

2021 Cross Country

Pre-Season Coaches Zoom Meeting

Thursday, Sept. 2, 3:00-4:00pm

Start Date: Sept. 9th Practices: 8 Start Time: 3:30

Thursday Sept. 23rd 6 boys, 6 girls, 7/8 boys 7/8 girls

Issaquah Middle @ Beaver Lake

Pine Lake @ Maywood

Cougar Mountain @ Pacific Cascade

Thursday Sept. 30th 6 girls, 6 boys, 7/8 girls 7/8 boys

Beaver Lake @ Pacific Cascade

Cougar Mountain @ Pine Lake

Maywood @ Issaquah Middle

Thursday Oct. 7th 6 boys, 6 girls, 7/8 boys 7/8 girls

Beaver Lake @ Pine Lake

Pacific Cascade @ Issaquah Middle

Cougar Mountain @ Maywood

Thursday Oct. 14th 6 girls, 6 boys, 7/8 girls 7/8 boys

Maywood @ Beaver Lake

Cougar Mountain @ Issaquah Middle

Pine Lake @ Pacific Cascade

Thursday Oct. 21st 6 boys, 6 girls, 7/8 boys 7/8 girls

Issaquah Middle @ Pine Lake

Pacific Cascade @ Maywood

Cougar Mountain @ Beaver Lake

Tuesday Oct. 26th

Finals Hosted by Issaquah Middle @ Lake Sammamish State Park

(Early release 2:00pm)