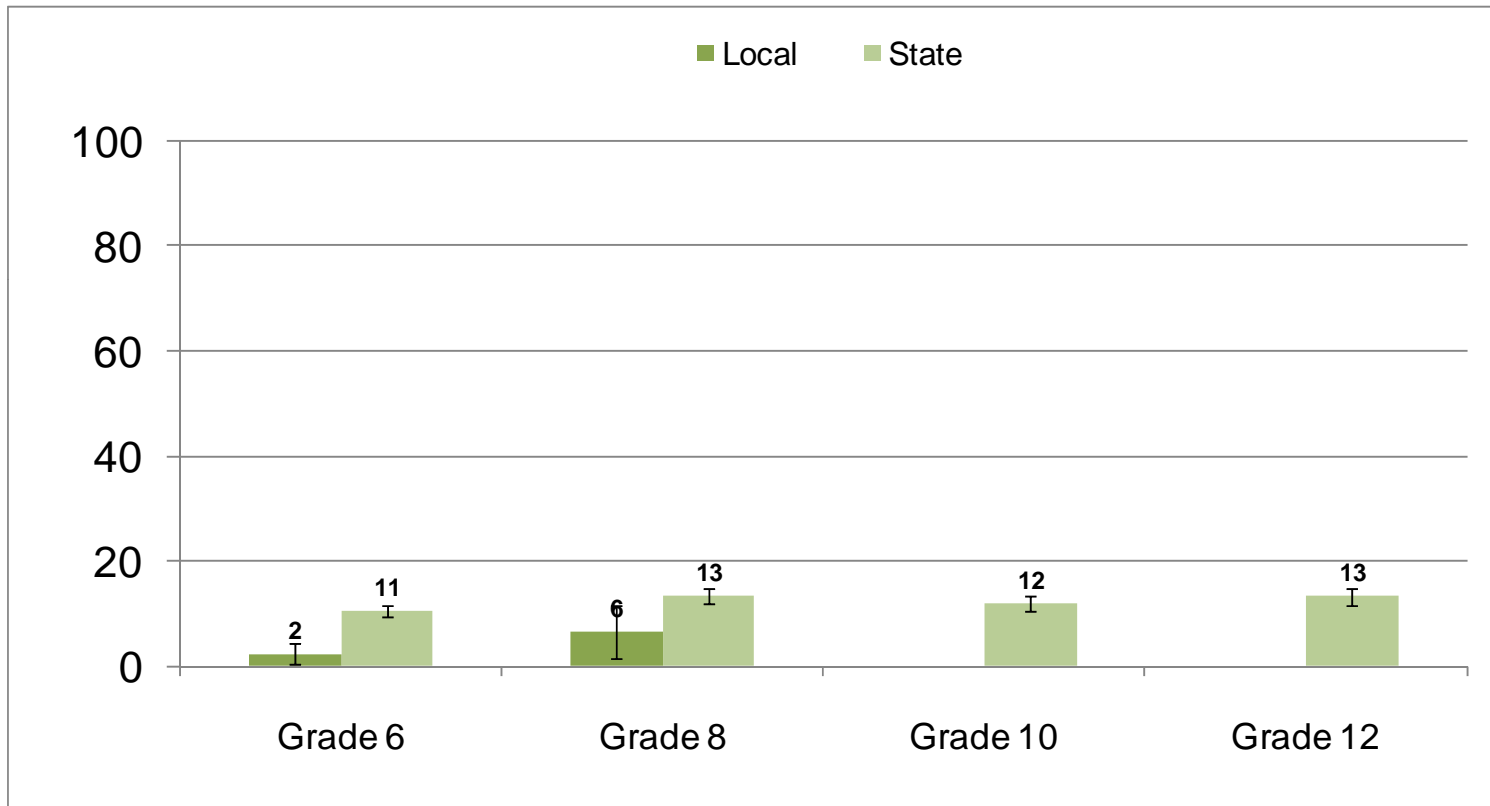
# Riding With a Drinking Driver

Percent of students who report having ridden in the past 30 days with a driver who had been drinking alcohol



