

Prescription Opioids know the facts

What are the risks of misusing prescription pain relievers (opioids)?

Talk with your health care provider about all the prescription drugs you take.

- Mental confusion
- Drowsiness
- Changes in brain that build tolerance, leading to dependence

- Infectious diseases such as HIV, Hepatitis B and Hepatitis C if injected

- Increased and/or decreased blood pressure

- Slow, irregular breathing that can be fatal

- Constipation
- Cramping
- Nausea

- HIV and other sexually transmitted infections from unsafe sex while intoxicated

WITHDRAWAL SYMPTOMS:
Restlessness, muscle and bone pain, insomnia, diarrhea, vomiting, cold flashes with goose bumps, kicking movements, severe craving that can lead to relapse

TOTAL BODY EFFECTS:
Euphoria, warm flushing, poor nutrition, fatal overdose

PREGNANCY AND INFANTS:
Miscarriage, low birth weight, developmental delays, addiction in infants

Need help?

For free referrals and emotional support:
Washington Recovery Help Line
1-866-789-1511
Teen Link
1-866-833-6546

**COLD/CLAMMY SKIN DRY MOUTH
WEAK PULSE DROWSINESS LOW
BLOOD PRESSURE COMA BLUE
NAILS AND LIPS MUSCLE SPASMS
DISORIENTATION VOMITING
NON RESPONSIVE SEIZURES
SMALL PUPILS NO BREATHING OR
SHALLOW BREATHING**

Symptoms of overdose

Quick facts

- Prescription opioids are medications that relieve pain.
- They can be addictive if not used as directed by your doctor.
- More people die from opioid overdoses than from any other drug.

nearly **17** thousand



Nearly 17,000 people die each year from prescription pain reliever overdoses.



75 percent of ALL prescription drug overdoses are from opioids.

Lock up your meds and safely discard them. Visit: www.TakeBackYourMeds.org

How does your use affect you?

Check yourself at www.drugscreening.org

Washington
Recovery Help Line
24-Hour Toll-Free Substance Abuse Helpline
866-789-1511
www.waRecoveryHelpline.org

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Screening, Brief Intervention
and Referral to Treatment
Primary Care Integration
www.wasbirt.com

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