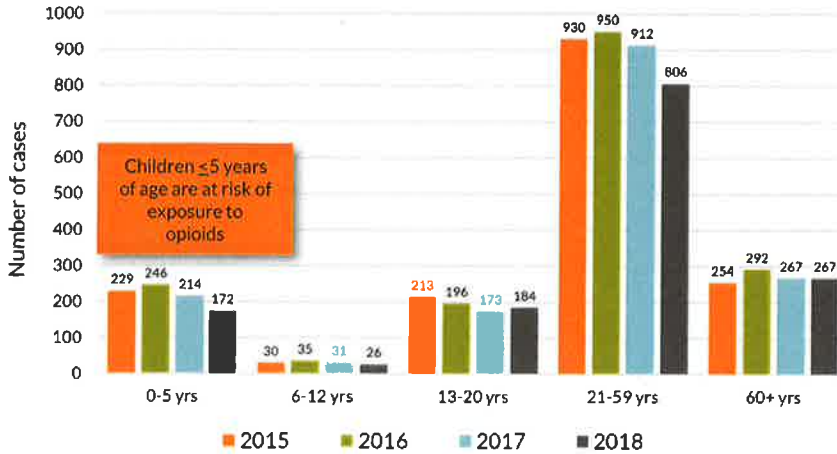


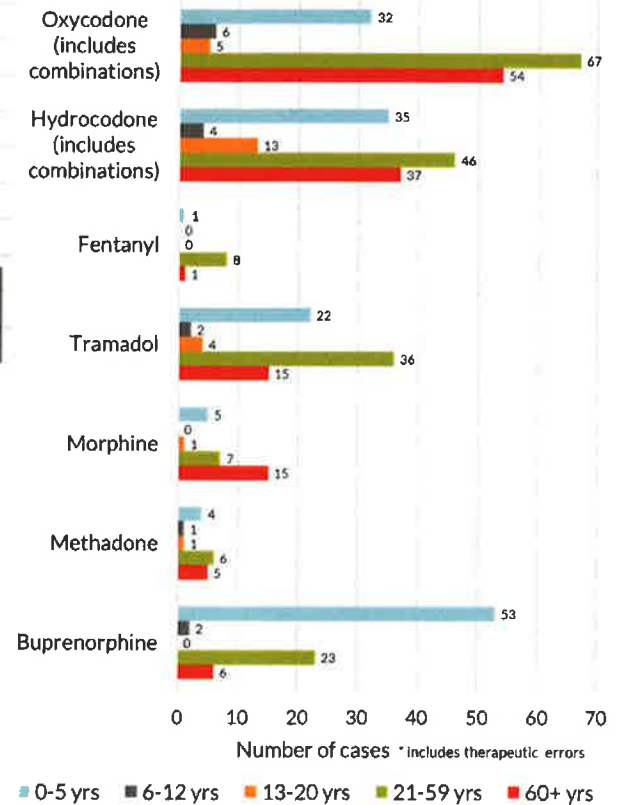
Washington Poison Center 2018 Annual Data Report: Opioids

Unintentional opioid ingestions are common in children 0-5 years, while opioid therapeutic errors are common in adults ≥ 60 years