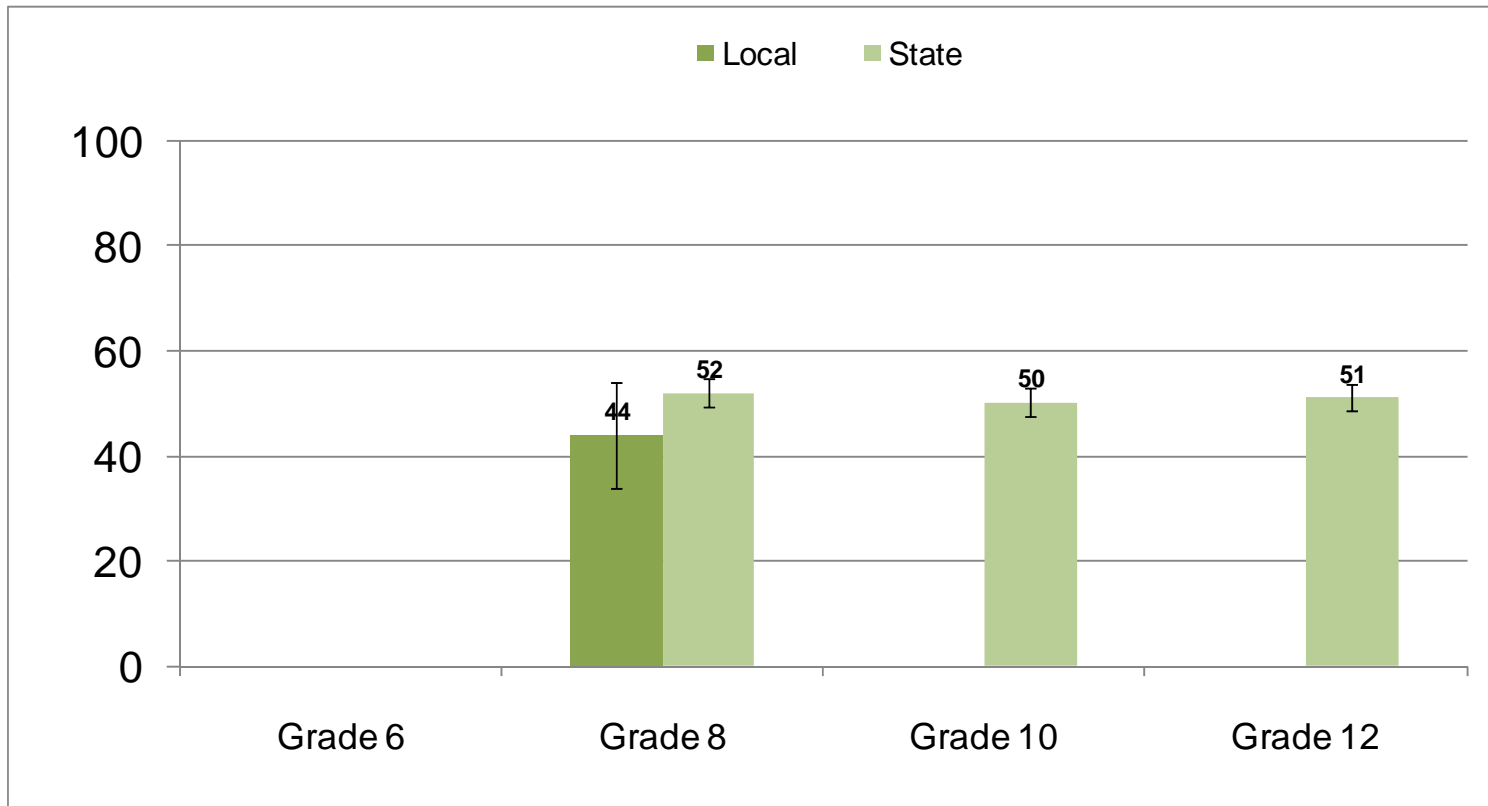
# Excessive Soda Consumption

Percent of students who report drinking 2 or more sodas yesterday



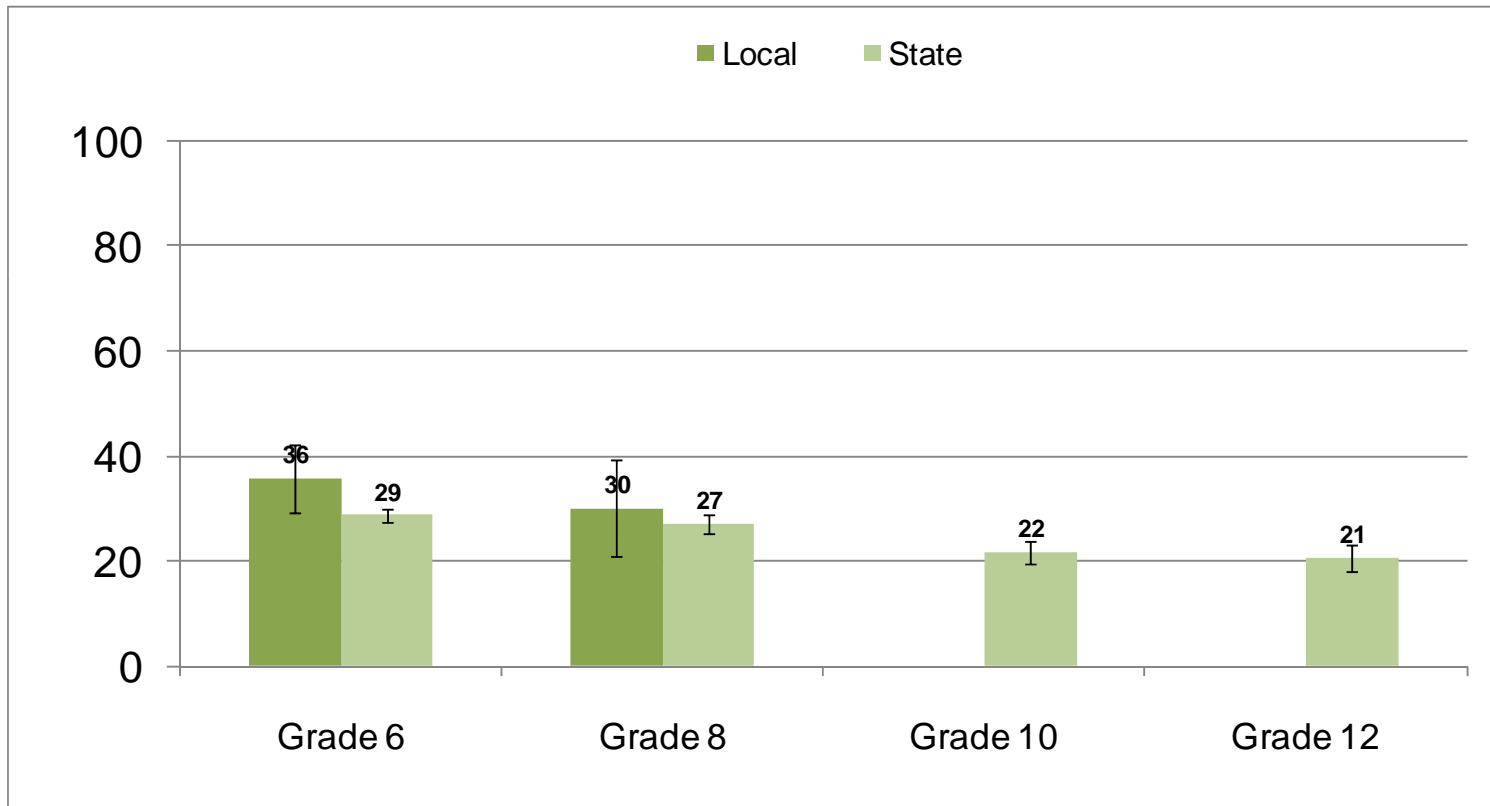
# Excessive Television/Video Game Use

Percent of students who report 3 or more hours of watching television, playing video games or using the computer for fun on an average school day



# 60 Minutes of Physical Activity per Day

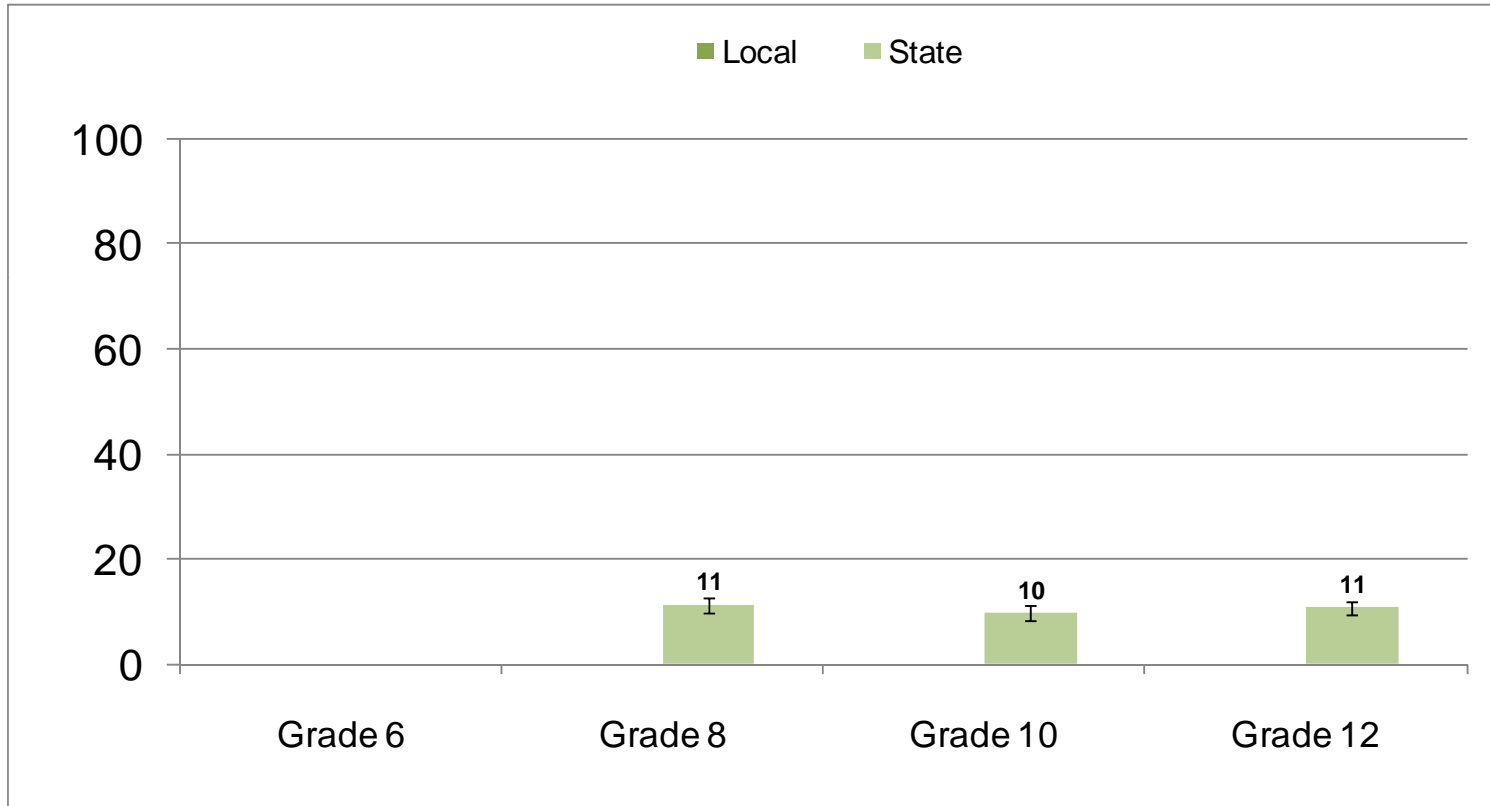
Percent of students who report being physically active 60 minutes per day





