



## **Redmond Youth Service Center**

16225 NE 87<sup>th</sup> Street, Suite A1, Redmond, WA 98052

### **Drop-in and Street Outreach** provides:

- Drop-in services: Showers, activities, resources, referrals, drug and alcohol counseling, mental health counseling, housing assessment, employment counseling, lunch, snack packs, hygiene supplies, and cold weather gear (as available) are provided to youth and young adults ages 16-24.
- Drop-in hours are the following:
  - Monday & Tuesday: 9:00AM-3:00PM
  - Wednesday: Open for appointment Only
  - Thursday & Friday: 9:00AM-1:00PM
  - Saturday & Sunday: 11:00AM-5:00PM
- Location: 16225 NE 87<sup>th</sup> Street, Suite A1, Redmond, WA 98052
- Street outreach: Our Street Outreach team travels across East and North King County on weekdays and provides resource information and basic needs supplies.
- Contact: Ryan Wiedmaier, *Drop-in and Street Outreach Program Coordinator*; (425) 298-4846; ryan@friendsofyouth.org

### **The Landing**

- The Landing is an emergency shelter for 20 young adults experiencing homelessness ages 18-24.
- Guests are provided access to shelter, dinner, showers, laundry service, clothing, breakfast, mental health counseling, drug and alcohol counseling, housing assessment, nurse services and referrals to case management.
- Line-up is at 8:30 pm and doors open at 8:45 pm.
- Location: 16225 NE 87<sup>th</sup> Street, Suite A1, Redmond, WA 98052
- Contact: Amy McKenzie, *The Landing Program Shelter Coordinator*: 425.449.3868; amy@friendsofyouth.org or landing@friendsofyouth.org

### **Housing Navigators**

- Housing Navigators work to support young people experiencing homelessness ages 17.5-24.
- The Housing Navigators offer Coordinated Entry for All Housing Assessments, case management which includes assisting young people in developing goals and obtaining housing.
- Contact: Sasha Vine, *Housing Navigator*: 425.273.2131; sasha@friendsofyouth.org
- Contact Garrett Kwon, *Housing Navigator*: 425.985.0477; garrett@friendsofyouth.org

### **Bridge Collaborative: A regional response to sexually exploited youth and young adults in King County**

provides:

- Advocacy and case management to youth and young adults ages 12-24 who have experienced commercial sexual exploitation or who are at risk of commercial sexual exploitation. This program is a collaborative effort of Friends of Youth, YouthCare and Auburn Youth Resources.
- Contact: Marin Stewart, *Community Advocate* : 425-241-0666; marin@friendsofyouth.org
- 24-7 Hotline: (855) 400-2732

### **Project360:**

- Project360 serves Seattle and Eastside youth and young adults with services and resources to increase their safety and create avenues for success.
- Services include case management, trauma-specific therapy, legal advocacy, parent education services, and youth-led social change group for youth and young adults ages 13-24 who are homeless or at risk of homelessness and have experienced sexual assault or are at risk of sexual assault. Project360 is a collaborative effort of Friends of Youth, King County Sexual Assault Resource Center, and YouthCare.
- Contact: Amira Qabar, *Project360 Case Manager*: 425.269.5101; [amira@friendsofyouth.org](mailto:amira@friendsofyouth.org)

### **Youth and Family Connection Network**

- This program offers family engagement services to youth and young adults ages 12-25 who are interested in strengthening relationships with family or natural supports. The goal of the program is for youth and young adults to become stably housed and have increased support utilizing family mediation, goal planning and safety planning as needed to increase communication and stability.
- Contact: Veronica Escalante, *Family Engagement Specialist*: 425.891.4053; [veronicae@friendsofyouth.org](mailto:veronicae@friendsofyouth.org)
- Referral Line: 206.792.5558

### **Diversion**

- Friends of Youth has been allocated diversion funding to help young people (18-24 years old) quickly move out of homelessness and into a more stable housing situation.
- Contact: Jess Wood, *Case Management Program Coordinator*
- Phone: 425.305.6656 E-mail: [jessicaw@friendsofyouth.org](mailto:jessicaw@friendsofyouth.org)

### **Behavioral Health Services**

- Youth staying in shelter or coming to drop-in services at RYSC can access mental health and substance use services, including assessment, referral, and ongoing counseling. Eligible clients are ages 15-25 and are homeless, unstably housed, in transitional housing, and/or are receiving case management through another RYSC program.
- Schedule an appointment via phone or email below, or come in to drop-in and ask to be introduced!
- Mental Health – Kimberly Rixon (MSW, LSWAIC, MHP ) 425-922-4524, [kimberlyr@friendsofyouth.org](mailto:kimberlyr@friendsofyouth.org)
- Substance Use – Bret Stern (M.Ed., CDPT) 425-229-1310, [bret@friendsofyouth.org](mailto:bret@friendsofyouth.org)