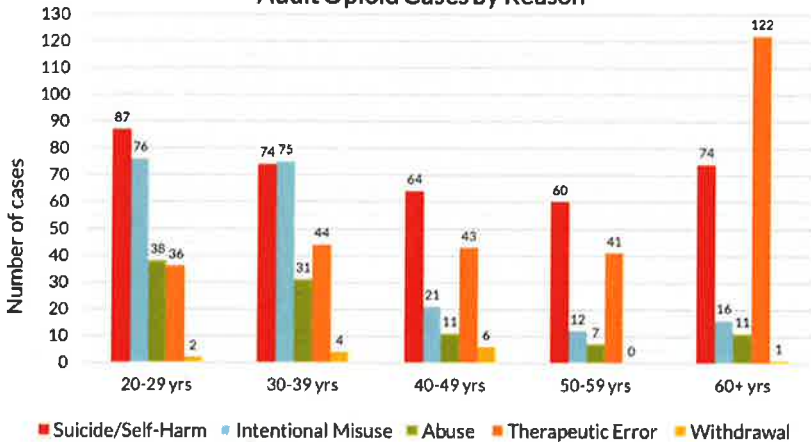
Number of Opioid Cases by Age 2015-2018



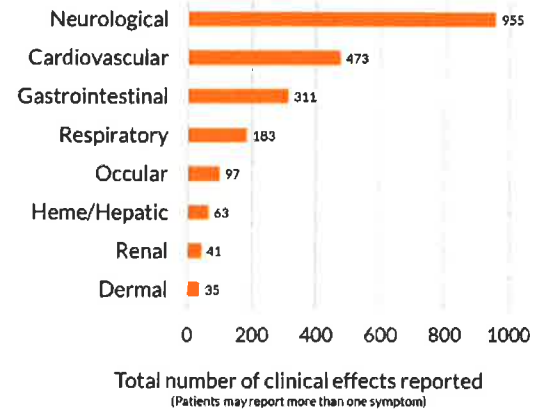
Unintentional* Exposures By Age 2018



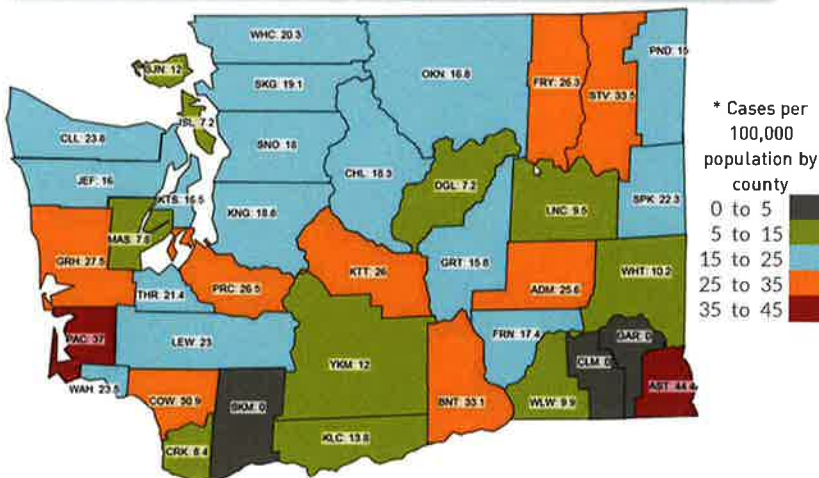
Adult Opioid Cases by Reason



Clinical Effects



Based on our data, there is an increased incidence of opioid exposures reported to the WAPC from rural areas



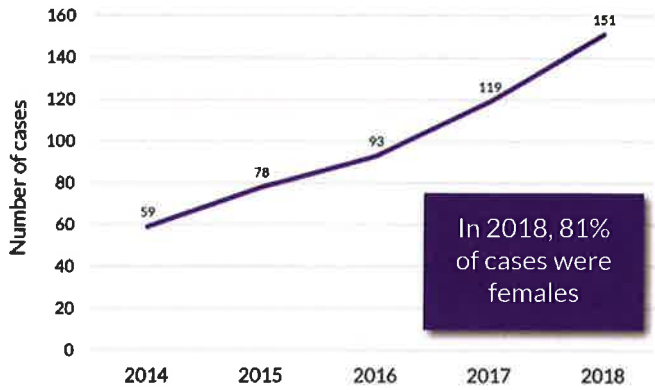
When the Poison Center was called first for an opioid exposure over 66% of cases were managed at home by our specialists, keeping them out of emergency departments, saving \$468,404 of our patients' dollars

*Disclaimer: Reporting of exposures to the Poison Center is voluntary and not mandated by law. As such, WAPC data reflects the number of exposures reported to the Poison Center and most likely is an underrepresentation of the true occurrence of any one substance. All calls to the WAPC are free and confidential. For further information, contact maryuk@wapcc.org. Equal Opportunity Employer — 501(c)(3) Nonprofit Organization

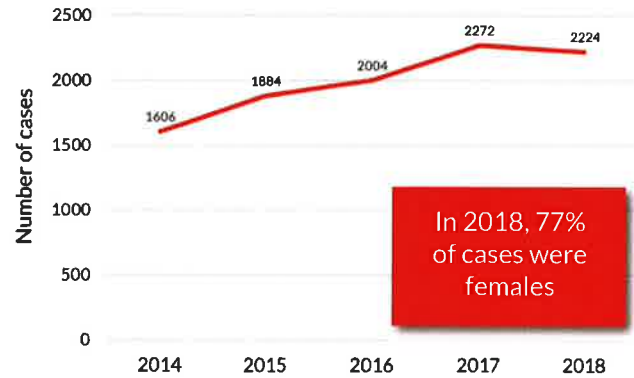
Washington Poison Center 2018 Annual Data Report: Children and Adolescent Self-Poisoning