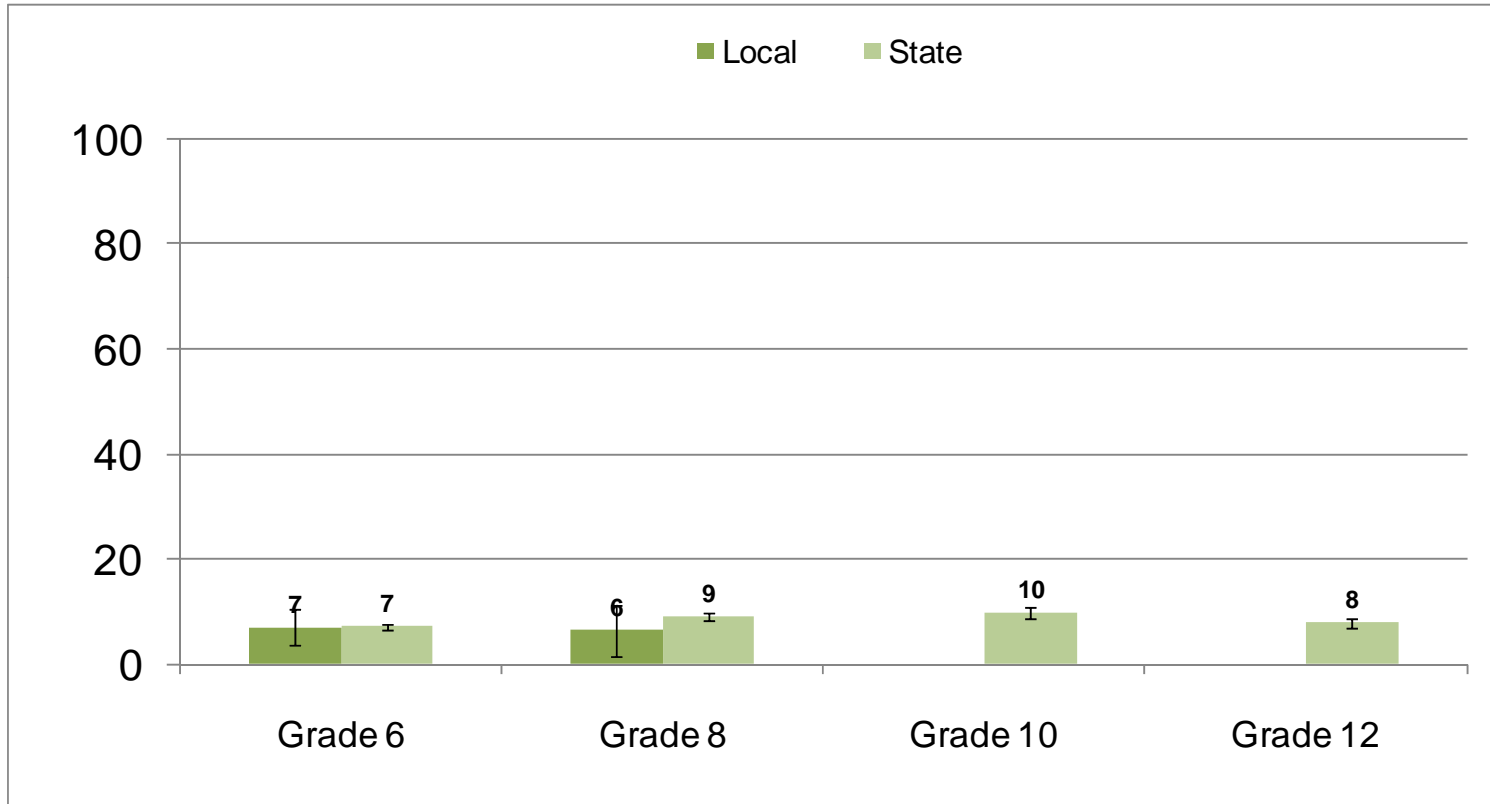
# Obesity

Percent of students who are obese (according to reported height and weight)



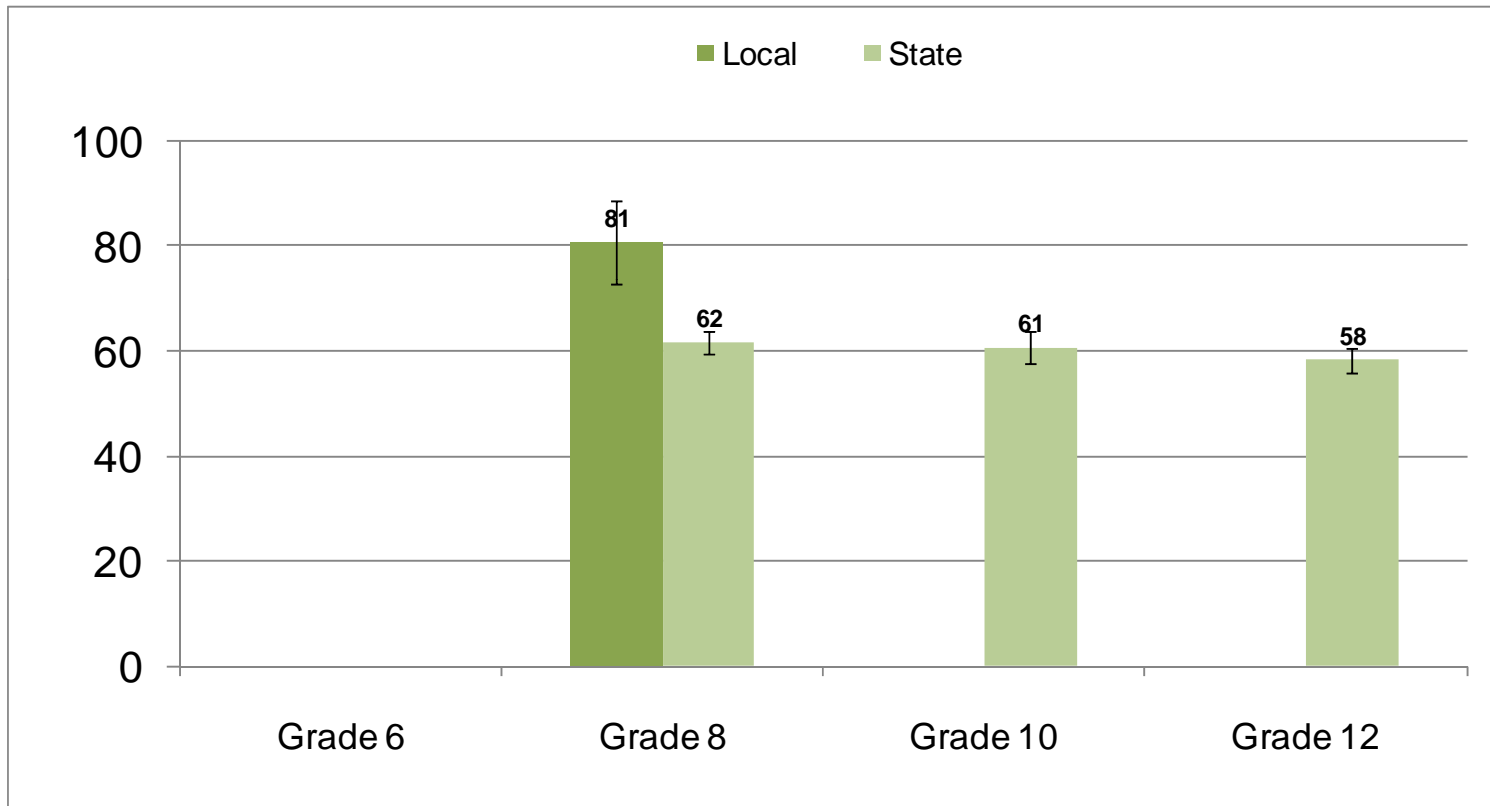
# Current Asthma

Percent of students who currently have asthma



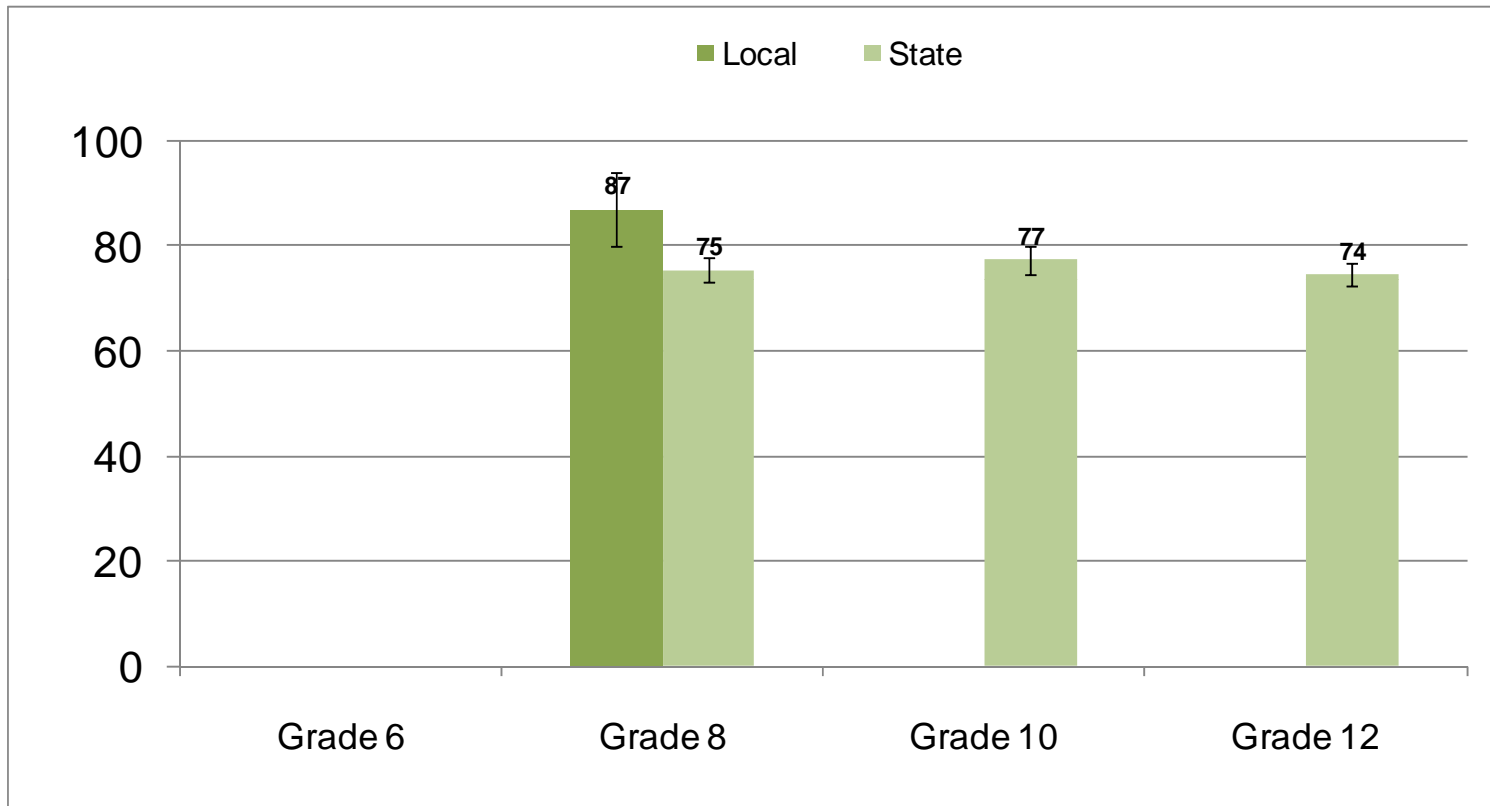
# Access to Health Care

Percent of students who report visiting a doctor for a routine checkup in the past year



