Drug Awareness and Student Safety

**Goals:**
- Inform our students about **dangerous drugs in our community**
- Help students understand **why** these drugs are so dangerous
- Connect students with **resources and tools** to help themselves or friends

- Read the **warning from King County Public Health**. **Underline** or **highlight** the following information:
  1. Why is Fentanyl so dangerous?
  2. How does Fentanyl cause death?
  3. How is Fentanyl being packaged and sold by drug dealers in King County?
  4. Can you tell if a pill has Fentanyl in it by looking at it?
  5. Why does the amount of fentanyl in a pill matter?
  6. What are the signs of an overdose?
  7. What should you do if you see someone overdosing?

- **Practice:**
  Take 5 minutes on your own to think about how you would act in the following scenarios. Then, talk in small groups.
  a. If you are at a party and someone **offers drugs**, how will you say **no**?
  b. If your friend is **struggling with addiction**, **who** can you contact? **What** will you say?
  c. If you see **drugs at school**, what will you do? **How** can you **report** something?
  d. You see someone **overdosing** at home/party/school, what will you **do**?

- **Some examples** of ways to say no (adapted from various websites):
  o Tell them that you don’t do drugs.
  o Tell them that your parent/guardians are really strict and will be waiting up to check on you when you get home.
  o Offer to be the designated driver. Get your friends home safely, and everyone will be glad you didn’t drink or take drugs.
  o If you’re on a sports team, you can say you are staying healthy to maximize your athletic performance.
  o “I have to [study for a big test / go to a concert / visit my grandmother / babysit / march in a parade, etc.]. I can’t do that after a night of drinking/drugs.”
  o Keep a bottled drink like a soda or iced tea with you to drink at parties. People may be less likely to pressure you to drink alcohol or do drugs if you are already drinking something.
Questions:
- What questions do you still have about ways to keep yourself safe from these drugs? Is there any more information that you need?