Between 2014 and 2018, reports of self-harm/suicidal intent cases increased 155% in children 6-12 years and 40% in adolescents 13-19 years

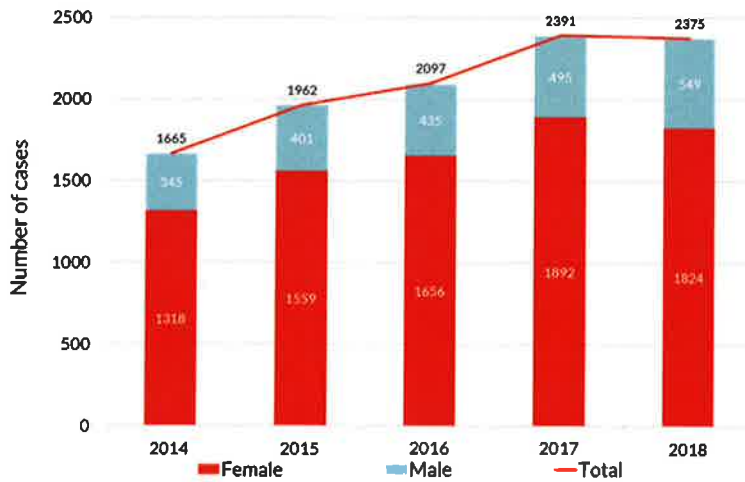
Children 6-12 yrs Self Harm/Suicidal Intent



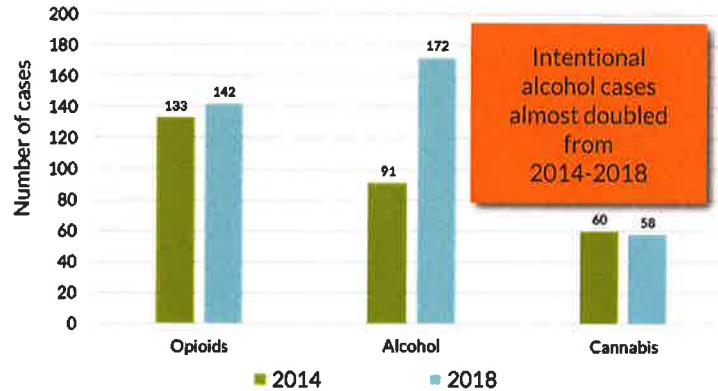
Adolescents 13-19 yrs Self Harm/Suicidal Intent



Self-Harm/ Suicidal Intent Cases Ages 6-19 yrs by Gender



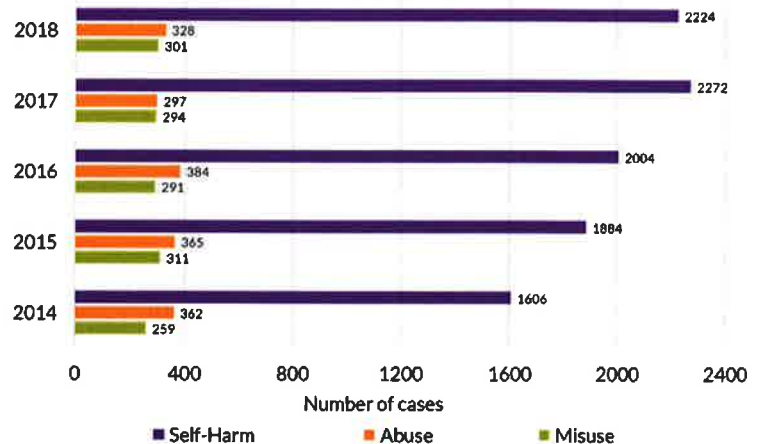
Intentional Exposures of Opioids, Alcohol and Cannabis Ages 6-19 yrs



Top 5 Substances

	2014	2018
6-12 Years Old	Ibuprofen	Ibuprofen
	Acetaminophen	Melatonin
	Glue, Adhesive	Acetaminophen
	Diphenhydramine	Antihistamines (excludes Diphenhydramine)
	Marijuana	Fluoxetine
13-19 Years Old	Ibuprofen	Ibuprofen
	Melatonin	Acetaminophen
	Acetaminophen	Fluoxetine
	Other Antihistamines (excludes Diphenhydramine)	Other Antihistamines (excludes Diphenhydramine)
	Fluoxetine	Sertraline

Misuse, Abuse, & Self-Harm/Suicidal Intent Ages 13-19 yrs



Misuse is inappropriate medication use and Abuse is "wanting to get high".