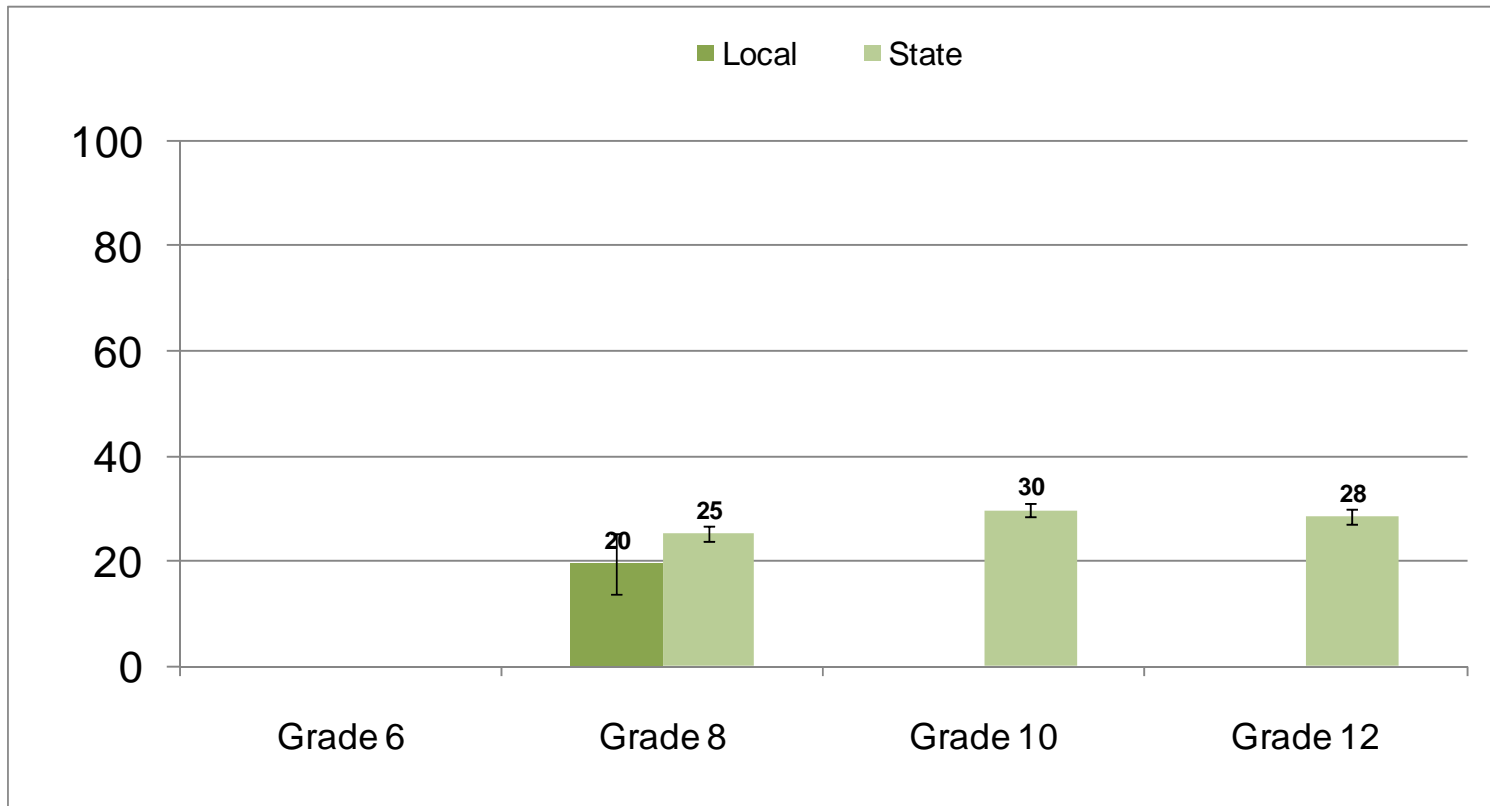
# Access to Dental Care

Percent of students who report visiting a dentist for a routine checkup in the past year



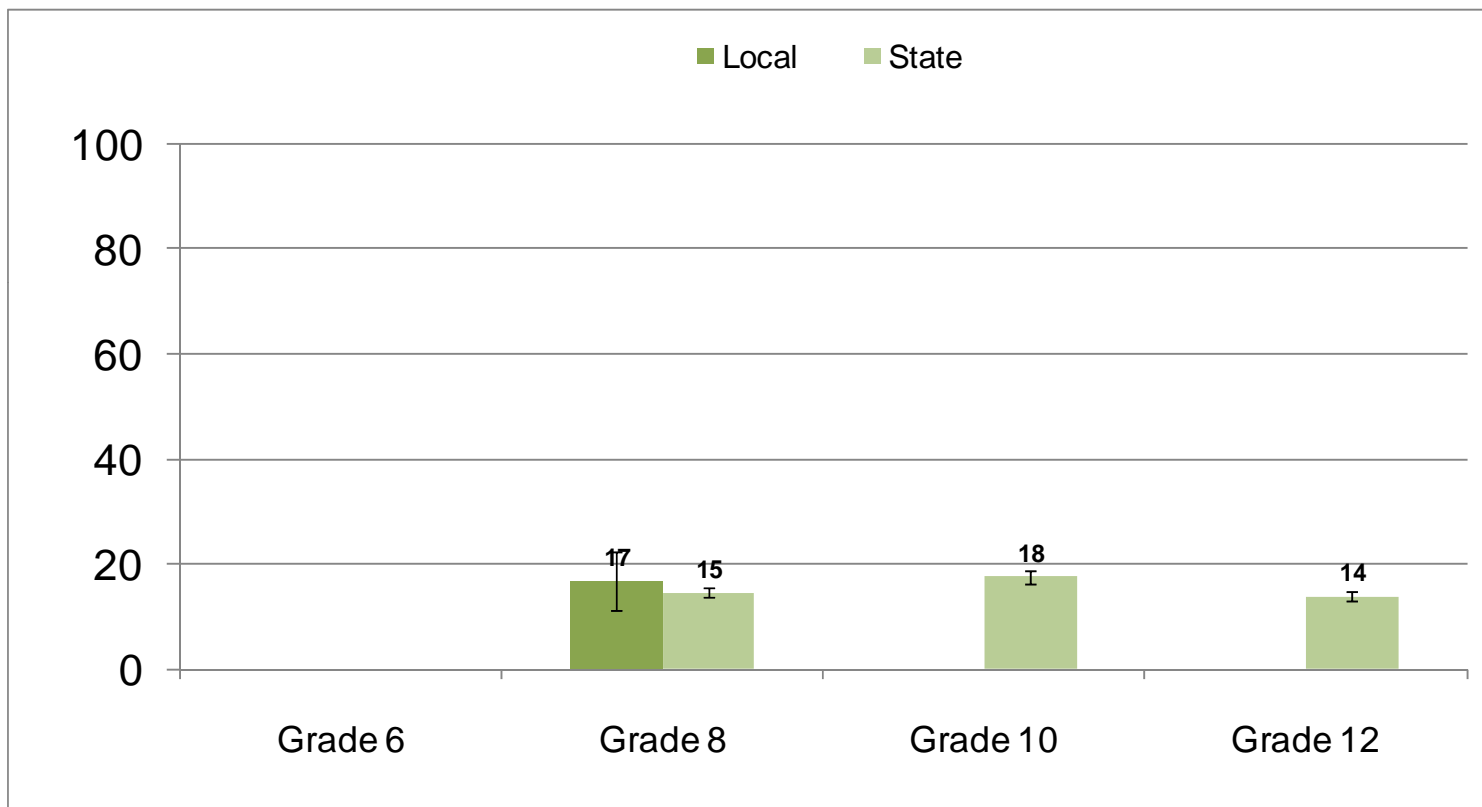
# Depression

Percent of students who report experiencing depressive feelings during the past year



