

Drug Awareness and Student Safety



Goals:

- *Inform our students about **dangerous drugs in our community***
- *Help students understand **why** these drugs are so dangerous*
- ***Connect students with resources and tools** to help themselves or friends*

- Read the **warning from King County Public Health**. Underline or **highlight** the following information:

1. *Why is Fentanyl so dangerous?*
2. *How does Fentanyl cause death?*
3. *How is Fentanyl being packaged and sold by drug dealers in King County?*
4. *Can you tell if a pill has Fentanyl in it by looking at it?*
5. *Why does the amount of fentanyl in a pill matter?*
6. *What are the signs of an overdose?*
7. *What should you do if you see someone overdosing?*

- **Practice:**

Take 5 minutes on your own to think about how you would act in the following scenarios. Then, talk in small groups.

- a. *If you are at a party and someone **offers drugs**, how will you say **no**?*
- b. *If your friend is **struggling with addiction**, **who** can you contact? What will you say?*
- c. *If you see **drugs at school**, what will you do? How can you **report** something?*
- d. *You see someone **overdosing** at home/party/school, what will **you do**?*

- Some **examples** of ways to say no (adapted from various websites):
 - *Tell them that you don't do drugs.*
 - *Tell them that your parent/guardians are really strict and will be waiting up to check on you when you get home.*
 - *Offer to be the designated driver. Get your friends home safely, and everyone will be glad you didn't drink or take drugs.*
 - *If you're on a sports team, you can say you are staying healthy to maximize your athletic performance.*
 - *"I have to [study for a big test / go to a concert / visit my grandmother / babysit / march in a parade, etc.]. I can't do that after a night of drinking/drugs."*
 - *Keep a bottled drink like a soda or iced tea with you to drink at parties. People may be less likely to pressure you to drink alcohol or do drugs if you are already drinking something.*

Questions:

- What questions do you still have about ways to keep yourself safe from these drugs?
Is there any more information that you need?