### **Eastside Reengagement Center | GED Prep Classes**

- Youth between the ages of 16-21 are eligible to enroll in our GED Prep Classes. Students work at their own pace to complete the GED and receive individualized support from our instructors as well as case management from the Education Specialist.
- Class schedule: Monday – Thursdays | Kirkland 3pm-6pm | Redmond 9am-12pm
- Contact – Rachel Brown, Education Specialist
- Phone: 425.614.6683 Email: [rachelb@friendsofyouth.org](mailto:rachelb@friendsofyouth.org)

## **All services can connect youth to Housing, Employment, Education, Mental Health and Substance Use Disorder services**

**If you have any additional questions about any of the programs offered, please contact:**

Senior Program Manager of Shelter, Outreach and Support  
Office: 425-522-4310  
Cell: 425-761-9136

**Friends of Youth**  
**Youth & Family Services - Issaquah Office**  
**414 Front Street**  
**Issaquah, WA 98027**  
[www.friendsofyouth.org](http://www.friendsofyouth.org)  
**425.392.6367**



---

**Counseling Services – Licensed by the State of Washington, Division of Behavioral Health and Recovery**

We accept Medicaid, most private insurances, private pay and have a sliding fee scale. We strive to offer same-day appointments.

**Mental Health Counseling** for children and youth ages 3 – 24 is provided in our Issaquah offices, by master's level and licensed mental health counselors, marriage and family therapists, and clinical social workers. Our office-based services include individual and/or family therapy depending upon the needs of the youth. We employ a strength-based perspective, helping youth and families identify and build on their strengths as an important component of the counseling process. We are experienced in treating a wide variety of issues including depression and anxiety, trauma, self-harm, school difficulties, behavioral problems, post traumatic stress, anger and conflict, divorce and blended family challenges, illness and death of loved ones.

We also provide school-based mental services within the Issaquah School District including a mental health clinician at Clark and Issaquah Valley Elementary Schools and MH based prevention and intervention services at Beaver Lake and Maywood Middle Schools.

**Substance Abuse Services** are provided for youth up to age 24, by Chemical Dependency Professionals (CDP and CDP-T). Our assessment services provide an in-depth evaluation of youth substance use and abuse, and include comprehensive treatment program recommendations, referrals and resources as clinically indicated. Our office-based treatment services provide individualized treatment plans utilizing a combination of individual, group and/or family counseling.

Our mental health & substance use disorder clinicians provide co-occurring counseling for youth experiencing both mental health and substance use challenges.

In addition we provide school-based substance abuse prevention and intervention services within the Issaquah School District'

We also provide:

- Alcohol and Drug Information School (ADIS), a one-day class to teach about the effects and impact of alcohol and drug use and Washington law.

**Healthy Start Programs**

**Healthy Start** strengthens young families (parent(s) age 24 or younger) and promotes health and success for their young children. The program has four components:

- In-home and/community parenting support and information using the Parents As Teachers (PAT) model.
- Community networking including local support groups and community events
- Developmental and health screenings
- Referrals to additional resources within the community

**Best Starts for Kids – Homelessness Prevention Program** provides case management and financial assistance to individuals (age 24 or younger) and families (with children age 24 and under) at imminent risk of homelessness.

We are also available to provide presentations, consultation and training for schools and the greater Issaquah community. Recent presentations have included:

- The Neurosciences of Substance Use
- Suicide Awareness and Prevention
- Community Conversations on the Netflix Series “13 Reasons Why”
- Adverse Childhood Experiences (ACE’s) and Trauma Informed Communities

### **Wraparound/WISe**

Effective January 1, 2018, Friends of Youth becomes the King County Wraparound and Wraparound with Intensive Services (WISe) provider for the following areas: Issaquah, Riverview, Skykomish, Snoqualmie Valley, and Tahoma School District communities. Wraparound is a team based planning process for youth with complex needs and their families designed to help produce better outcomes for youth so that they can live in their homes and communities and realize their hopes and dreams. This program is available for children and youth up to 21 years of age, who meet specific eligibility requirements. More information will be available soon.

**To access any Friends of Youth services or for more information please contact our Issaquah office at 425.392.6367**