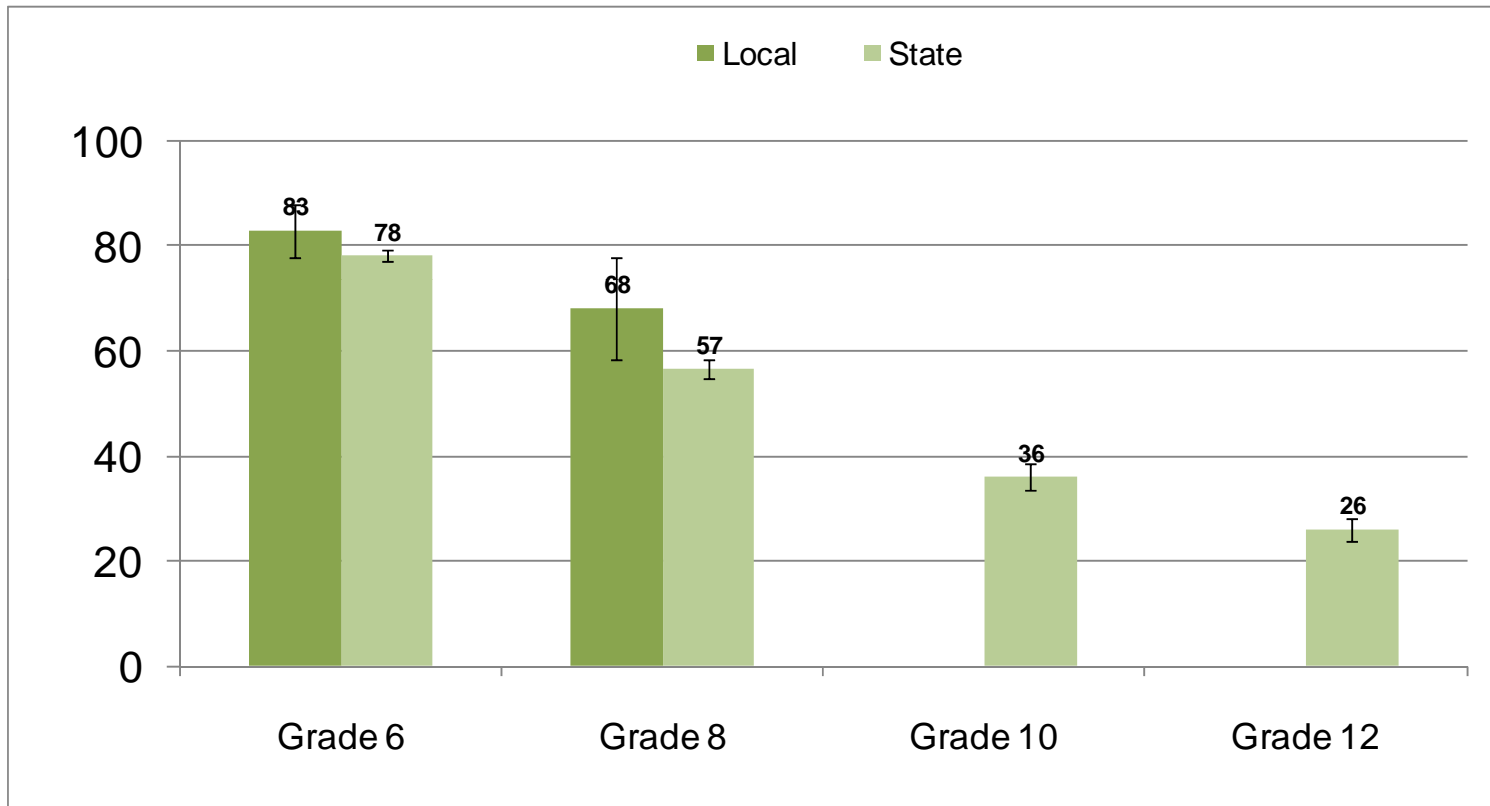
# Contemplation of Suicide

Percent of students who report having seriously considered suicide in the past year



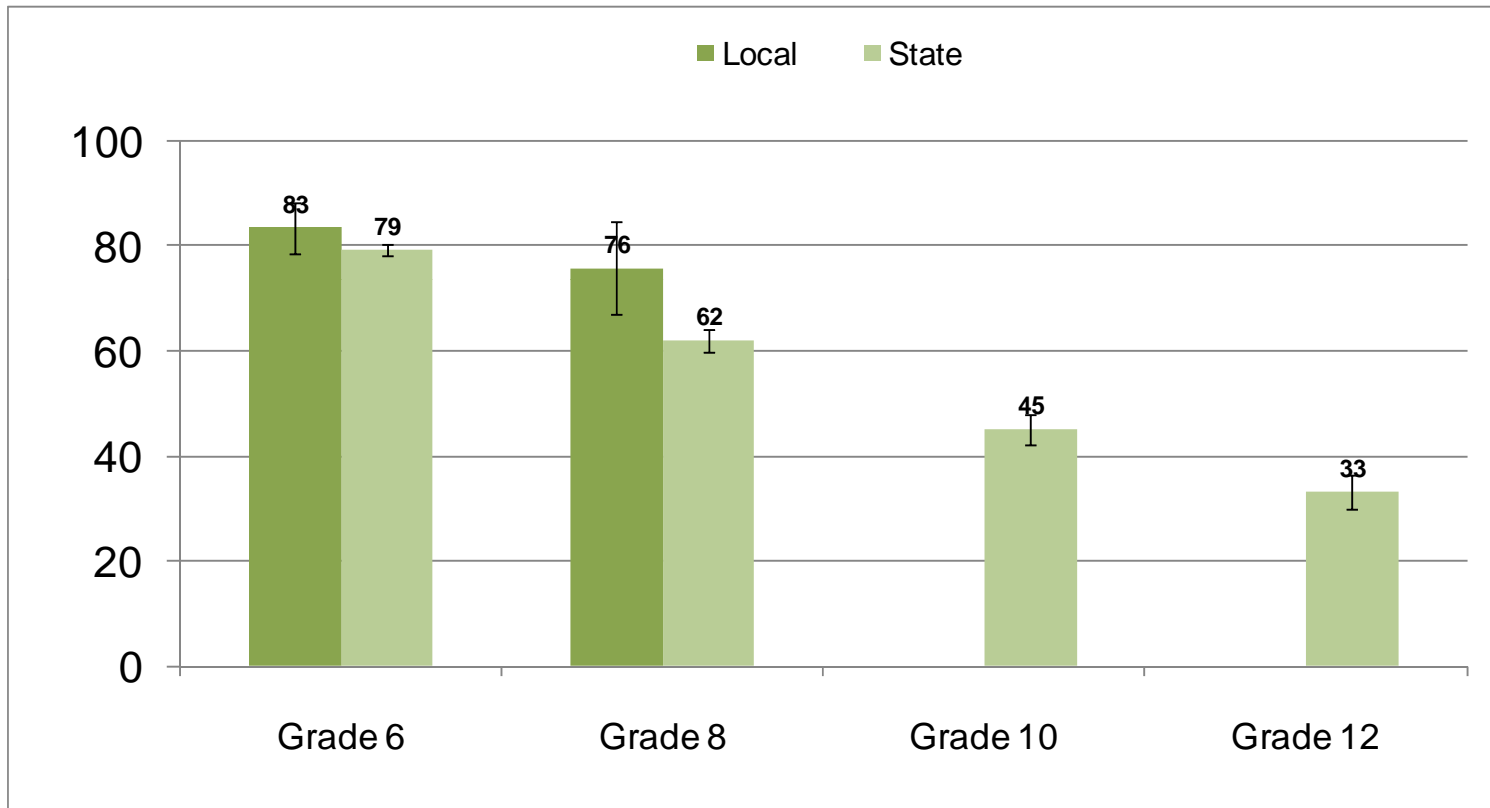
# Perception of Neighborhood Norms - Alcohol

Percent of students who report that adults in their neighborhoods think youth drinking is “very wrong”



# Perception of Neighborhood Norms - Smoking

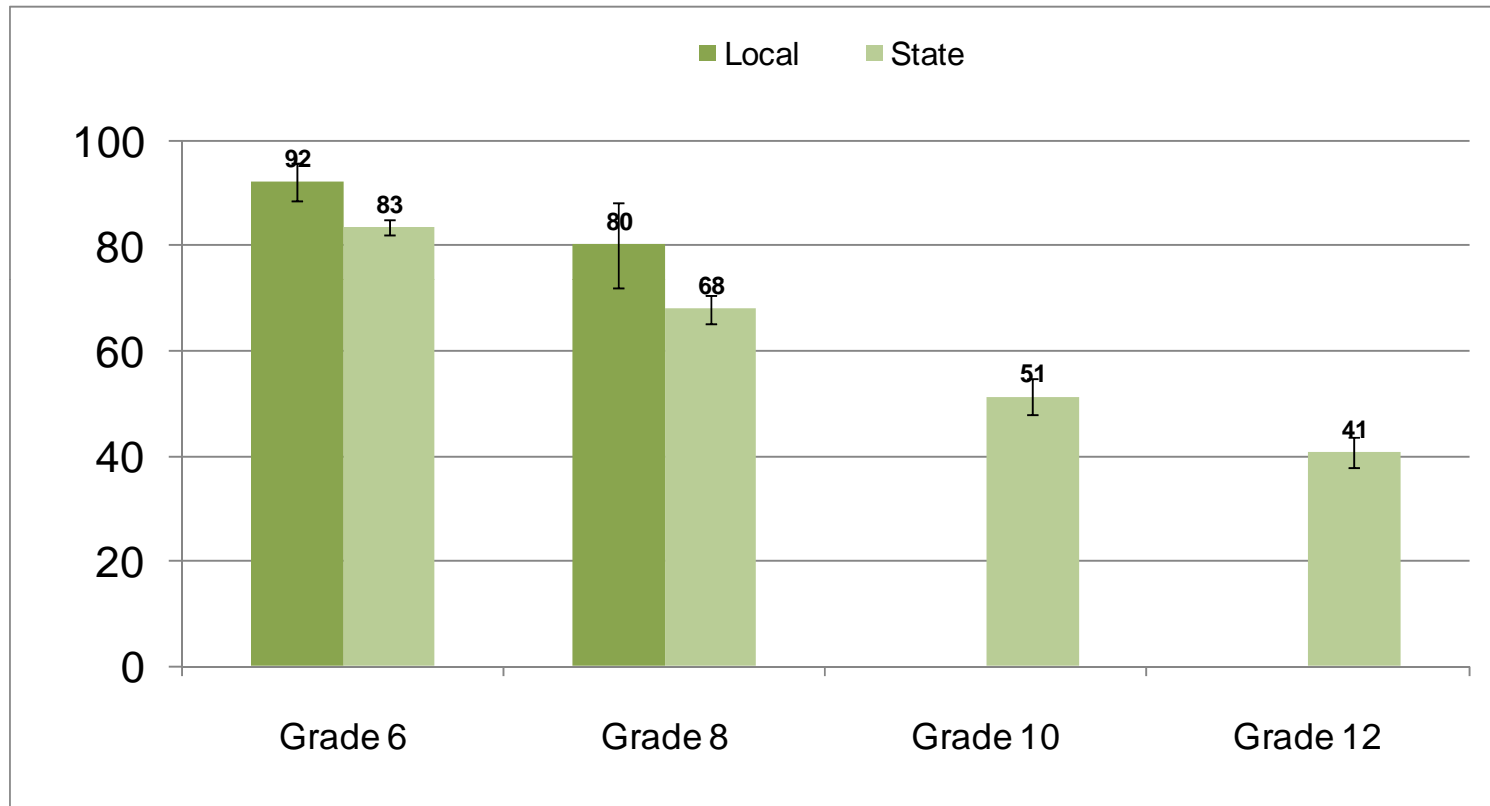
Percent of students who report that adults in their neighborhoods think youth smoking is “very wrong”





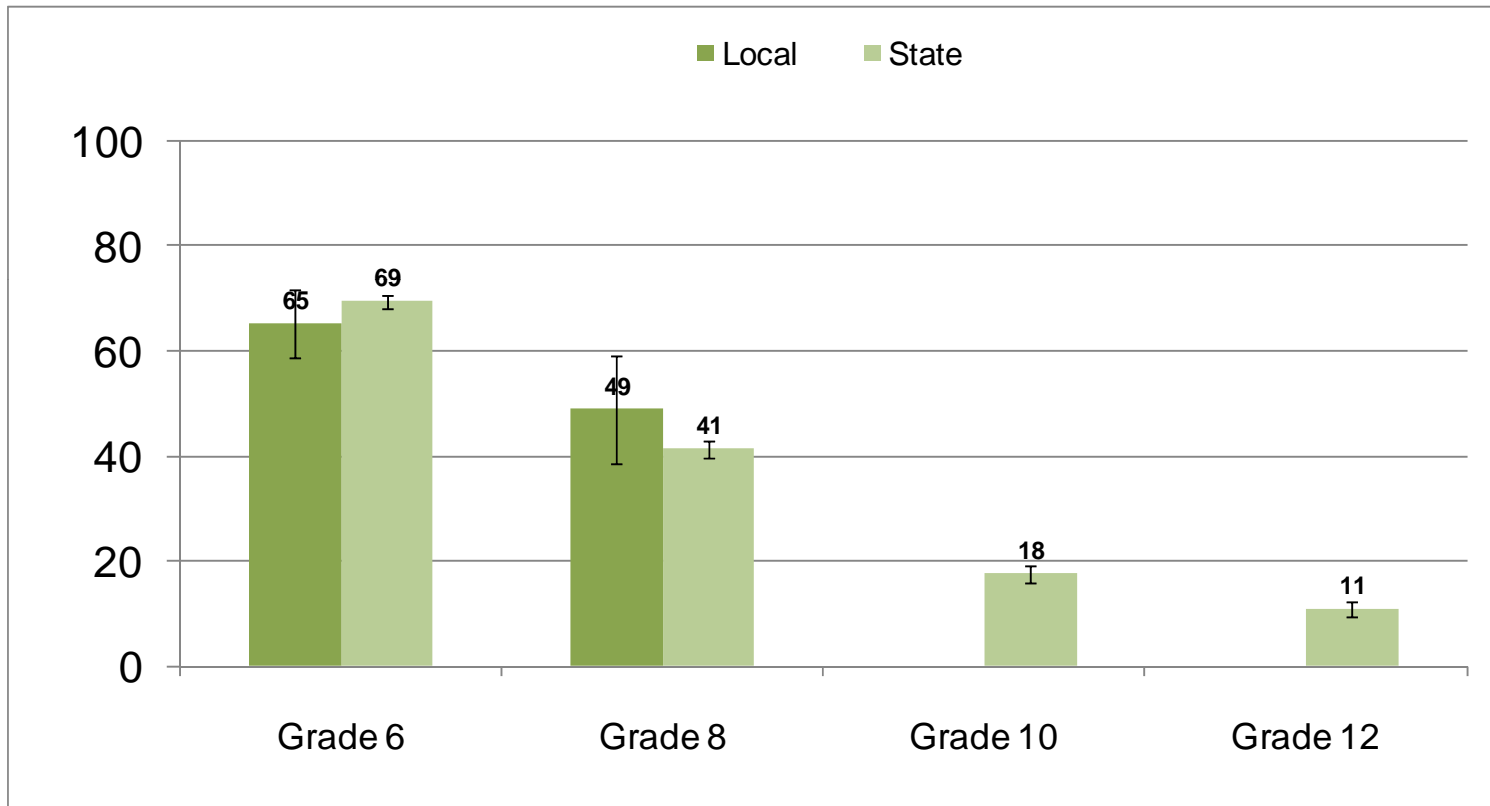
# Perception of Neighborhood Norms - Marijuana

Percent of students who report that adults in their neighborhoods think youth marijuana use is “very wrong”



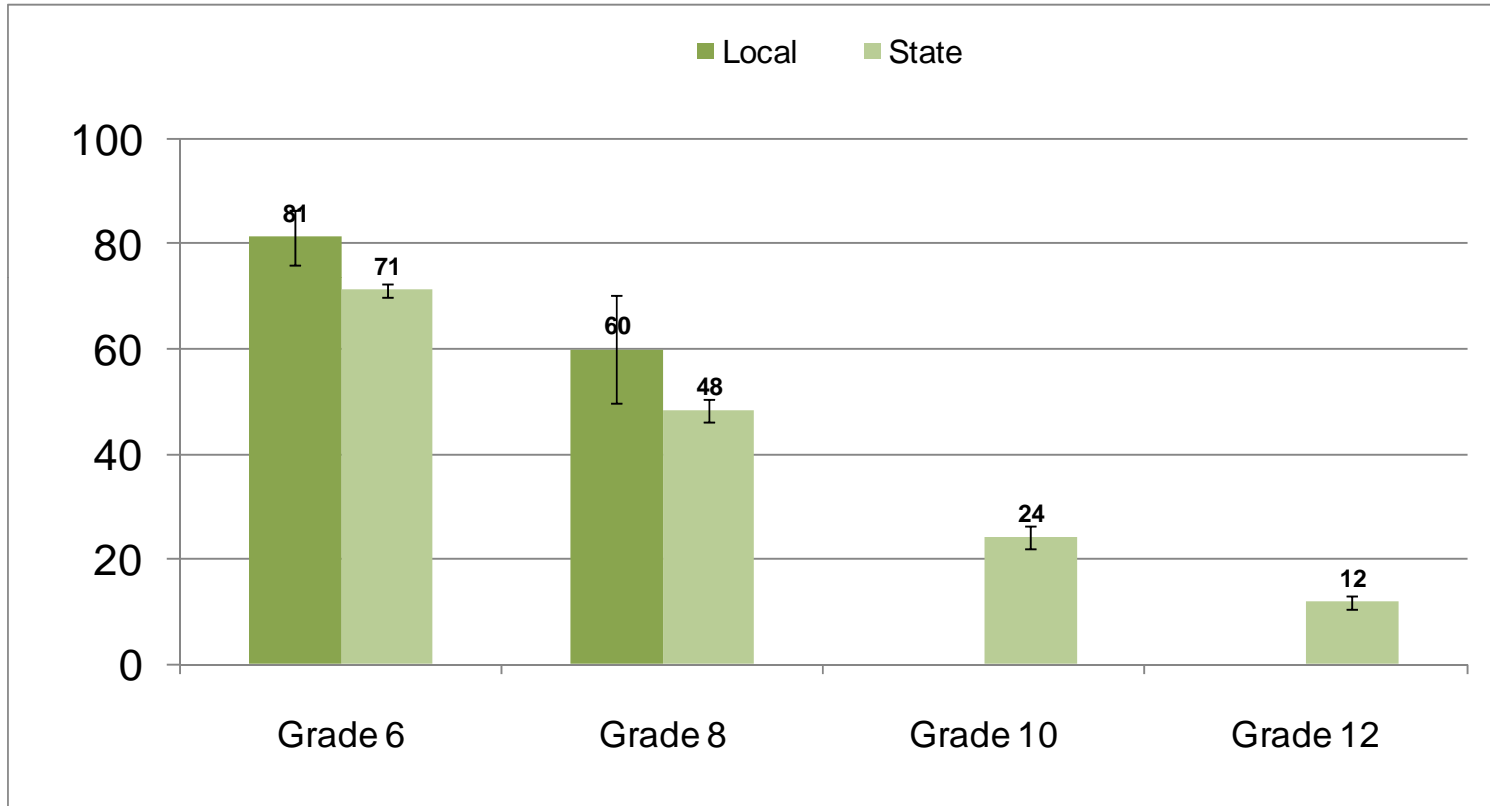
# Perceived Availability of Alcohol

Percent of students who report alcohol would be very hard to get



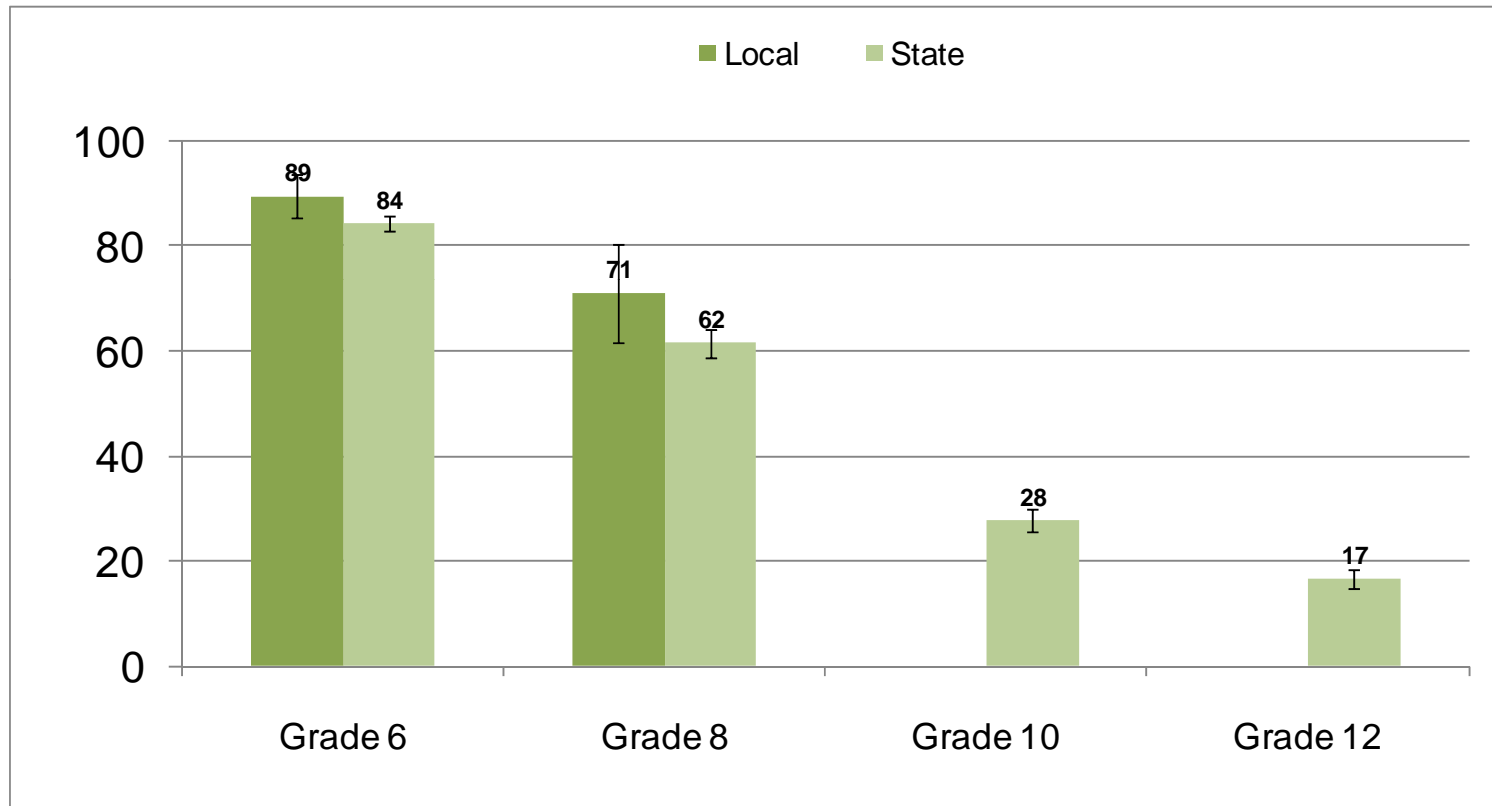
# Perceived Availability of Cigarettes

Percent of students who report cigarettes would be very hard to get



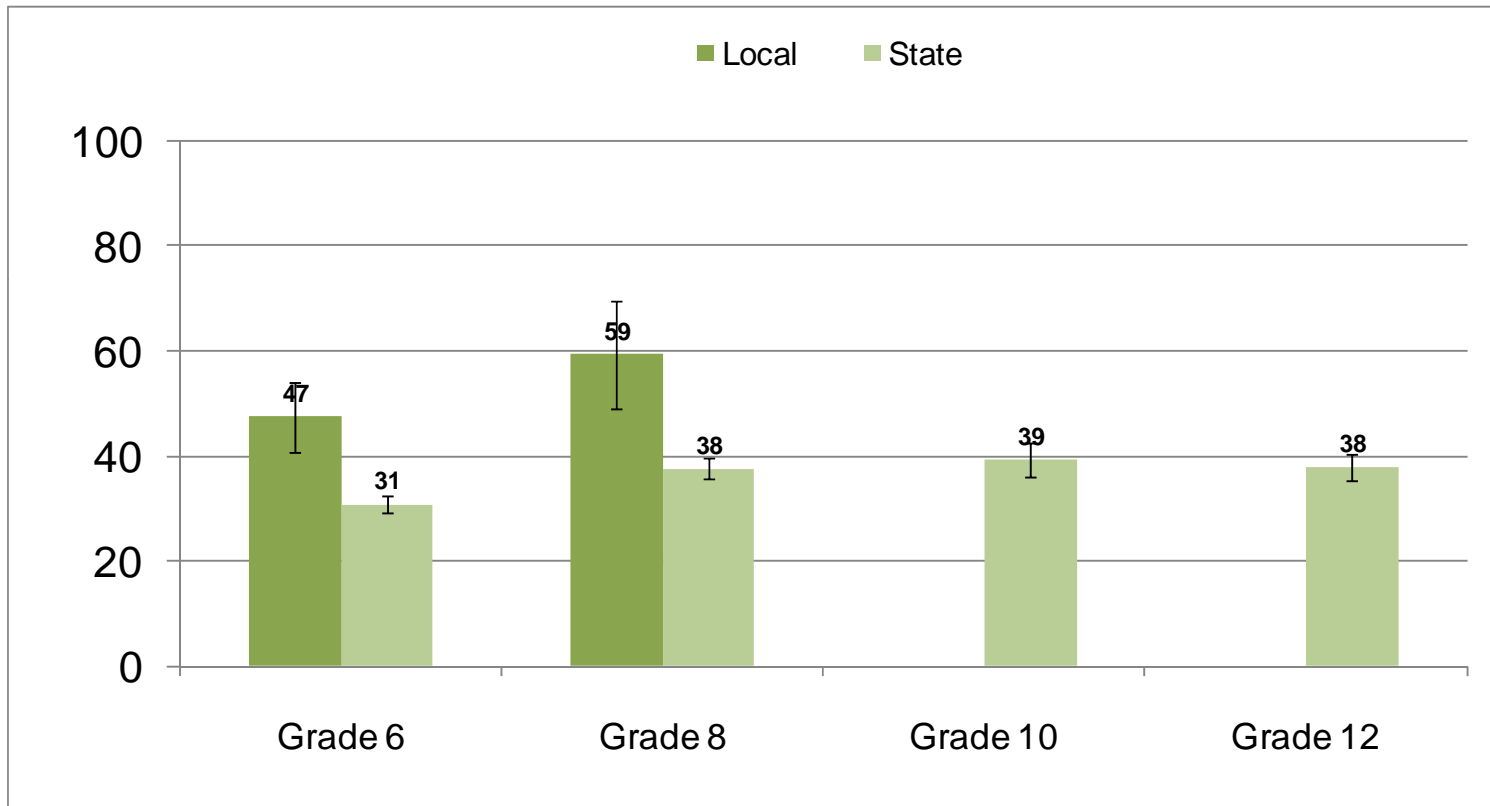
# Perceived Availability of Marijuana

Percent of students who report marijuana would be very hard to get



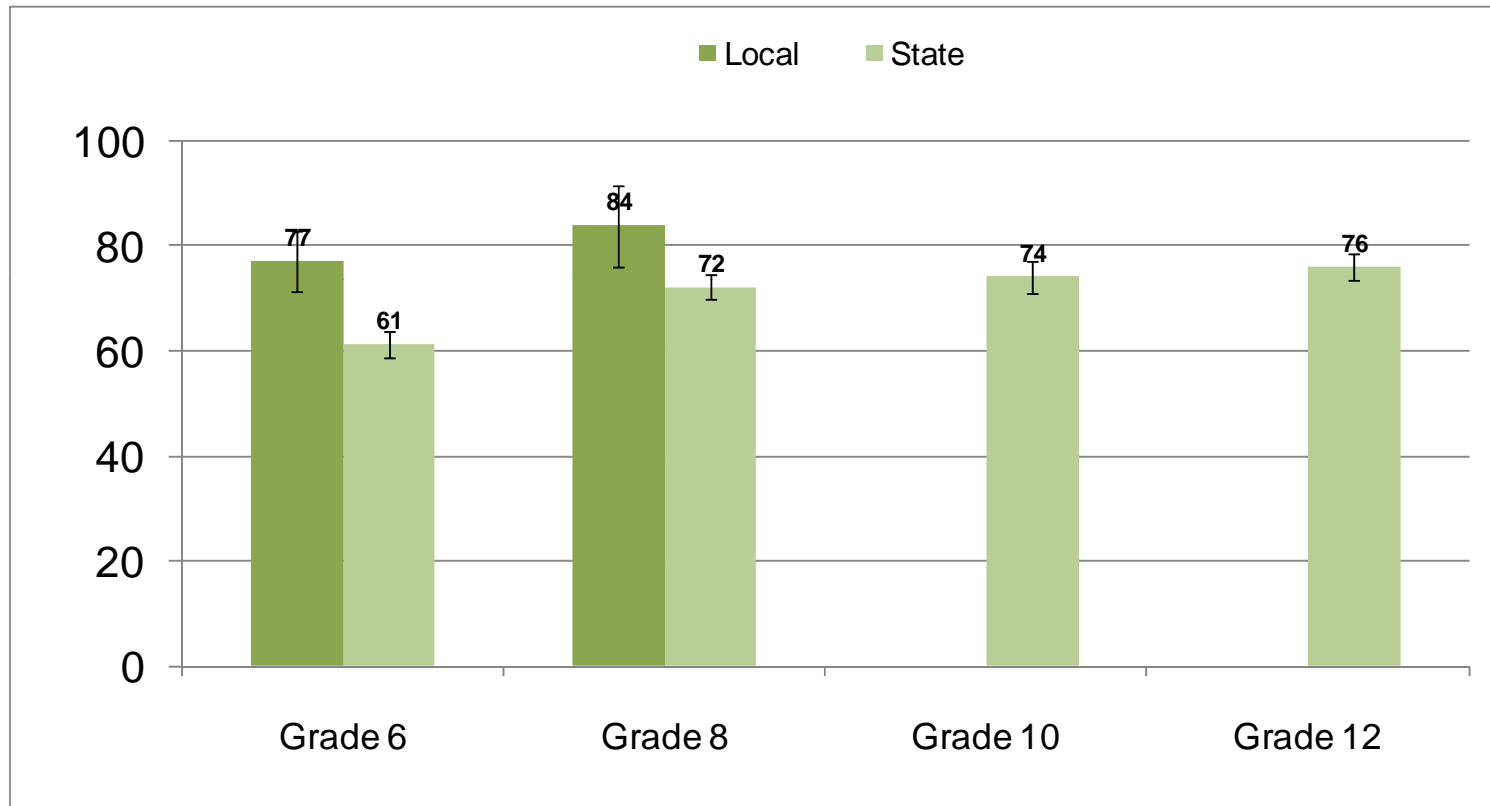
# Perceived Risk of Regular Alcohol Use

Percent of students who report great risk of harm from drinking alcohol daily



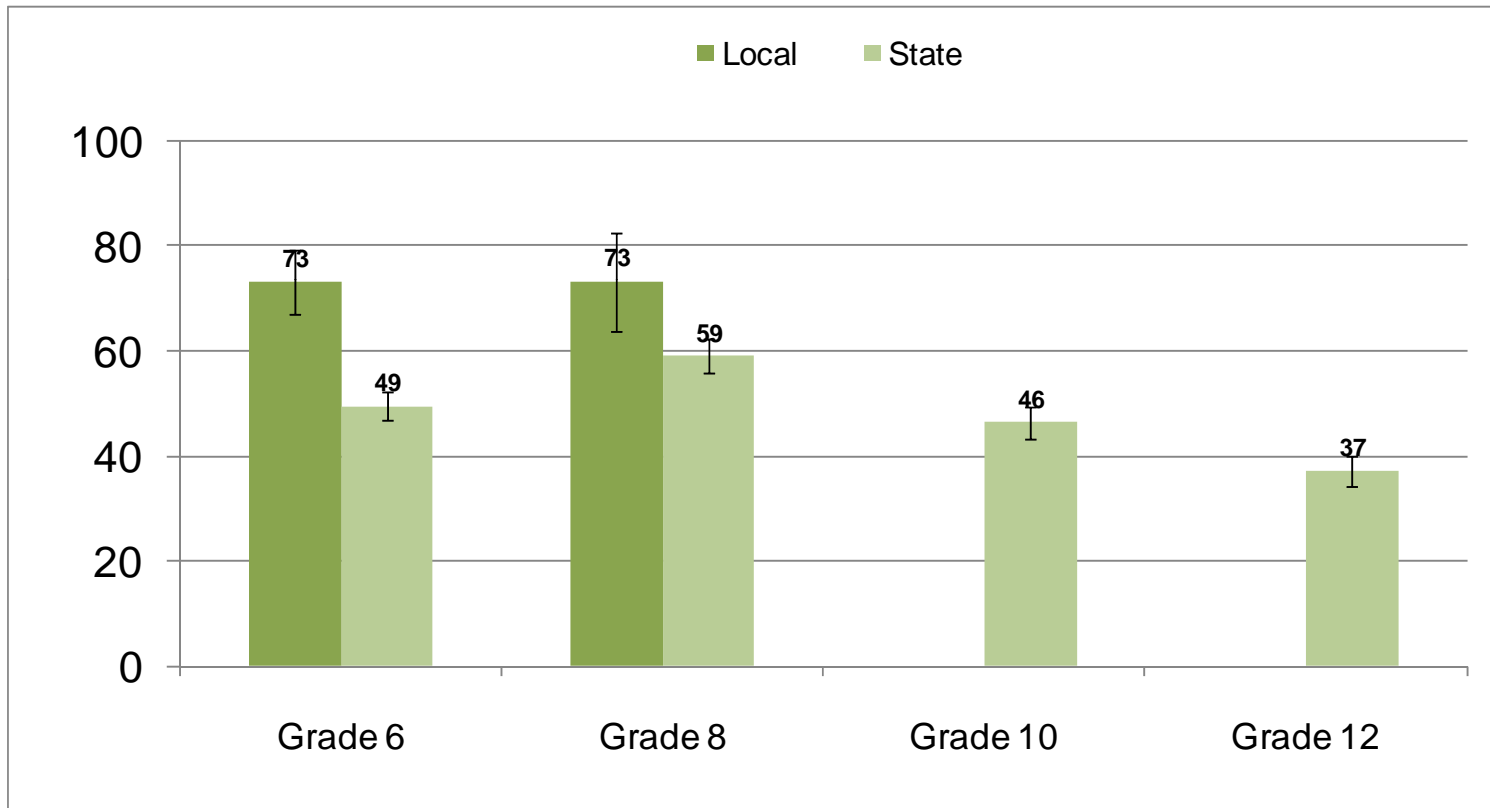
# Perceived Risk of Regular Cigarette Smoking

Percent of students who report great risk of harm from smoking a pack or more a day



# Perceived Risk of Regular Marijuana Use

Percent of students who report great risk of harm from smoking marijuana at least once or twice a week



# Perceived Harm From Secondhand Smoke

Percent of students who report “definitely” thinking that smoke from other people’s cigarettes is harmful to them

